



Happy Thursday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Photo: Nighttime by Ingrid Kreis



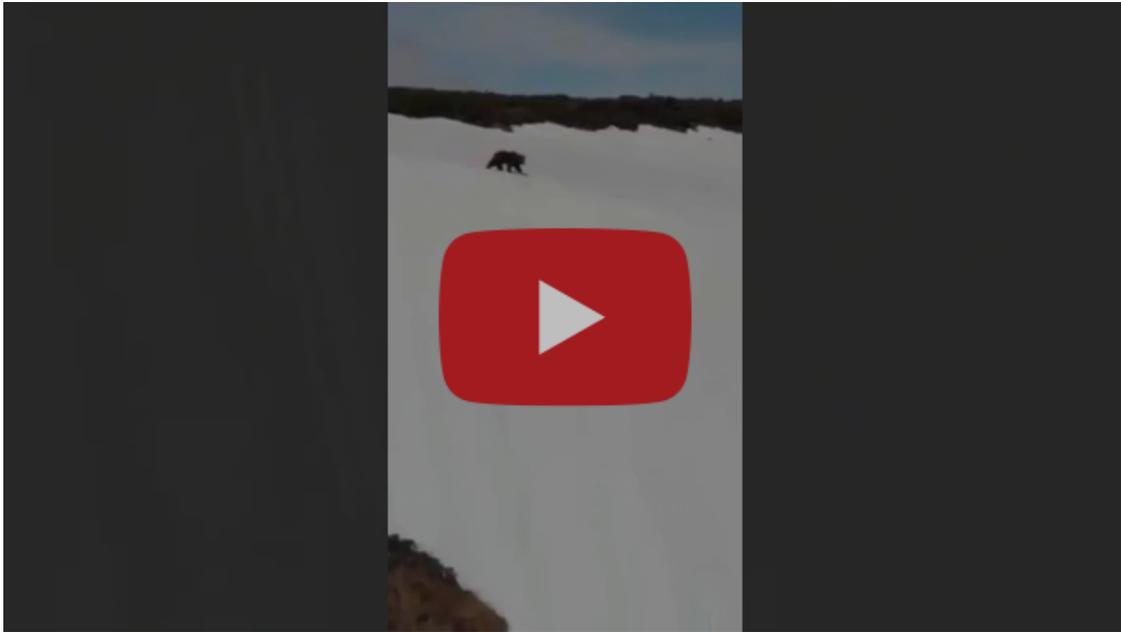
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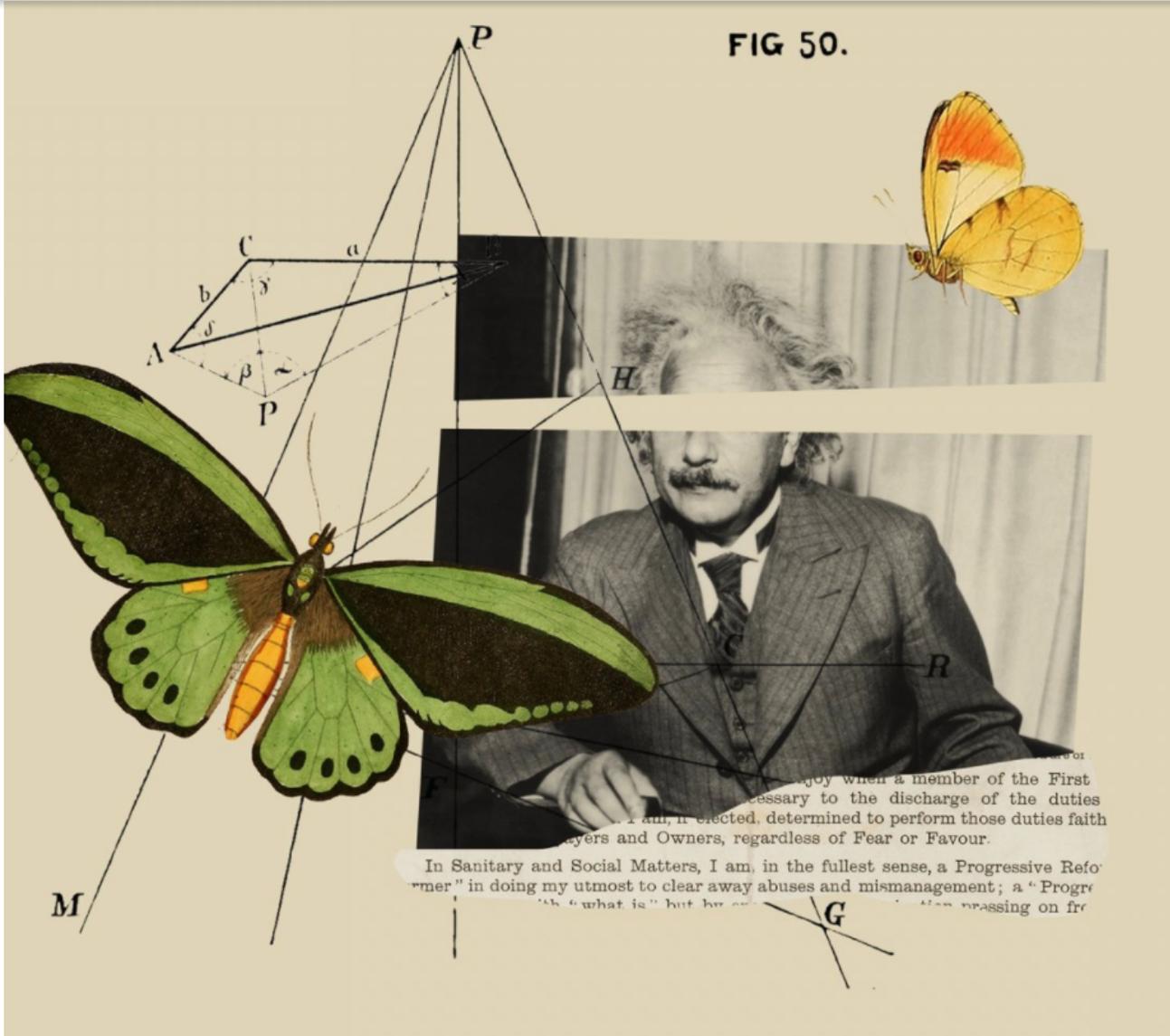
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[FREE COVID TESTING EVERY WEDNESDAY 10-4](#) (Bank of America parking lot 2. [Register](#) (Appointments can be made no sooner than four days in advance of a testing date))





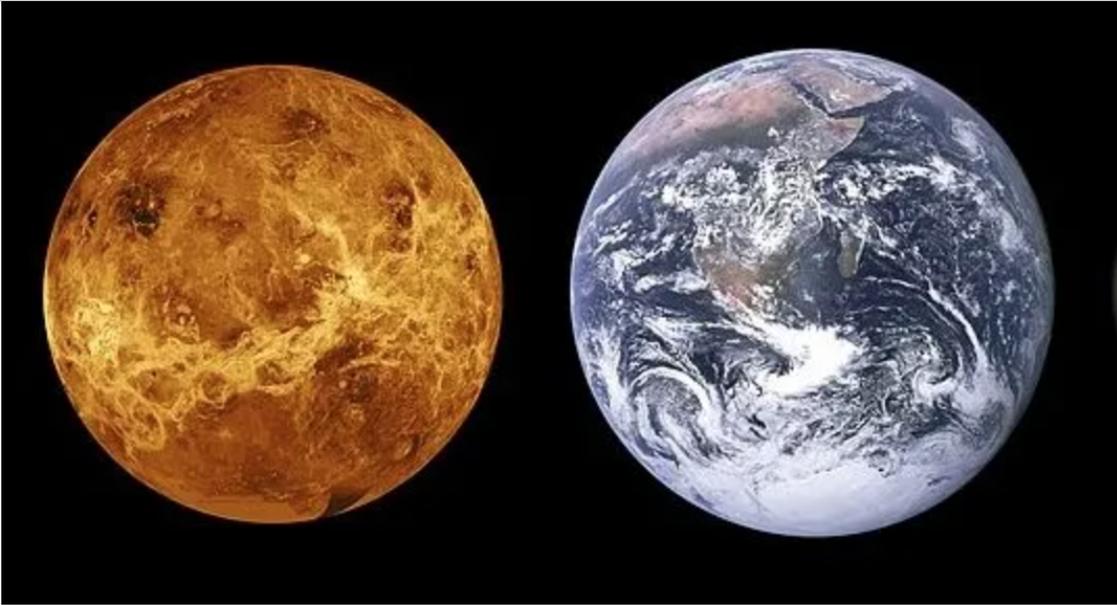
Why You Want to Be a Butterfly, Not a Genius

A Harvard professor uses simple but clever math to show why social connectors beat out solitary brains.



[Emotionally Intelligent People Think Differently About These 11 Things](#)

Emotional intelligence is a superpower. Here's the proof



[2021 lunar eclipses, meteor showers](#)

[What does the sky hold for 2021?](#) Mark your calendar, because the first event of the year is less than two weeks away. Venus will appear next to the moon on Jan. 11 as it travels behind the sun. Two lunar eclipses are also expected in 2021, one in spring and another in the fall. And, the Perseids meteor shower will once again brighten the sky in August.



Hidden wonders of the natural world.



[The pros and cons of napping](#)

A nap might be your first port of call after a night of tossing and turning. But are naps really all they're cracked up to be? We asked a sleep expert for her insights into the pros and cons of napping and how to make the most of a daytime snooze.

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preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).

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