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Happy Saturday, Villagers

Please <u>send along your suggestions</u> for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.



BAY AREA AIR QUALITY MAP PurpleAir Fire Safe Marin

AlertMarin.org



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Marin Opts for Early Implementation of Stay-at-Home Order

Together with four other Bay Area counties, Marin County will proactively implement the restrictions articulated in a <u>Regional Stay-at-Home Order</u> issued by state health officials on December 3. The new restrictions in Marin will go into effect at noon on **Tuesday, December 8** and will remain in place until January 4, 2021.

The new state order was intended to be triggered for a region when intensive care unit (ICU) capacity dropped below 15%. Although Bay Area ICU capacity is currently at approximately 25%, the county public health officers believe that the time to act is now. Says San Francisco Health Officer Dr. Tomás Aragon, "It takes several weeks for new restrictions to slow rising hospitalizations. Waiting until only 15% of a region's ICU beds are available is just too late."

The order instructs Bay Area residents to stay at home as much as possible and limit mixing with other households, which can lead to the spread of COVID-19. All sectors other than retail and essential operations must be closed. Access to critical services and outdoor activities to preserve physical and mental health are allowed.

Under the new restrictions, restaurants are limited to offering take-out and delivery services, retail stores are limited to 20% capacity, and hair salons, barbershops, and other personal care services must suspend operations, among other changes. A complete list of sectors affected by the new order may be found in the <u>news release</u> issued by Marin County Public Health.

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Free Online Classes for Adults Age 60 and Older

Simple to learn Tai Chi Form for Marin's Older Adults of all Abilities – conveniently taught in-person via Zoom - requires internet computer or tablet with webcam.

Enrollment is Limited to 10 participants per section -Register HERE <u>http://www.sausalito.gov/virtualrec</u> or Call (415) 289-4152



Shaped Using Precisely Cut Maps, Nikki Rosato's Busts

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Theory in the second and achieve potrate, <u>miniter toouto</u> violanizes a

connections between place and identity. The Washington, D.C.-based artist carves out the multi-colored highways and back roads from common maps, leaving the distances and spatial markings intact. She then shapes the cut paper into figurative sculptures and 2D artworks that vary in density and color depending on the original city or region.





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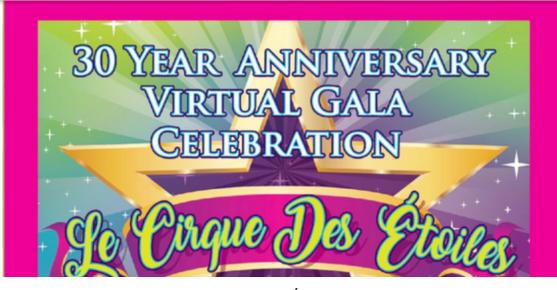


<u>Top 19 Creative Projects Made During the</u> <u>COVID-19 Crisis</u>

The year 2020 probably wasn't what you'd hoped for, but adversity often leads to creativity. The COVID-19 pandemic has dramatically affected how we live our lives; and, for many of us, life feels like it's been put on hold. With all this extra time on our hands, many people have taken up new crafts and are using art as a way to respond to the crisis.

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Join Performing Stars for Le Cirque Des Étoiles on Saturday, December 12 between 6 and 8, for a Magical Night of Inspiration and Entertainment to celebrate the 30th Anniversary of Performing Stars. All proceeds from the event will directly support the programs we do to help our students be thriving members of the Marin County Community. We look forward to you joining us for an exciting event for a great purpose.

MORE INFORMATION AND TO REGISTER for the event click here: <u>https://app.mobilecause.com/e/2ky5vw?vid=e540v</u>

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POSITIVITY AND HAPPINESS DEPENDS LARGELY ON THE QUALITY OF YOUR THOUGHTS Mahayogi_Mission





For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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