

Happy Wednesday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Photo: John Oppenheimer

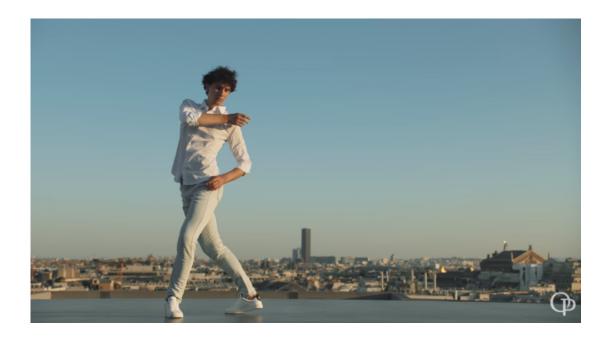


Wednesday: FREE COVID TESTING EVERY WEDNESDAY 10-4 CITY HALL-

MUST MAKE APPT. (Appointments through Curative website)

Thursday: HICAP PRESENTATION - STILL TIME TO MAKE CHANGES TO

MEDICARE PLANS. 11



Premier Ballet Dancer of the Paris Opera, Pablo Legasa, dances on a Paris rooftop to Erik Satie's moody Gnossienne n°1 in a poetic three-minute film by



THE WORLD'S MOST FAMOUS LANDMARKS - HOW MANY HAVE YOU SEEN?

Planning your 2021 travel bucket list? How about adding some of these world-famous landmarks and seeing how many you have already visited - and which ones are next



The theme of this year's Paris Mobile Film Festival (one-minute films created on mobile phones) is "Women's Empowerment". There were over 1000 entries from around the world, addressing the theme in very different ways. Among the winners are four French films, including the Audience Award for "Après Vous" (click the CC on the bottom right of the screen to enable the English captions). Watch Videos here.



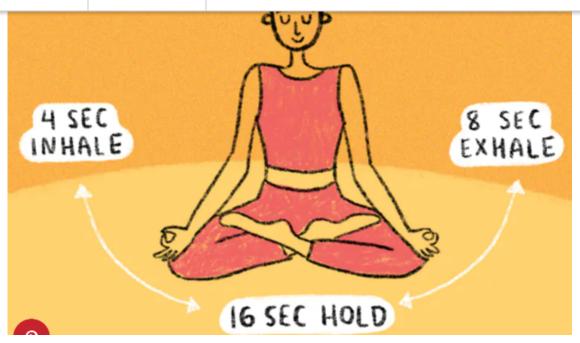
15 Watercolor Painting Ideas

extremely helpful when artists create tutorials along with their work. Their process is broken down step by step, and most artists share some helpful tips along the way.



Hear New Nobel Laureate Louise Glück Read Three of Her Poems Aloud

The Nobel Committee announced Thursday morning that this year's Nobel Prize in literature has been awarded to celebrated American poet Louise Glück, citing "her unmistakable poetic voice that with austere beauty makes individual existence universal." Glück won the Pulitzer Prize in 1993 for her collection *The Wild Iris* and served as poet laureate of the United States from 2003 to 2004. Her latest collection, *Faithful and Virtuous Night*, won the National Book Award in 2014.



3 Easy Pranayama Breathing Exercises to Boost Your Immunity, Calm You Down & Make Your Skin Glow



Rethinking the Bucket List: Kathleen Taylor at TEDxTampaBay



For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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