



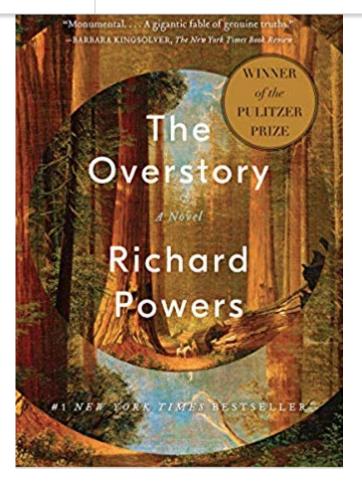
Please <u>send along your suggestions for materials to add to the</u> daily tips. We're always looking for good content.



Friday: <u>SV MEMBERS/VOLUNTEERS COCKTAIL HOUR</u> Saturday: <u>BARBARA SAPIENZA - AUTHOR EVENT</u>



Past Issues



UC Berkeley's Summer Reading List

This year's theme is **Connection(s)**. Every day we're reminded of our connections to others, whether something as wonderful as our links to friends and loved ones or as concerning as this year's COVID-19 pandemic. While you're in college, you're likely to make rich and deep connections — with other people, with your studies, and with the intersection of ideas across disciplines, history, and parts of your own life. We look forward to connecting with you when you get to Berkeley. In the meantime, we hope you'll enjoy some of the fantastic readings offered here that suggest just a few of the many ways in which connections manifest themselves in the world.

2. The way it smells after the rain is called petrichor.

The plastic or metallic coating at the end of your shoelaces is called an aglet.

4. The rumbling of stomach is actually called a wamble.

5. The cry of a new born baby is called a vagitus.

6. The prongs on a fork are called tines.

7. The sheen or light that you see when you close your eyes and press your hands on them is called phosphenes.

8. The tiny plastic table placed in the middle of a pizza box is called a box tent.

9. The day after tomorrow is called overmorrow.

10. Your tiny toe or finger is called minimus.

11. The wired cage that holds the cork in a bottle of champagne is called an agraffe.

12. The 'na na na' and 'la la la', which don't really have any meaning in the lyrics of any song, are called vocables.

13. When you combine an exclamation mark with a question mark (like this ?!), it is referred to as an interrobang.



Sports Commentator of Mabel and Olive fame.

Subscribe

Past Issues



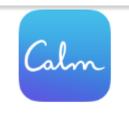
6 Cities With Unique Public Transportation

We always look for the most efficient and affordable method of public transportation in our home city. For some however, cars and buses may not an option. Whether it's due to landscape, socioeconomic, or historical factors, some cities get creative with their transportation. Can you imagine taking a riverboat to work? What about a cable car or a coconut-shaped taxi? Which of these unique transportation methods would you try?



Mabel's Dream

Past Issues



take a deep breath

Can You Get the Virus From a Surface?

The Centers for Disease Control and Prevention recently <u>tried to clarify its</u> <u>guidance</u> on the subject: "It may be possible that a person can get Covid-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this isn't thought to be the main way the virus spreads." Subscribe

A lovely evening view from my window in Kyneton, rural Australia...our daily visitors have arrived!





Remember you can contact Sausalito Village/CARSS if you are in need of essentials

- food, medication, and pet supplies. Call 415-332-3325 or

email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted and

are eager to help out!

Interested in volunteering to help out with errands? Please

contact sausalitovillageconcierge@gmail.com or call 415-332-3325.



@The Library

Virtual Rec Room Featuring new content daily! Translate -

Subscribe

Calling all local artists! The Sausalito

Past Issues

Library is hosting a new Virtual Art Gallery. While the library is temporarily closed, we are moving our art exhibit online. Please submit up to three images of your best work to share with the community. All ages may participate.

Click here to submit your art.

For more information, contact Rebecca at rburgan@sausalito.gov.

Community: Food, Services, Miscellany.

Face Coverings



Face coverings by Sausalito Villagers are still available for free. Contact <u>sausalitovillageconcierge@gmail.com</u>. Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.



Cibo Popup and Sausalito Bakery Cafe.

The Sausalito Bakery Cafe is serving coffee and goodies to go.



Sausalito Books By The Bay offers free delivery and curbside pick up.



More and more villagers are having their groceries delivered using online shopping such as <u>Mollie Stone's Instacart</u>. All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has <u>information on all the local restaurants providing take out and delivery</u>.

- DRIVER'S MARKET: Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday and orders must be in by 8 pm the night before for pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount. Curbside
 Pick Up Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.

Subso	ribe
-------	------

and there are blue lines to keep distance between customers.

- Trader Joe's (Cost Plus): Senior Shopping 8-9.
- Whole Foods: 8-9
- Target Wednesdays 9-10
- Good Earth: 9-10. Now offering <u>curbside pickup</u> at both Mill Valley and Fairfax stores.

if you are ordering food to go, support our <u>local restaurants</u>! Many of them are registered with delivery services such as <u>www.grubhub.com</u>, <u>www.doordash.com</u>, or <u>www.trycaviar.com</u>. You can also order delivery from <u>BevMo's Instacart</u>. Wash your hands after removing food from delivery containers.



Bounty Box

Fresh from the farmer's market to curbside

CVS is offering <u>free delivery</u> of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. <u>Play Marin</u> is also providing meals to those in need.

Subscribe	Past Issues		Translate 🔻
Sausalito Village · PO Box 208 · Sausalito, California 94966 · USA			