



**Happy Wednesday, Villagers**

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.



**Wednesday:** [CHAMBER TOWN HALL MEETING](#) 8:30-9:30

**Wednesday:** [TRANSPORTATION OPTION DURING COVID - LEARN MORE ABOUT ONWARD RIDES.](#) 11-12

**Wednesday:** [SV MEMBERS/VOLUNTEERS COCKTAIL HOUR.](#) 5-6

**Thursday:** [FOR MEMBERS: LEARN TO NAVIGATE THE SV WEBSITE.](#) 4-5

**Friday:** ['COPING WITH PANDEMIC STRESS' SUPPORT GROUP - SV](#)

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AND LIVING



## Book Banter

**Wed, Aug 12: 1:00-2:00pm**

Join **Danielle Vierra** for a "no reading book discussion!" Gather to hear and share recommendations, commentary and connections! Whatcha... reading? Fiction? Non-Fiction? Best sellers? Short works? Where do you find reviews, recommendations? Share your latest, greatest find, champion an old/classic favorite or just hear what others are reading. Today, special guest **Marianne Rogoff** joins the group!

Thanks to our donors, **this program is free!**

For details & registration, [click here](#).



### [29 simple tricks experts use to stay resilient during the toughest times](#)

How are you? Seriously, check in with yourself. What was the answer? “Fine”? “Not great, but I don’t want to complain because people have it worse”? “Ready to blast off to space”? It’s no secret that 2020 has felt like an active volcano, in which spewing news cycles are followed by simmering states of despair.

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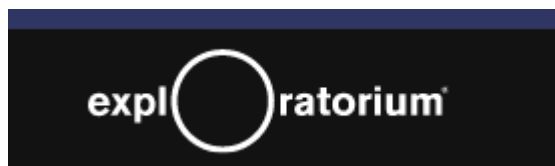
### Free music CDs, mostly 80's and 90s rock

Would you enjoy an infusion of new music? A collection of ~200 CDs with mostly 1980s and 1990s rock music is available to whomever would like it. If one person responds, you will receive two small boxes of CDs. If 20 people respond, however, each will receive around 10 CDs each. Unfortunately, requests cannot be taken for logistical reasons.

Email [lise@sausalitobeaautiful.org](mailto:lise@sausalitobeaautiful.org) by Friday 8/14 with your physical address, and some enjoyable new music will magically appear on your doorstep this weekend.

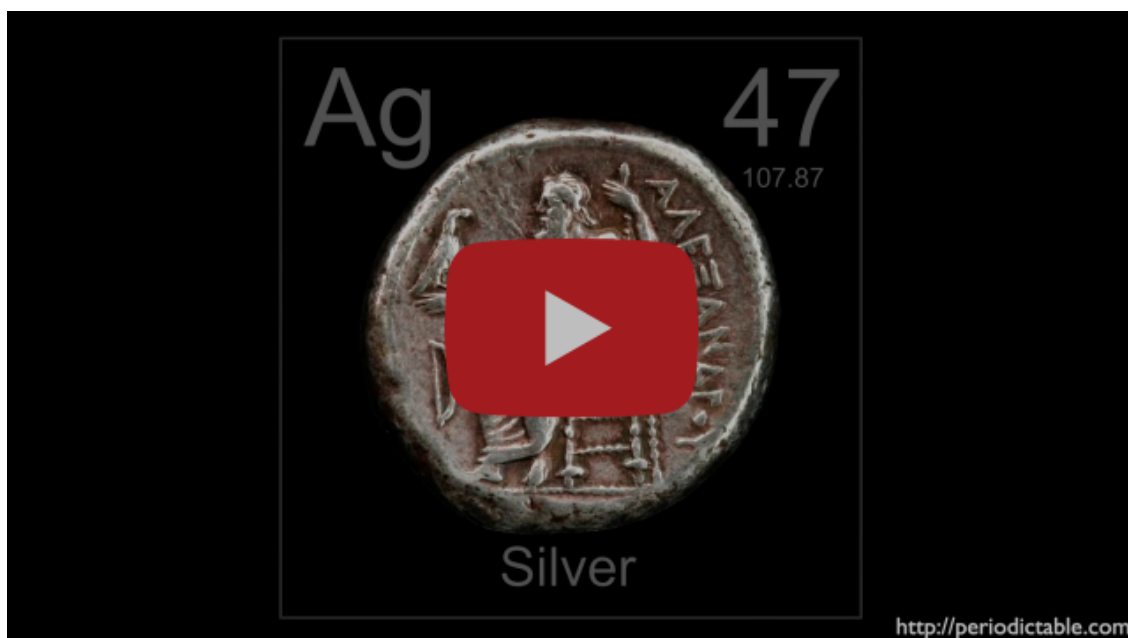
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## News anchor loses it



### [Learning Toolbox](#)

**Make sense of timely topics and find general science support for your virtual classroom or learning together at home.**







### [Bucket List: The Galapagos Islands](#)

Literally, there is NOTHING quite like the Galapagos Islands, and going there with Ecoventura raises it to a whole other level. Come along with me as I enjoy a luxury vacation onboard THEORY and scuba dive on the Galapagos Sky! The staff and crew are absolutely amazing and you will have the time of your life!

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**we are A  
Community**

***For Information about food, supplies, and services visit the Sausalito Village website's [COVID Resources page](#).***

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