

## Michigan's Upper Peninsula



**Happy Friday, Villagers**

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

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The picture above is from story [5 surprising spots to see the Northern Lights from the US](#)



**Friday:** [MILL VALLEY VILLAGE - FRIDAY HIKING GROUP](#). 9-2

## Sharing Your Experiences... Shopping during Covid-19 Wednesday, July 29 4-5 pm on Zoom

To continue our sharing your experiences series, join us for a zoom meet-up on July 29, 4-5 pm to share your experiences with shopping during covid-19. Yes, we all know about Amazon- but how else have you been shopping? Have you been ordering groceries to be delivered or picked up or are you shopping in person? How has it worked for you? What are your experiences with shopping for other items either online or in person? Share your tips on what has worked and what hasn't for you. [Sign up](#) on the calendar on the SV website, or contact Sharon at [sharon126@aol.com](mailto:sharon126@aol.com) to register.



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Comet Neowise above Mount Tamalpais in Marin County.

A promotional graphic for a virtual event. The left side has a green background with white text: "Touring the Iconic San Francisco Flower Mart with the Museum's Flower Committee" and "VIRTUAL BOUQUETS TO ART". The right side features a botanical illustration of yellow and red flowers. A circular inset shows a person in a flower market.

[Touring the Iconic San Francisco Flower Mart](#)

July 25, noon



## [There Were Once More Than 425 Shellmounds in the Bay Area.](#)

### [Where Did They Go?](#)

You may associate the Emeryville shoreline with shops, or the Scandinavian furniture store Ikea. But what you may not know is that before this place was a commercial mecca, there was a different man-made structure that towered above Bay Area residents: a shellmound.

Driving down Shellmound Street may tip you off, too. It did for Bay Curious listener Paul Gilbert, who used to live and work in Emeryville. He would cross Shellmound Street every day for years.



### [5 Surprising Spots to See the Northern Lights in the U.S.](#)

If you haven't had an opportunity to see nature's exhilarating, captivating northern lights (also known as Aurora Borealis), make sure you add it to your bucket list. The northern lights occur when charged particles from the sun enter the earth's atmosphere and collide with gaseous particles. The collisions create stunning light shows in a variety of colors 50 to 400 miles above the earth's surface. Waves of vibrant green and pink are the most common sights, although you'll occasionally see violet, red, blue, and yellow waves.



### [A Short Walk on the Beach Can Improve Your Mental Health](#)

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[near a coast](#) are actually happier. So, it comes as no surprise that taking a long walk on the beach is more than just a dating profile cliché, it's actually a good way to maintain a healthy lifestyle.

**WE are A  
COMMUNITY**

***For Information about food, supplies, and services visit the Sausalito Village website's [COVID Resources page](#).***

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