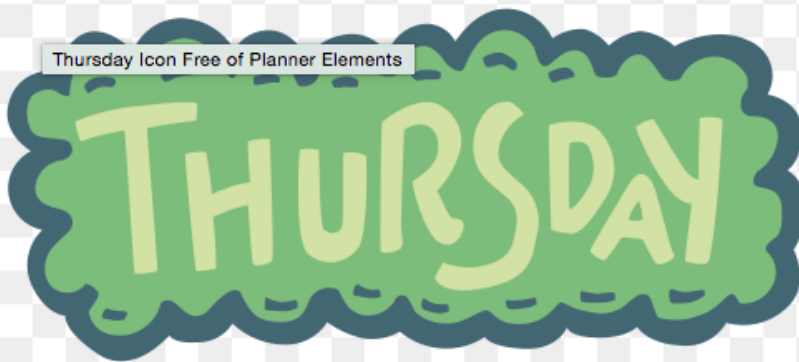


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Thursday Icon Free of Planner Elements



**Happy Thursday, Villagers**

**Please send along your suggestions for materials to add to the daily tips. We're always looking for good content.**

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### **TODAY'S EVENTS**

[TED TALK THURSDAY - BRENE BROWN:](#) 12-1:30

[Virtual Zoom Mixer:](#) 5:30-7 (see below for information)

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[WORLD MEDITATION DAY:](#) **Unite • Meditate • Pray**

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**@ The Library**

**Virtual Art Gallery**

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Calling all local artists! Have you been on a creative streak during your time at home? We are accepting submissions from local Sausalito residents for Sausalito

Library's new Virtual Art Gallery. While the library is temporarily closed, we are moving our art exhibit online. Please submit up to three images of your best work to share with the community. All ages may participate.

[Click here to submit your art.](#)

For more information, contact Rebecca at [rburgan@sausalito.gov](mailto:rburgan@sausalito.gov).

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### **Stay Home and Read Book Club**

Month of May

On Goodreads--sign-up info below

Want to join an online book club, but don't want to meet on video? The Stay Home and Read Book Club is a low-pressure group that posts discussion topics as we go along. We will start a new book at the beginning of each month. E-books and e-audiobooks are available on MARINet Overdrive and Amazon. May's book is [At the Water's Edge](#) by Sara Gruen.

[Join Stay Home and Read Book Club on Goodreads](#)

For more information, contact Rebecca at [rburgan@sausalito.gov](mailto:rburgan@sausalito.gov).

### **[Virtual Zoom Mixer - Visit Tivoli on Caledonia Street](#)**

Today: 5:30 PM - 7:00 PM PDT

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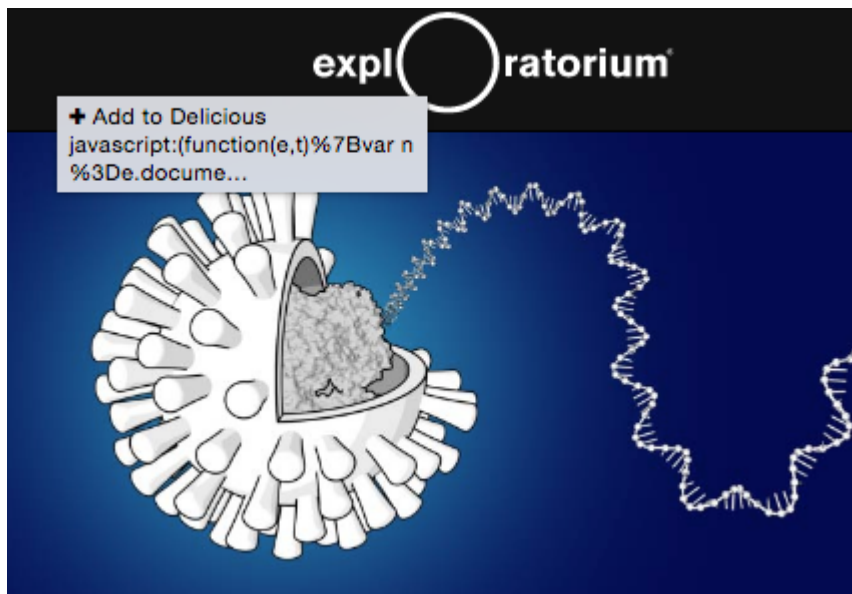
#### Event Description:

As we Shelter in Place we are going to continue our Virtual Zoom Mixers. Tivoli (located on Caledonia) was supposed to be our host for the April Mixer and then SIP happened so we are going to take a virtual tour of the store, have a few drinks together and play a little Music Trivia.



### [SHELTER-IN-PLACE WITH SF BALLET](#)

With the current COVID-19 shelter-in-place orders, San Francisco Ballet joins the community to keep each other safe and the good of the public at the forefront. Although the 2020 Season has been suspended, we're digging

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### [Learning Toolbox](#)

**Make sense of timely topics and find general science support for your virtual classroom or learning together at home.**



**Laughs for the Day**

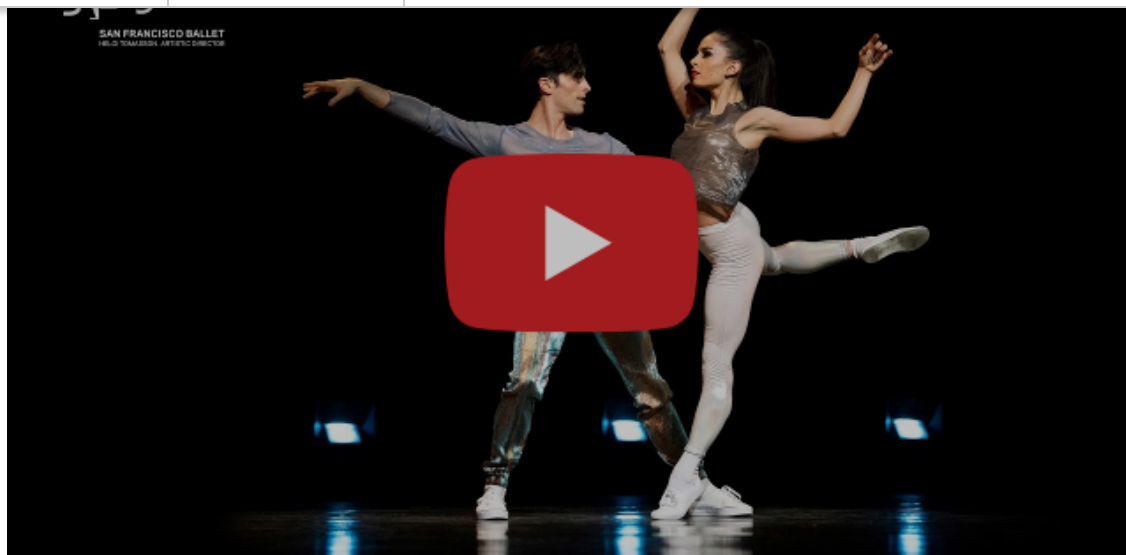
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sending us back out into the real world. I think we'll all need the time to become ourselves again. And by "ourselves" I mean lose 10 pounds, cut our hair and get used to not drinking at 9:00 a.m.

New monthly budget:  
Gas \$0 Entertainment  
\$0 Clothes \$0  
Groceries \$2,799.

Breaking News:  
Wearing a mask inside your home is now highly recommended. Not so much to stop COVID-19, but to stop eating.

Low maintenance chicks are having their moment right now. We don't have nails to fill and paint, roots to dye, eyelashes to re-mink, and are thrilled not to have to get dressed every day. I have been training for this moment my entire life!



### [Virtual Rec Room](#)

*Welcome to Sausalito's Parks and Recreation Virtual Rec Room. Each day we will be featuring new content from our many instructors, Parks and Recreation Team, and from the web. This Rec Room was designed for our community to think inside-the-box (since you can't go outside), grow by learning new skills, and challenge ourselves on a daily basis.*

**New Zoom Class on Mixology.** As part of its [Virtual Rec Room](#), Sausalito Parks and Recreation is now offering a series of Thursday evening Zoom classes on the Magic of Mixology. Participants will learn behind-the-scenes cocktail-making tips from [Katya Larionova](#), professional bartender from *Bourbon & Branch*, San Francisco's oldest speakeasy. You'll also learn the history and mystery around liquors, concoctions, and more. Enthusiasts, beginners, and professional bartenders are welcome! Each week we'll learn a new skill. The next class from 7:00 to 8:00 p.m. on Thursday, May 21 will focus



The two other new Zoom classes launching this week are Strong Nation Bootcamp from 8:00 to 9:00 a.m. on Sundays and Zumba Gold from 10:00 to 11:00 a.m. on Mondays and Wednesday. Both are taught by Beth Wolly. Strong Nation Bootcamp is \$10 per class; Zumba Gold is \$8 per class.

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## Community: Food, Supplies & Services

*Remember you can contact Sausalito Village/CARSS if you are in need of essentials*

*- food, medication, and pet supplies. Call 415-332-3325 or*

*email [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com). All of our volunteers have been vetted and*

*are eager to help out!*

*Interested in volunteering to help out with errands? Please*

*contact [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com) or call 415-332-3325.*

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## Face Coverings

Face coverings by Sausalito Villagers are still available for free. Contact [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com). Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social

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**Fabric Masks Made in the Marinship.** The Marinship Emergency Medical Manufacturing Group (MEMM) is winding down production of plastic face shields and starting up the production and sales of hand-sewn fabric face masks. Designer face masks are [now available for purchase](#), with a portion of the proceeds going to fund COVID-19 response and resiliency projects. [DIY mask kits with filters](#) are also available in five and ten packs and are perfect for community fundraisers and family activities.

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## **Cibo Popup and Sausalito Bakery Cafe.**

Cibo bakery popup has moved to Angelinos from 9-1, MTWFS.

The Sausalito Bakery Cafe is serving coffee and goodies to go.

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[Sausalito Books By The Bay](#) **offers free delivery and curbside pick up.**

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## **Local Sources for Hand Sanitizer**

- **The Marinship Emergency Medical Manufacturing Group (MEMM) and the [Sausalito Working Waterfront Coalition](#) on Mondays from 11:00 a.m. - 1:00 p.m. at 170 Gate 5 Road. Bring your own container that seals with a lid. They will dispense 6 ounces to each person until supplies run out.**
- **Sausalito Market on Caledonia @ \$7.50**
- **Hanson Tasting Room /Gallery on Bridgeway at Princess (open Friday-Saturday 11-5.)**

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More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this



[restaurants providing take out and delivery.](#)

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday and orders must be in by 8 pm the night before for pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping Tuesday/Thursday/Saturday 7-8 Ample supplies of disinfecting gel and wipes at door. One way aisles. All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10.** Now offering [curbside pickup](#) at both Mill Valley and Fairfax stores.

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as [www.grubhub.com](http://www.grubhub.com), [www.doordash.com](http://www.doordash.com), or [www.trycaviar.com](http://www.trycaviar.com) . You can also order delivery from [BevMo's Instacart](#). Wash your hands after removing food from delivery containers.



[Bounty Box](#)

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CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need.

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