

[Subscribe](#)[Past Issues](#)[Translate ▼](#)**SAUSALITO VILLAGE**

Happy Thursday, Villagers
We're always looking for new tips! Drop us an [email](#).



SV/CARSS Thursday Dinner delivered is a hit!

Open to SV and CARSS members and volunteers, the weekly dinners by local restaurants is selling out each week. Thanks to SV volunteers who have been working with the restaurants and CARSS volunteer drivers who are delivering, members and volunteers are getting a Thursday night off from cooking! If you are a member or volunteer, make sure to reserve your dinners ahead. Restaurants provide two choices and the meals are \$20 tax and tip included with free delivery to your door. Check the SV Website event calendar for upcoming restaurants at www.sausalitovillage.org.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

The Marin County Fair is launching a series of virtual competitions and activities to engage the community as a result of the [canceled fair](#) this summer.

The program will begin this week on the fair's [Facebook](#) and [Instagram](#) pages. Weekly competitions will include decorated foods, trash-to-treasure artworks, pet costume contests, funny family photos, poetry, coordinated family dance routines, and more stay-at-home activities.



[The 21 best science podcasts if you're keen to learn how things work](#)

Sure, you can listen to podcasts on politics, [true crime](#), or even just chats about everything in between. "And then," as Science Vs host Wendy Zuckerman would say, "there's science."


If you're a curious person, keen to understand exactly how the world around, inside, and beyond us works, you should try a science podcast.

Whether you want the latest space news, expert commentary on what's making headlines, a thorough debunk of scientific theories, want to know [what it's like to live on Mars](#), or just want to listen to something smart, these are the best science podcasts worth your time (presented in no particular order).


[Subscribe](#)[Past Issues](#)[Translate ▼](#)

"Yeah, I'm just alone with my demons, but it turns out they're actually good company."

Sausalito Parks and Recreation presents



Sausalito's
Couch Con
May 12 10am-3pm

Sponsored by **MOLLIE STONE'S** 

sausalito.gov/couchcon

[Couch Con](#)

The Basics

- **Tuesday May 12**
- 10:00 a.m. - 3:00 p.m.
- Workshops on the hour - see schedule below
- Free for attendees
- Sponsored by Mollie Stone's



[Esalen Faculty Offer Virtual Gatherings During COVID-19](#)

Several Esalen faculty chart new territory during COVID-19 with free online offerings designed to strengthen community and stimulate the heart, mind, body and spirit. "Although we need to socially isolate right now, I felt called to offer opportunities to breathe and move together, and to make these opportunities as accessible as possible by offering them for free," says Esalen faculty and yoga instructor Noah Mazé. "It is critical that we stay connected, engaged and also find ways to nurture our identities and keep good company—both inside and outside. Yogic practices give us many effective tools to do just that and stay healthy."

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Julliard students perform Bolero.

WE are A
COMMUNITY

Community: Food, Services, Virtual Recreation

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted and are eager to help out!

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

triciasmith58@gmail.com. Residents are required to wear face coverings while shopping and carrying out other essential services. They should carry a face covering along with them when they are out exercising in case they encounter situations where they can not maintain six feet social distancing requirement.

Cibo Popup and Sausalito Bakery Cafe.

Cibo bakery popup has moved to Angelinos from 9-1, MTWFS.

The Sausalito Bakery Cafe lately is serving coffee and goodies to go.

Local Sources for Hand Sanitizer

- **The Marinship Emergency Medical Manufacturing Group (MEMM) and the [Sausalito Working Waterfront Coalition](#) on Mondays from 11:00 a.m. - 1:00 p.m. at 170 Gate 5 Road. Bring your own container that seals with a lid. They will dispense 6 ounces to each person until supplies run out.**
 - **Sausalito Market on Caledonia @ \$7.50**
 - **Hanson Tasting Room /Gallery on Bridgeway at Princess (open Friday-Saturday 11-5.)**
-



Welcome to Sausalito's Parks and Recreation Virtual Rec Room. Each day we will be featuring new content from our many instructors, Parks and Recreation Team, and from the web. This Rec Room was designed for our community to think inside-the-box (since you can't go outside), grow by learning new skills, and challenge ourselves on a daily basis.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday for curbside pick up and orders must be in by 8 pm the night before and pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET:** Senior Shopping 8-9 with 15% discount. Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping Tuesday/Thursday/Saturday 7-8 All cashiers have glass shields and there are blue lines to keep distance between customers.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service [here](#).

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Sausalito Village · PO Box 208 · Sausalito, California 94966 · USA