



**Happy Tuesday, Villagers**

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Evening Calm in Strawberry. Photo by Harrie Schwartz

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## It's a busy week!

**Tuesday:** [ELECTION 2020: AN ANALYSIS BY PROFESSOR, FILMMAKER AND AUTHOR ROBERT REICH \(ASHBY VILLAGE EVENT\)](#). 2-3

**Tuesday:** [TED TALK:HOW TO DECONSTRUCT RACISM, ONE HEADLINE AT A TIME](#). 4-5

**Tuesday:** [Last Day to sign up for Dinner Delivered from La Copita](#)

**Wednesday:** [AEGISM 101 & HOW TO BE AN ALLY - MARIN AGE FRIENDLY FORUM](#). 10:30-11:45

**Wednesday:** [CITY COUNCIL CANDIDATE CONVERSATION WITH JANELLE KELLMAN](#). 4-4:30

**Wednesday:** [CITY COUNCIL CANDIDATE CONVERSATION WITH VICKI NICHOLS](#). 4:30-5

**Wednesday:** [CITY COUNCIL CANDIDATE CONVERSATION WITH MELISSA BLAUSTEIN](#), 5-5:30

**Thursday:** [CITY COUNCIL CANDIDATE CONVERSATION WITH AARON SINGER](#). 4-4:30

**Thursday:** [CITY COUNCIL CANDIDATE CONVERSATION WITH IAN SOBIESKI](#). 4:30-5

**Thursday:** [CITY COUNCIL CANDIDATE CONVERSATION WITH JOAN COX](#). 5-5:30

**Saturday:** [FIRE EXTINGUISHER - REFILL OR PURCHASE REFILLABLE](#). 9-1

## [BAY AREA AIR QUALITY MAP](#)

[PurpleAir](#)

[Fire Safe Marin](#)

[AlertMarin.org](#)

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# PRAKTIKOS Deep Meditation



**Chanting > Singing Bowls >> Inner Silence**

**↓ Tonight 7:00 p.m. Sign-in 6:50 to 7:05 ↓**

Join Zoom Meeting

<https://us02web.zoom.us/j/87196495443?from=msft>

Meeting ID: 871 9649 5443

One tap mobile

+16699006833,,87196495443# US (San Jose)

+13462487799,,87196495443# US (Houston)

Dial by your location

+1 669 900 6833 US (San Jose)

+1 346 248 7799 US (Houston)

+1 253 215 8782 US (Tacoma)

+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

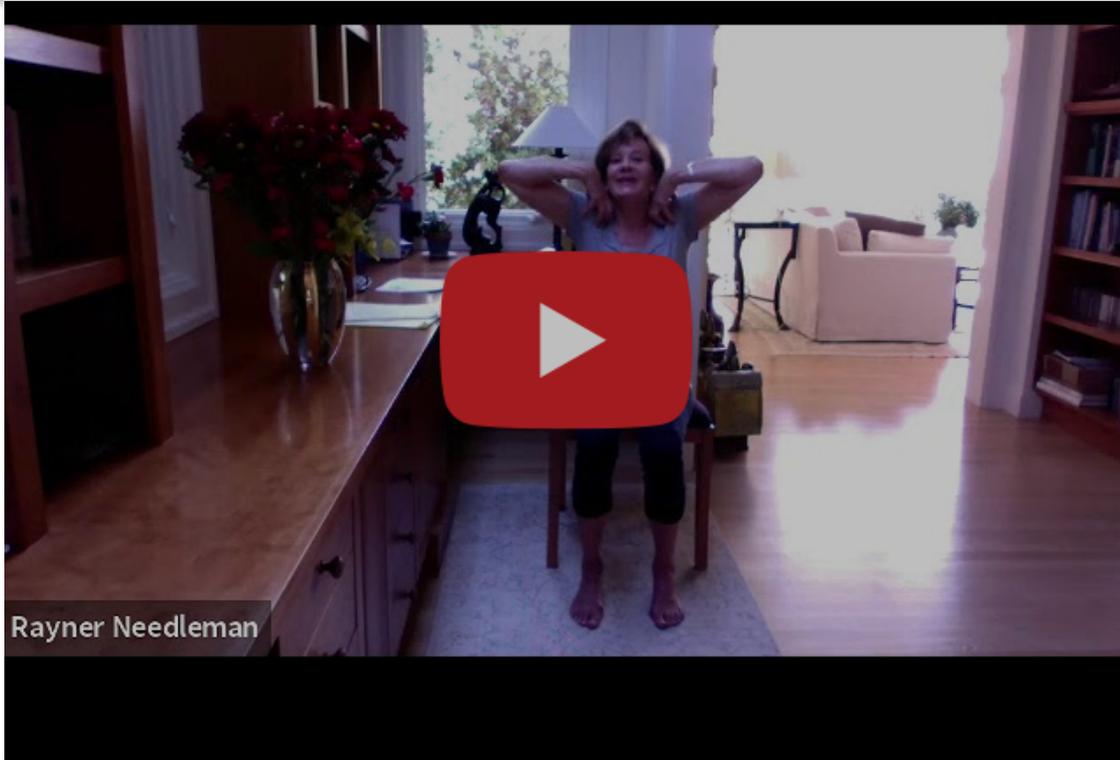
+1 929 205 6099 US (New York)

Meeting ID: 871 9649 5443

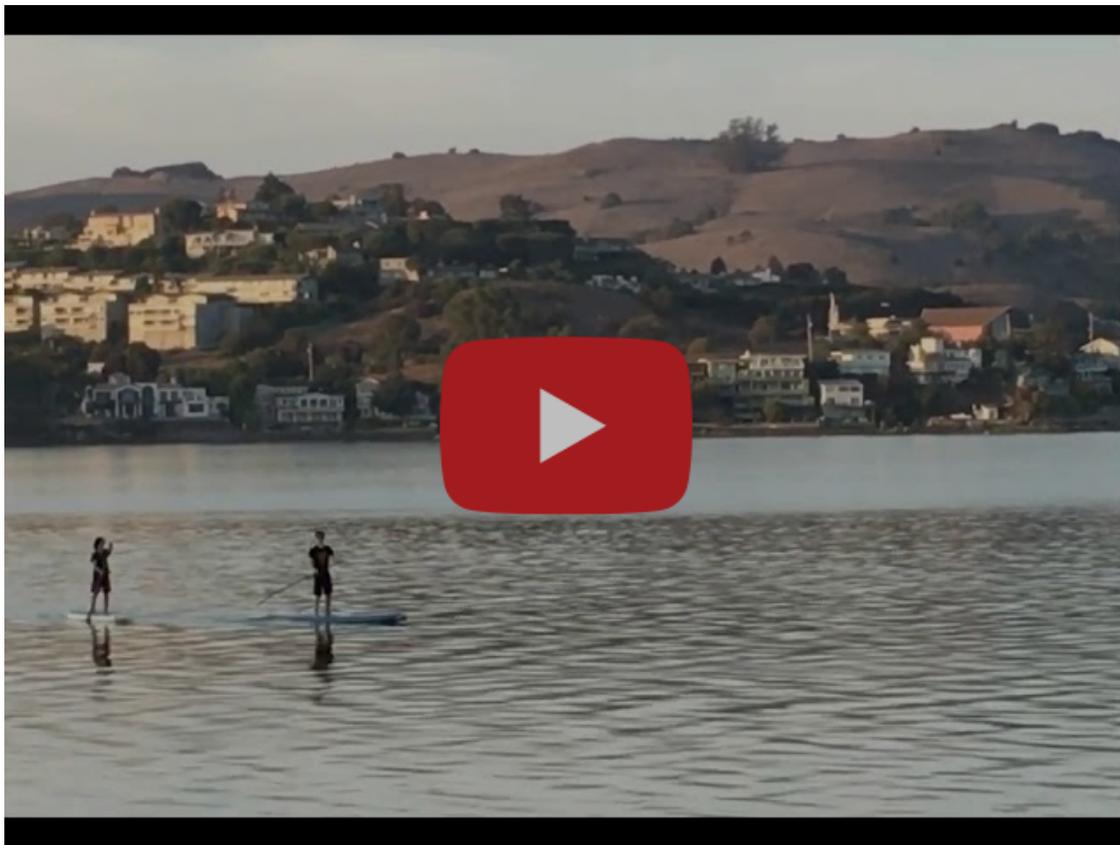
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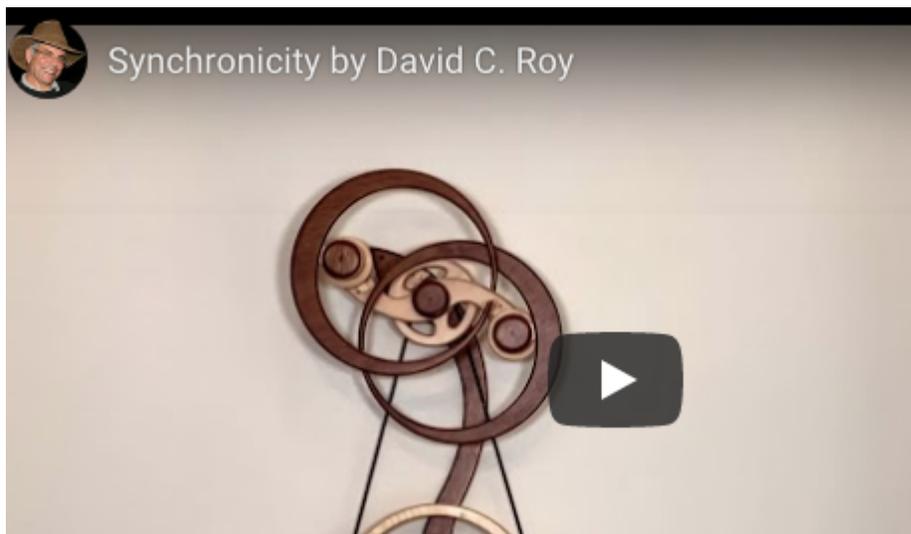
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Online Chair Yoga



Harrie Schwartz: Tiburon short video.



## [Hypnotic wooden kinetic sculptures](#)

David C. Roy ([previously](#)) creates mesmerizing wooden kinetic sculptures. Behold his 2020 creation "[Synchronicity](#)."

He was [featured earlier this year](#) for a nice profile by *Wired*. Some real beauties on display, and it's great that he turned his interest into a business!



### [It's Almost Oktoberfest Time — Here's How to Celebrate at Home](#)

Auntie Anne's and Samuel Adams have teamed up to offer the ultimate at-home Oktoberfest this year. The Oktoberfest at Home Kit is now on sale, complete with beer and a DIY pretzel kit.



### [5 Most Luxurious Train Rides](#)

Nothing channels the Golden Age of Travel quite like a luxury train. There's something undeniably romantic about falling asleep to the rhythmic sound of the wheels clacking over iron rails and waking up to sun streaming through the window that provides a new but equally fabulous view every morning. If money's no object for your next rail vacation, which are the world's most luxurious train rides? Here are our picks for the five best trains on the planet.

**WE are A  
COMMUNITY**

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