



**Happy Thursday, Villagers**

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Peaceful Tiburon by Harrie Schwartz



Thursday: [Local Couch Shopping](#). 5:30

[BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

@PeacefulMindPeacefulLife

"It is absolutely ok to have achieved **nothing** of great significance this year. Just maintaining sanity itself was an achievement."

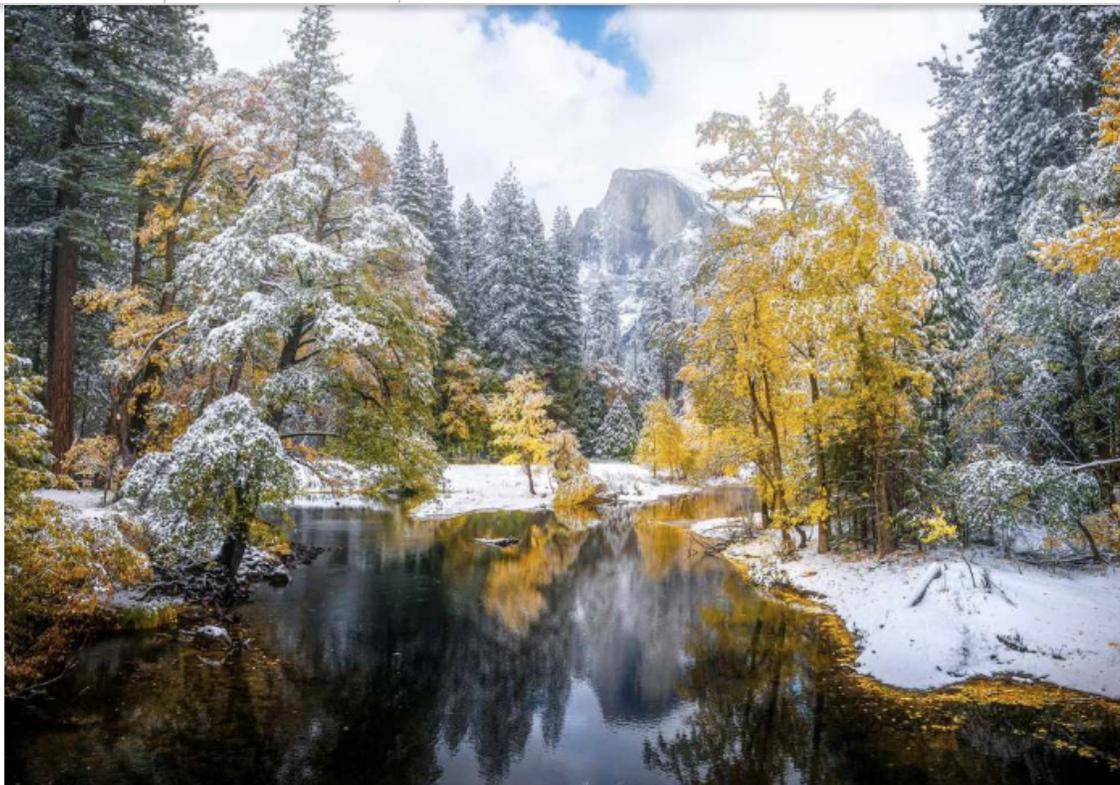
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### [How to celebrate Thanksgiving alone and actually enjoy it](#)

The holidays will feel different this year. Try these four expert tips for making the most of the season.

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### [When snow meets fall: Beautiful photos capture 'snowliage' in Yosemite](#)

Snow is beautiful. So is technicolor fall foliage. Last week they occurred simultaneously in Yosemite National Park when the first snowstorm of the year came early, and there's a really good word for the results: "snowliage."



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Portraiture often attempts to capture the essence of the sitter—their emotions, their personality, their thoughts. For photographer [Tim Flach](#), animal subjects offer as much dynamic range and emotional intimacy as human models. The London-based artist is well known for his work with [endangered species](#), canines, and [rare birds](#). Building upon his prolific body of work, Flach continues to photograph the most ostentatious, colorful, and emotive feathery friends from around the world. These bird portraits connect the human viewer and the avian sitter—forging a deep bond between human and animal kingdom.



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### [Chinese Zodiac Elements: How to Know What Yours Is and What It Means](#)

You've probably heard of the 12 Chinese zodiac animal signs—rat, ox, tiger, rabbit, dragon, snake, horse, goat, monkey, rooster, dog and pig—which repeat on a 12-year cycle. But did you know there's a corresponding element that can give us even more information about the year and ourselves? For example, 2020 isn't just the [Year of the Rat](#), it's the year of the *metal* rat! So, what does it mean that 1989 was the year of the earth snake? Or that 2002 was the year of the fire horse? Let's take a deep dive into the theories behind the elements, what each of the elements means and how you can discover which one you are!



## [14 Extremely Useful Things Doctors Keep in Their Personal First-Aid Kits](#)

There are some things that almost come standard in a [well-stocked medicine cabinet](#), such as bandages, antibiotic ointment, aspirin, gauze pads, and other necessities. Life throws all sorts of curveballs, however, and depending on who's in your household and what their needs are, you'll more likely than not need to be prepared for literally anything these days. (Hello, global pandemic!)

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***For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village [website](#).***

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