



Happy Friday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.



Sunday: [Tales of the Trail](#). 7-8

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County Transitions its Information and Assistance Line

Marin's (415) 473-INFO to better serve residents

San Rafael, CA – The County of Marin [Aging and Adult Services' Information and Assistance](#) (I&A) phone line is changing prefixes, yet its mission remains the same: to provide information and referrals to the full range of services available in the community to older adults, adults with disabilities, and their family caregivers.

Calls to (415) 473-INFO (4636) are answered from 8:30 a.m. to 4:30 p.m. weekdays. The I&A email address has also been changed to 473INFO@marincounty.org.

**When You Reach 100 Years Old In Barbados,
You Get A Stamp In Your Honour. Lovely**





[The 5 Coolest Countries You Haven't Heard Of](#)

There comes a point in your traveling life when following the herd just won't cut it anymore. It's not that Mexico, Switzerland, or India aren't worth your time, but if you've "been there, done that" and are now looking for something a little off the beaten track, then here are our picks for the five coolest countries you haven't heard of.



Visit the [NASA Video gallery](#) for a selection of their videos.



[Guided Meditation Zoom gathering](#) on Tuesdays and Saturdays at 11:00 AM. George McLaird the former pastor of the Sausalito Presbyterian Church leads the meeting and anyone interested is welcome. Contact George McLaird <revmclaird@comcast.net>

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**we are A
Community**

For Information about food, supplies, and services visit the Sausalito Village website's [COVID Resources page](#).

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