



Happy Wednesday, Villagers

Please send along your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our website for more information about our organization and programs.



### Holiday Events

**December 23, Wednesday:** [SV/CARSS HOLIDAY PARTY!](#) **5-6:30**

**December 24, Thursday:** [Holiday Dinner Delivered.](#) **12:30-1:30**

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

## Sushi Ran - Live New Year's Celebration



For many years we have hosted a traditional Japanese celebration on the first day of the new year, with taiko drumming, sake barrel breaking, an uplifting message, and new year's affirmations.

Though we can't gather as a crowd, thanks to technology, we will continue our tradition with a festive online celebration to start the new year on a high note! Please join us via zoom for the new year's celebration!

Friday, January 1st, 2021 at 1:00 pm —

[ZOOM LINK](#)



Say goodbye to holiday paper clutter by displaying the season's greetings in a creative way. See our favorite ways to display holiday cards with these [DIY Christmas card holders](#).

**Don't forget to decorate your kitchen.**





KRISTEN CORNELISON

You don't have to relegate your holiday creativity to the family room. All those little details add up! Here, pops of red, festive greenery, and tartan dishware add to the holiday spirit in this [Michigan farmhouse](#).



**Word up.** See what Susan Rice and Jeff Bezos have on their bookshelves. Check out the titles that indie booksellers turned to this year. And read “American Income,” a poem by Afaa Michael Weaver.

From: [The NYT At Home](#)

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### [How to Handle the Holidays Alone](#)

Most years, the holidays are a time to spend with friends and family, bonding with one another and catching up. For many of us, holidays with loved ones won't be in the cards this year, which can leave us feeling lost and alone. While it's certainly acceptable to mourn the celebration you're not able to have, it's also important to reframe the situation. Spending the holidays alone gives you

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Acknowledging that and accepting it will go a long way to helping you cope.

Tami Simon talks with Caroline Myss about "holy language" and opening ourselves to light and grace.



Holy language carries the capacity to deliver hope, to deliver the Graces, to deliver inspiration, to reignite the desire to live, to help a person understand the transformation they are going through when they are experiencing a dark night of the soul. A spiritual crisis requires its own language to carry you through. And that language is holy. It is holy because it carries with it faith and a deep profound understanding of what is unfolding within you, that you are on a journey that is governed by a legion of invisible allies, holy allies, that know exactly what you are going through and why.

—Caroline Myss, New York Times bestselling author of *Sacred Contracts* and *Anatomy of the Spirit*  
According to medical intuitive and bestselling author Caroline Myss, our souls literally starve without holy language. "Words are vessels for light," she teaches. "They are how we exercise our mystical and creative power."

In this [podcast](#), Caroline and I talk about how the ultimate holy language is prayer, as well as the creative power that comes when we learn to pray *with* God instead of *to* Go





### [Restore, Revive and Thrive: 2021 Guide](#)

The New Year is a time most people associate with reflection, reinvention and, most importantly, resolutions. Each year, there is one resolution that tops most people's lists — “Be my best self,” whether that entails getting organized, reading more or making healthier choices. Below, find our comprehensive guide to all things health and wellness to get you started on the new year.



# My mom couldn't find Google Chrome so I did this



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***For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).***

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