

Happy Monday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Richard Mayhew, *Rhapsody*, 2002 From the de Young Museum exhibit **Subscribe**

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Monday: Online Chair Yoga. 11-12

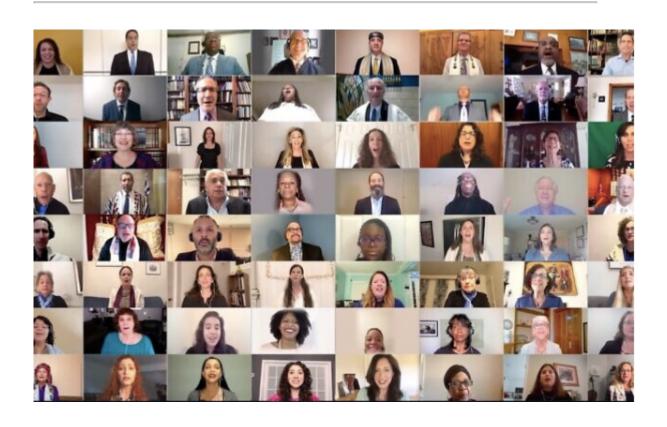
Monday: <u>WEEKLY 30 MIN. PUBLIC HEALTH UPDATE</u>. **11:30-12 Tuesday:** <u>SAUSALITO/MARIN CITY SCHOOL BOARD CANDIDATE</u>

FORUM HOSTED BY SAUSALITO WOMAN'S CLUB. **7-9**Wednesday: VILLAGE MOVIE GROUP: "OLOMPALI: A HIPPIE

ODYSSEY" 4-5:15

BAY AREA AIR QUALITY MAP

PurpleAir
Fire Safe Marin
AlertMarin.org



More than 100 Jewish cantors and Black ministers release solidarity music video.

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funds for a Black music school in Pittsburgh. VIEW IT On VIIIIEO.

The Listening Corner



New album by Jonas Kaufman "album", "Selige Stunde"

Have any favorite music you'd like to share with fellow Villagers? Send along and we'll mention it in our new section "The Listening Corner." This suggestion and video below submitted by Annie Dorsey.



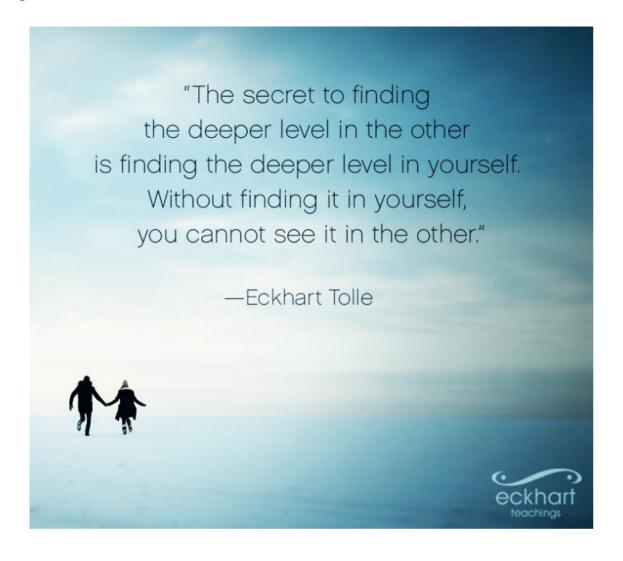
Diana Krall -- "This Dream of You". Featured song on her new album available through Spotify and Apple Music.



<u>Dog Sees New Backyard, Gets Super Excited, Immediately Jumps</u> <u>into Pool</u>

For a dog the first week in a new home can be a tough adjustment. Whether it's a

people, or a new dog coming home for the first time. It's not always easy for dogs to figure out a new environment.

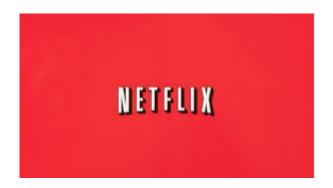


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My Hair Is Thinning and I'm No Longer Afraid to Say So

Hair loss used to make me feel less female.

New on Netflix



'American Murder: The Family Next Door' (A Critic's Pick; Netflix only)

I've struggled with this genre of storytelling and whether the voyeuristic attraction of such gruesome tragedy justifies the watching. But Popplewell's film presents the

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constructed with care and undeniable craft. — Bilal Qureshi (Read the full review here.)

(Recommended by New York Times television critic Margaret Lyons)



The secret about Wheel of Fortune you weren't supposed to know

Wheel of Fortune has been on the air since 1975, making it one of the longestrunning game shows on television, but even long-time fans might be surprised at just how the show is taped (via How Stuff Works).



Depression-era foods that are weirdly making a comeback

The Great Depression lasted a decade, but its effects changed a generation. Echoing events of 2020, the Depression caused widespread unemployment and food shortages of meat, milk, and other pantry staples. Cooks during the unprecedented economic downturn learned eating simple meals without waste could stretch their dollar. The popularity of home gardens, foraging for food, and alternative recipes emerged as a way to work around high food costs of fresh produce, meat, and dairy products. Although 2020, fortunately, didn't see the same long-term impacts as the 1930s, home cooking doesn't appear to be going anywhere and Depression-era foods are making a comeback.

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For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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