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Happy Wednesday, Villagers

If you have something you'd like to send along to Tips, drop us an [email](#).

Illustration by Richard Pavsek

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From April 22, the 50th anniversary of Earth Day, to April 24, activists, performers, thought leaders, and artists will come together for an empowering, inspiring, and communal three-day Livestream mobilization.

The fights against the coronavirus and the climate crisis go hand-in-hand, and as we work to flatten the curve of this pandemic, we must strive toward the longer-term goal of building a society rooted in sustainability and justice.

[RSVP to the Livestream.](#)

Earth Day Challenge

Have some time on your hands today? It's not too late to participate in Sausalito's Earth Day Challenge. Sausalito Beautiful is inviting poets to submit original Haiku or a short poem (no more than 10 lines) detailing what the Earth means to you (globally or locally)?

Submit your poem to our [Facebook](#) or [Instagram](#) page. Or if you are not a social media type, submit them to Adele@SausalitoBeautiful.org, and she will post them with your name to Facebook. Join the Challenge, join the fun!

The top 20 poems will be published at the end of the day (based on social media likes) on the Sausalito Beautiful website — and at 8:00PM on April 22nd, everyone is encouraged to “howl” for the Earth AND for the workers combating the corona virus pandemic.

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Ann Heurlin and Jim Meyer have more lemons than they know what to do with and are offering them to Villagers. If you are interested in having Patricia deliver them to you, contact her at triciasmith58@gmail.com.



Body Paint Artist Transforms Humans Into Realistic Animals



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around other people in public. These coverings have no impact on the requirement that everyone maintains six-feet space to socially distance from others. The seamstresses are looking for donations of tightly woven cotton fabric. If you have cloth to donate or need a face covering, contact triciasmith58@yahoo.com



[7 Gorgeous Train Trips From Around the World That You Can Virtually Experience Right Now](#)

From luxury trains gliding through Europe to some of the best views you could imagine, you can experience these bucket list trips from the comfort of home



[A New Connection with the Lost Art of Phone Conversation](#)

*One of my favorite sentences in twentieth-century fiction is the one that goes: “She was a girl who for a ringing phone would drop exactly nothing.” It’s from J.D. Salinger’s short story, “A Perfect Day for Bananafish,” which appears in his supernal *Nine Stories*. One of its pleasures is the partially inverted syntax of the sentence; another is how quickly Salinger’s description allows you to get inside the imperturbable head of the egocentric Muriel Glass, who sits in her Florida hotel room painting her nails, and is married to the mentally unstable Seymour Glass, whom she worries about not at all.*



Tips on Food, Shopping, Assistance

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted.

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior

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12. Call 415-729-9582 with phone number, list of items and credit card or local check.

- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials. The local school district and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to

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FOR YOUR BODY

Note: On many of the videos we choose, continue watching for a series of additional videos from the same link.

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