9/14/2020

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Happy Monday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.



Monday: Online Chair Yoga. 11-12

Monday: WEEKLY 30 MIN. PUBLIC HEALTH UPDATE. 11:30-12\

Monday: OCCUPATIONAL THERAPY REVEALED - MARIN

VILLAGES EVENT. 3-4

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SECURITY. 4-5

BAY AREA AIR QUALITY MAP

PurpleAir
Fire Safe Marin
AlertMarin.org



Have you seen this great FireSafe Marin video yet?
"How To Survive a Wildfire"

We would like for all members to see this important webinar - either on your own or join us in a group.

The video provides a very good background for an important Village Emergency Preparedness Cluster Meeting we will have at the end of the month with the focus on Evacuation Zones and Evacuation Routes for each of our SV Clusters.

The video is available to watch independently online anytime by clicking here: https://firesafemarin.org/living-with-fire

BUT if you would rather watch with other Village members, volunteers and friends, join us on

Wednesday, September 16th, 4pm

REGISTER

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San Francisco, CA 94102 Phone: (415) 982-7007 Ext. 613 Fax: (415) 345-1002



Senior Community Service Employment
Program (SCSEP) may be the perfect
program for you. SCSEP is a federally funded
job-readiness program that helps older adults
transition from on-the-job training back into
the work force. We work with community
based training sites to assist you in
developing the skills necessary while you
seek full-time or part-time employment.

Eligibility Requirements are:

- 1. Resident of Marin County
- 2. 55 years and older
- 3. Unemployed
- 4. Low Income

SCSEP pays a minimum wage training stipend for 12 hours per week

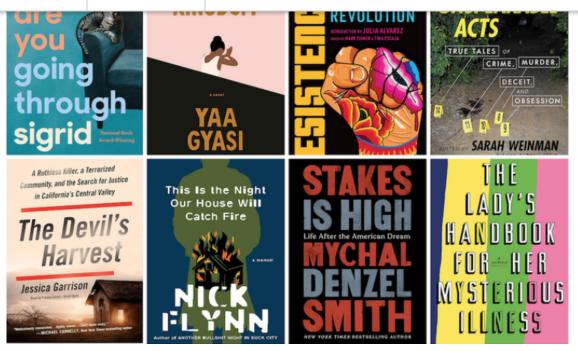
Enrollment depends on:

- 1) Meeting all eligibility requirements
- 2) Successful interview and placement to train at a non-profit organization or government agency

To apply, please email a cover letter and resume to:

scsep@felton.org

If you have additional questions, please call: (415) 982-7007 Ext. 613

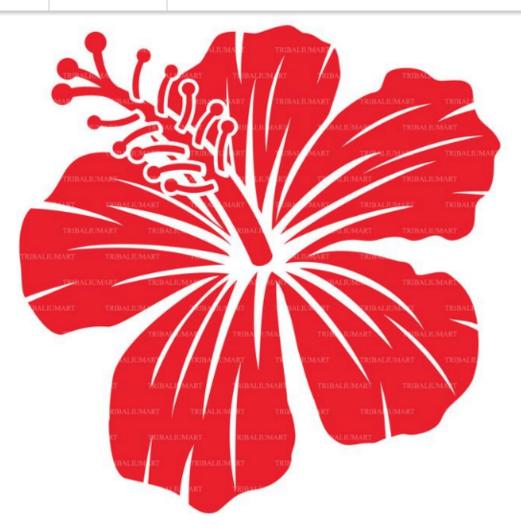


Here Are Some Great Virtual Book Events Happening This Week

Michael Ian Black on toxic masculinity, Stacey Abrams on women's electoral power, two nights of poetry on protest and revolution, and more.



Cao Fei is a multi-media artist and filmmaker based in Beijing. Video, digital media, photography and objects all play a role in the artist's engagement with an age of rapid technological development



If You Aren't Sipping Hibiscus Tea, You're Missing Out on Major Health

Benefits

Aside from looking beautiful in the garden, hibiscus flowers also offer a variety of health benefits when consumed.





For information about emergency preparedness and COVID resources, visit the recently updated Sausalito Village <u>website</u>.

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