

Happy Saturday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.



FREE COVID TESTING EVERY WEDNESDAY 10-4 (Bank of America parking lot 2. Register (Appointments can be made no sooner than four days in advance of a testing date)



Sausalito Parks and Recreation is announcing Class Pass Memberships for two classes:

- <u>Sausalito Swagger Zumba</u> (4 classes per week to choose from)
- <u>Full Body Movement for Seniors: Ages 50+</u> (2 classes per week to choose from)

The class Pass is an easy way to pay ahead, save some money, and reserve your spot with just a few clicks. Here is a tutorial to sign up for the membership and each class. <a href="mailto:zumba">zumba</a> membership class Pass.pdf

A newborn giant panda is about the size of a stick of butter.



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#### **More Facts Please**



At 80, She Is the Defiant Editor of 'The Buzz'

Many retirement communities have declined to name names during the pandemic. So she started a newsletter to do just that.

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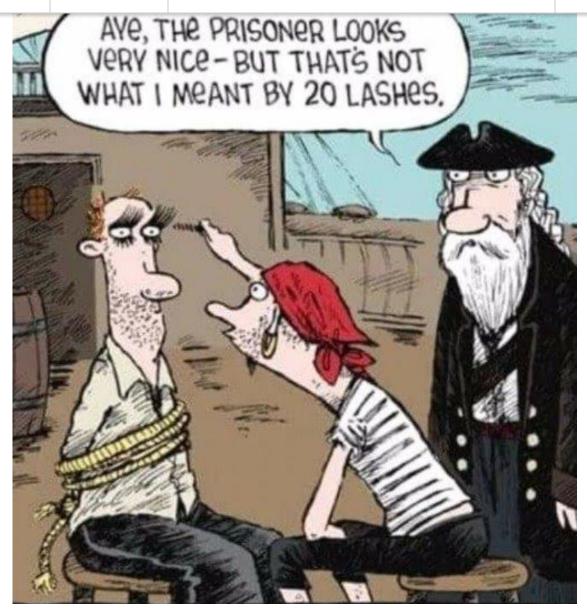
**Past Issues** 

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## The Lizzie Borden Ax Murder House Has Hit the Market

It looks like a quaint New England home from the outside, but the house where Lizzie Borden's family was murdered is one of the most notorious private residences in the country. Now, it can be yours for \$2 million.





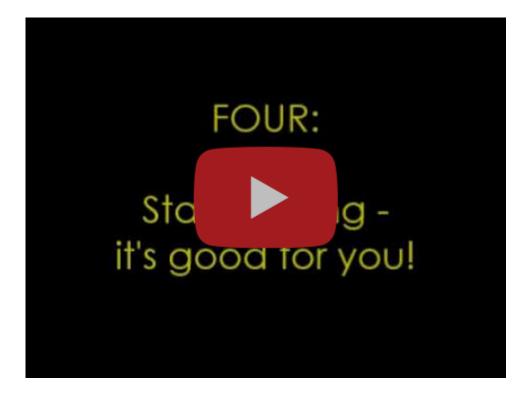
Italian Artist Transforms Old and Forgotten Trees
Into Incredible Works of Art

Italian artist <u>Giuseppe Penone</u> has been exploring the relationship between people and nature for decades with his thought-provoking sculptures and <u>installation art</u>. Oftentimes, this means merging parts of himself into organic objects—like trees—to portray the connection. "Tactile experience and physical contact give the true dimension of things," Penone <u>wrote in 1968</u>. "Not having a direct relationship with the material, but only a concept, or an idea of making a work to match an image conceived in the mind, isn't fertile over time—it doesn't produce many things."

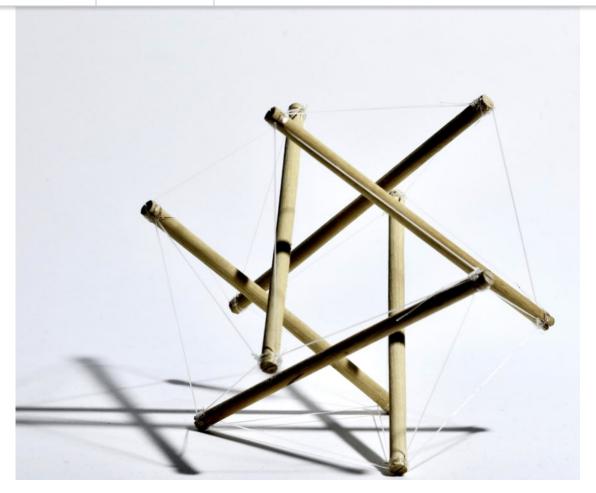


### The CIA's Entire Collection of Declassified UFO Documents Is Now Available to Download

This month, it came to light that the latest <u>coronavirus</u> relief bill <u>contains</u> a provision requiring U.S. intelligence agencies to report everything they know about UFOs. They have 180 days to do it, and they're allowed to keep some of the information classified. Fortunately, there's plenty of other UFO-related material to peruse while you wait.



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### 8 Incredible Structures Around the World That Use Tensegrity to Defy Gravity

Think back to your high school physics class. You may remember drawing force diagrams with arrows signifying gravity and some outside variables. The arrows were probably forces that work in compression. The ancient pyramids are a classic example of this form of building. By creating a larger base and stacking taller and taller, a structure can be created. **Tensegrity** is precisely the opposite —rather than focusing on a heavy foundation, tensegrity structures work through tension.



# For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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