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Happy Monday, Villagers

Please send along your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our website for more information about our organization and programs.



Monday: Online Chair Yoga. 11-12

Holiday Events

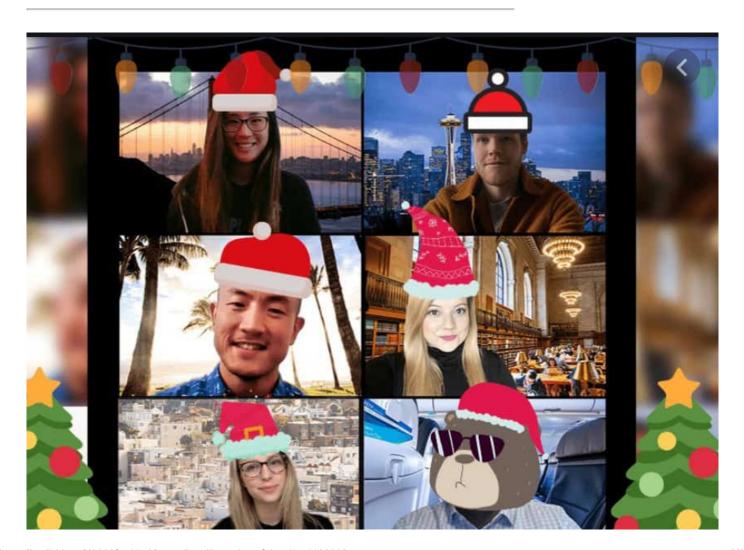
December 21, Monday: <u>HOLIDAY CONCERT AND SINGALONG.</u> 4-5
December 23, Wednesday: <u>SV/CARSS HOLIDAY PARTY!.</u> 5-6:30
December 24, Thursday: <u>Holiday Dinner Delivered.</u> 12:30-1:30

BAY AREA AIR QUALITY MAP

<u>PurpleAir</u>

Fire Safe Marin

AlertMarin.org



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We're inviting everyone to think back over the past year and try to capture it in six words! We'll share our creations at the party!

Hemingway is said to have been challenged to write a 6-word story. So we wrote "For sale baby shoes, never worn." Some years ago a fun website was created <u>6 Word Memoirs.</u>

Here are some samples:

Adapt. Adapt again. Yes we can! BY lillybrook, a nurse

Hip replaced, Sheltered in place, HEALTHYBY Flo

Corona-virus froze the world over night BY LandonS.



Will You See The 'Christmas Star' On The Solstice? Why 2020's Longest Night Of The Year Is Unique

Winter is coming.

Astronomically speaking, this week heralds the end of fall and the beginning of winter in the northern hemisphere. Though meteorologists like to define the seasons differently—with winter beginning on December 1 each year—astronomers say that winter begins on the date of the solstice.

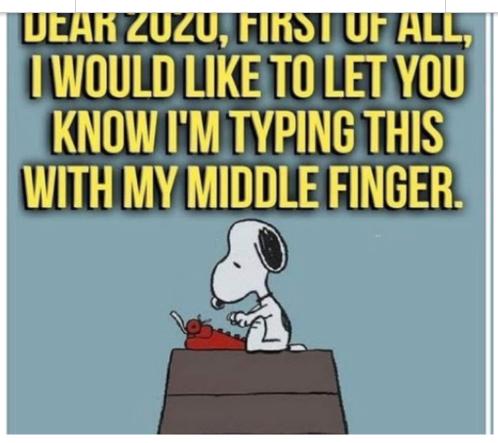
This year that's Monday, December 21, 2020 at at 10:03 Universal Time.

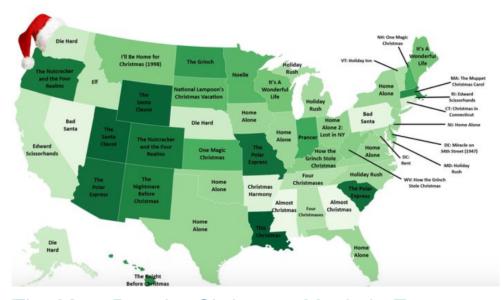
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<u>The Most Popular Christmas Movie in Every</u> <u>State</u>

There's a lot to love about Christmastime.

When else would it be acceptable to stick a 10-foot tree in the middle of your living room, listen to the same 20 songs on repeat, and eat roughly 30 cookies in one sitting? This really *is* the most wonderful time of the year!

While everyone celebrates the holiday season a little differently, there's one tradition that's universally cherished: Watching <u>Christmas movies</u>. Nothing





KQED:

<u>Inside Frida Kahlo and Diego Rivera's Life in</u> <u>San Francisco</u>

<u>Bay Curious</u> listener Erin Al Gwaiz wrote us asking to learn more about Frida Kahlo and Diego Rivera's time spent in San Francisco and their lasting impact on the arts scene here.

These days, Frida Kahlo's image is all around us. Her iconic eyebrows and



88 Philosophy Podcasts to Help You Answer the Big Questions in Life

The big questions of philosophy, simmering since antiquity, still press upon us as they did the Athenians of old (and all ancient people who have philosophized): what obligations do we really owe to family, friends, or strangers? Do we live as free agents or beings controlled by fate or the gods (or genes or a computer simulation)? What is a good life? How do we create societies that maximize freedom and happiness (or whatever ultimate values we hold dear)? What is language, what is art, and where did they come from?



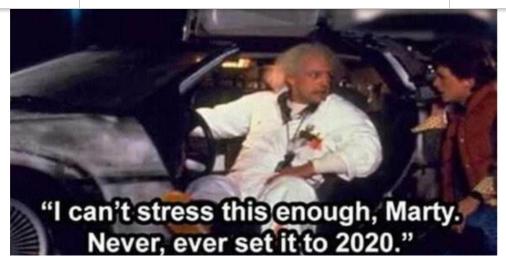
Know It

If you've seen any Hollywood movie set in ancient Egypt, you already know how its language sounded: just like English, but spoken with a more formal diction and a range of broadly Middle-Eastern accents. But then there are many competing theories about life that long ago, and perhaps you'd prefer to believe the linguistic-historical take provided in the video above. A production of Joshua Rudder's NativLang, a Youtube channel previously featured here on Open Culture for its videos on ancient Latin and Chinese, it tells the story of "the many forms of the long-lived Egyptian languages," as well as its "ancestors and relatives," and how they've helped linguists determine just how the ancient Egyptians really spoke.



10 awesome science discoveries you may have missed in 2020

From the discovery of stardust older than the sun to the first tyrannosaur embryos, here are some fascinating findings that may have been overshadowed this year.





For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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