

Happy Tuesday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Photo: Sausalito Sealion by Ingrid Kreis



Wednesday: GROUP WATCH: MY OCTOPUS TEACHER. 2-3:30

Wednesday: Village Movie Group. 4-5

Friday: BRAIN HEALTH AND REDUCING RISK OF COGNITIVE DECLINE. 9-

12:15

FREE COVID TESTING EVERY WEDNESDAY 10-4 (Bank of America parking lot 2. Register (Appointments can be made no sooner than four days in advance of a testing date)





COVID-19 Vaccine Distribution

- Vaccine distribution phases and tiers
- When can I be vaccinated?
- Where and how will I be vaccinated?
- Federal, State and Local roles in Distribution
- What should I do while I wait to be vaccinated?



Online Chair Yoga

Living the Questions



Join a 6-month Zoom group called *Living the Questions* to come together in community to consider the questions in our lives about how we shall live.

This workshop encourages us take some time to pause, to give thought about what really matters, and to hear from others who are also concerned about life's meaning and

Zoom. To register, email amena@wmss.org



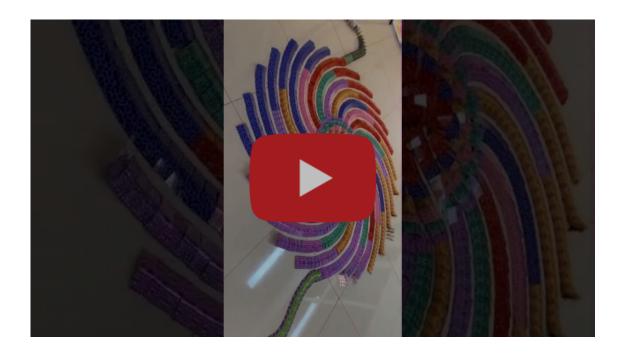
Chanting > Singing Bowls >> Inner Silence
Tonight 7:00 Sign-in starts 6:50 closes 7:05
For more information Email: Praktikos@outlook.com

Richard Pavek is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

https://us02web.zoom.us/j/81303127104? pwd=QTViVVdVNEJIZmhORDNRTnBiL1J3QT09&from=addon

Meeting ID: 813 0312 7104







Stunning selection of 2020s best Aurora Borealis images

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Northern Lights dancing in the sky.



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We drove around the country with a noble mission to find, eat and photograph the best donuts in America. Thousands of miles and even more calories later, we accomplished our sugar-infused mission. Read on to discover our favorite American donuts.

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For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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