



## Happy Friday, Villagers

If you have something you'd like to send along to Tips, drop us an [email](#).

(The photo above was taken by Mardi Brayton.)

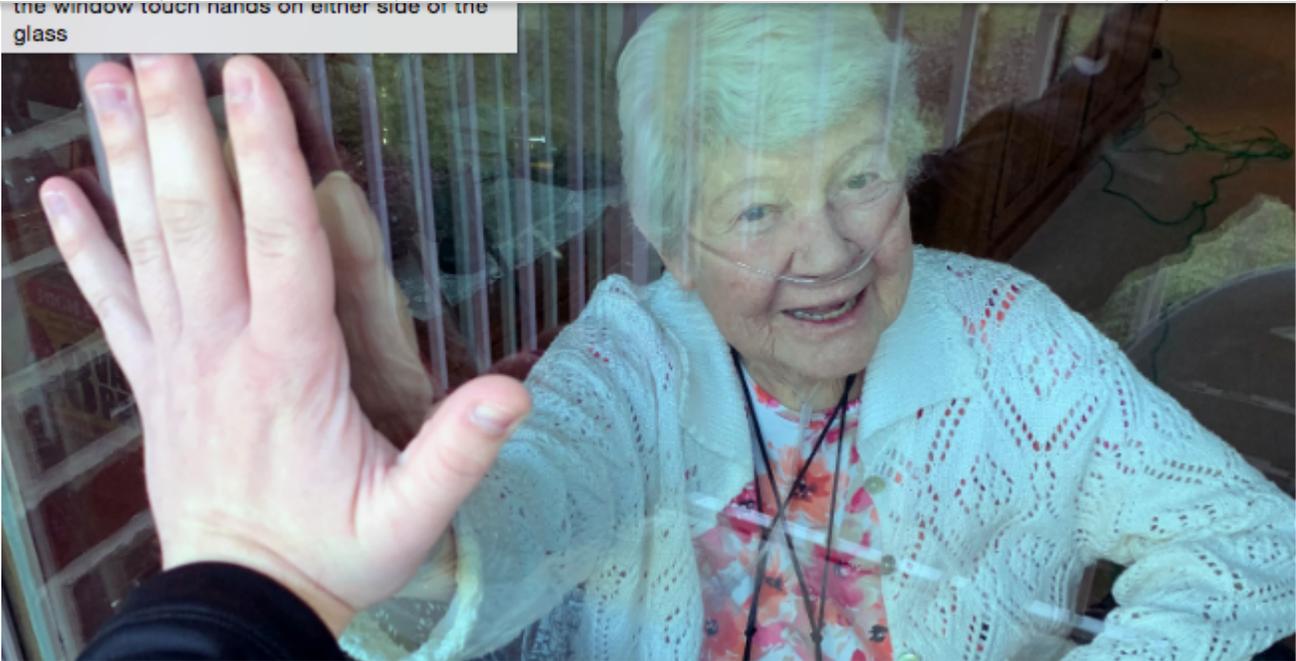
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## [Windows Bring Joy in a World Confused by Coronavirus](#)

**Families, friends finding ways to connect through a pane of separation**

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the window touch hands on either side of the glass



Patricia McGalliard, 92, gets as close as she can to her grandson, Erik Nisson, before they play tic-tac-toe and hangman on the glass at her retirement community in Chester, Connecticut.

*When Julia Adams' son called the other day to ask her to open her blinds and look out her third-story window, there he was, waving from the boom lift of his bucket truck.*

*Adams lives at Windsor Estates Assisted Living in New Middletown, Ohio, a couple of miles west of the Pennsylvania line, and was feeling a little cooped up because of the [COVID-19 quarantine](#). Her son, Charley, who usually visits her weekly, was missing her, too.*



Check out the [YouTube channel](#) of SGN. [Some Good News](#)



## Our Pandemic Summer

*What a difference a few months can make.*

*In January, the United States watched as the new coronavirus [blazed through China](#) and reached American shores. In February, hindered by an [unexpected failure to roll out diagnostic tests](#) and an administration that had [denuded itself of scientific expertise](#), [the nation sat largely idle](#) while the pandemic spread within its borders. In March, as the virus launched several simultaneous assaults on a [perilously stretched-thin health-care system](#), America finally sputtered into action, frantically closing offices, schools, and public spaces in a bid to cut off chains of transmission. Now, in April, as viral fevers surge through American hospitals and cabin fever grows in American homes, the U.S. has cemented itself as the new center of the pandemic—the country that should have been more prepared than any other, but that now has the worst COVID-19 outbreak in the world.*

*What will May bring? Or June? What happens as this seemingly interminable spring rolls into a precarious summer? When will things go back to normal?*

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### [The Future That Hollywood Feared Is Happening Now](#)

*The pandemic has hastened at-home viewing trends and will probably disrupt longtime traditions like the Oscars. Here's a season-by-season look at the movie calendar*

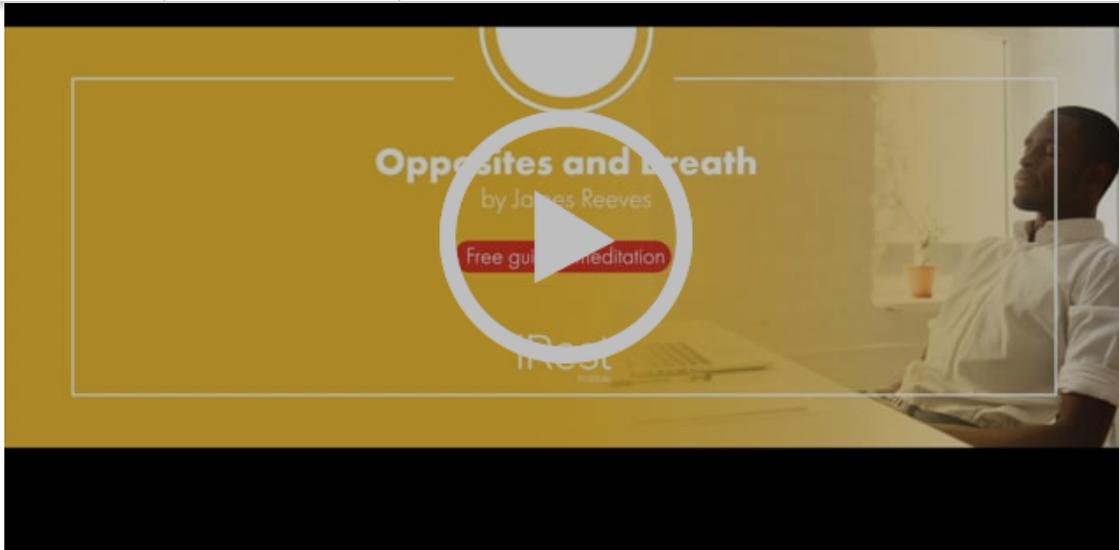


Alexa for seniors!

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An iRest meditation.



## Tips on Food, Shopping, Other Assistance

**Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com). All of our volunteers have been vetted.**

**Interested in volunteering to help out with errands? Please contact [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com) or call 415-332-3325.**

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET: Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm.** Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday for curbside pick up and orders must be in by 8 pm the night before and pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's: Senior shopping Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

**if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as [www.grubhub.com](http://www.grubhub.com), [www.doordash.com](http://www.doordash.com), or [www.trycaviar.com](http://www.trycaviar.com) . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing****

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## [Bounty Box](#)

*Fresh from the farmer's market to curbside*

CVS is offering [free delivery](#) of prescriptions and everyday essentials.

In Sausalito, "Grab and Go" bags of groceries are available at Marinship Park between 8:00 and 11:00 a.m. on Tuesdays and Fridays. The service is provided by Marin Mobile Care in conjunction with the mobile shower service sponsored by the Sausalito Police Department. The School District and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service [here](#).



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