

Happy Friday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Photo: Sausalito From Strawberry by Harrie Schwartz



Friday: TOWN MEETING - COVID VACCINE/STAY

AT HOME UPDATE HOSTED BY CHAMBER. 2-3

Wednesdays: FREE COVID TESTING 10-4 CITY

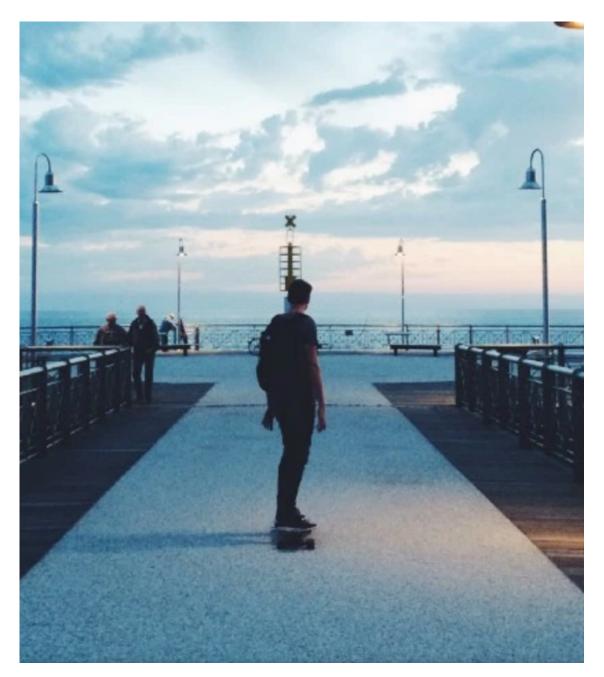
HALLMUST MAKE APPT.

The Southern Marin Scoop JANUARY 7-14: HIGH TIDES & MANZANITA PARK-AND-RIDE CLOSURE

Plan ahead! Over the next week or so, we can expect to see high tides and road flooding in Southern Marin. If you live near or drive through Manzanita at the gateway to Tam Valley - or know someone who does - please help us spread the word!

Based on <u>tide predictions</u> published by the <u>National Oceanic and</u> <u>Atmospheric Administration</u> (NOAA), tide levels **January 9-14** are expected to be high enough to cause roadway flooding in parts of Marin, primarily coastal areas. Drivers are encouraged to consider using alternative routes and should allow extra time for trips, especially during peak commute times. Travelers should always

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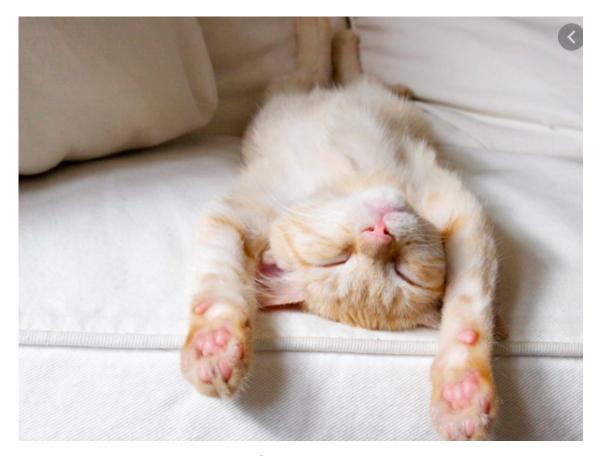


The 5 Things You Must Sacrifice To Have a Better Future

1. Other People's Definition of Success In the words of Srinivas Rao, host of The Unmistakable Creative podcast: "At some point, I realized that I had to give up other people's definition of success. This is one of the most difficult things to give up because it is so deeply embedded in our cultural narratives that it becomes [...]

Translate ▼





The pros and cons of napping, according to a sleep expert

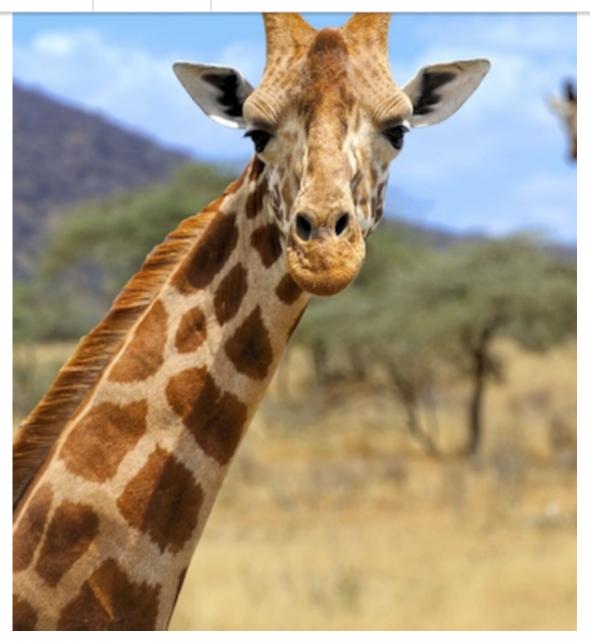
A nap might be your first port of call after a night of tossing and turning. But are naps really all they're cracked up to be? We asked a sleep expert for her insights into the pros and cons of napping and how to make the most of a daytime snooze.



THE TOP TEN ONLINE EXHIBITIONS OF 2020

From a Smithsonian show on first ladies to Mexican muralists, Rembrandt and the making of the Met, these were some of our favorite virtual experiences





<u>Learn How to Draw a Giraffe in This Step-by-Step Tutorial</u>

With their towering height, gorgeous coat, and mellow demeanor, it's easy to understand why giraffes are some of the most beloved animals in the world. Even if you don't have a chance to see these gentle giants in person, you can still celebrate their unique beauty by sketching their likeness.



For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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