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Happy Wednesday, Villagers



Community News



Hand Sanitizer Produced at WaveAdvance on Gate 5 Road available at no cost to our residents through Friday, April 17th.



WaveAdvance, LLC, the Marinship Emergency Medical Manufacturing Group and the Sausalito Working Waterfront Coalition executed on a plan to produce approximately 45 gallons of hand sanitizer to be made available to the residents of Sausalito at no cost. The location is 170 Gate 5 Road (across from the Cibo Bakery outlet). Dispensing of the hand sanitizer will take place from 11-1 pm through Friday, April 17th. Additional days will be added according to availability. Rather than procure hundreds of small plastic bottles, residents are asked to bring a small container with a cap that will be filled by a volunteer with up to 6 ounces of the hand sanitizer.

Ingredients were sourced from several distributors and mixed in compliance with the U.S. Pharmacopoeia Standards. The primary ingredient is 80% ethanol. The hand sanitizer was produced in compliance with the guidelines granted by the FDA for use during the Covid-19 public health emergency.



Face Coverings

Thanks to Flo Hoylman, pictured, and Esther Levandoski, another batch of fabric face coverings are ready. These are free of charge to Sausalito seniors and seniors in the floating homes. If you need a face covering, contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

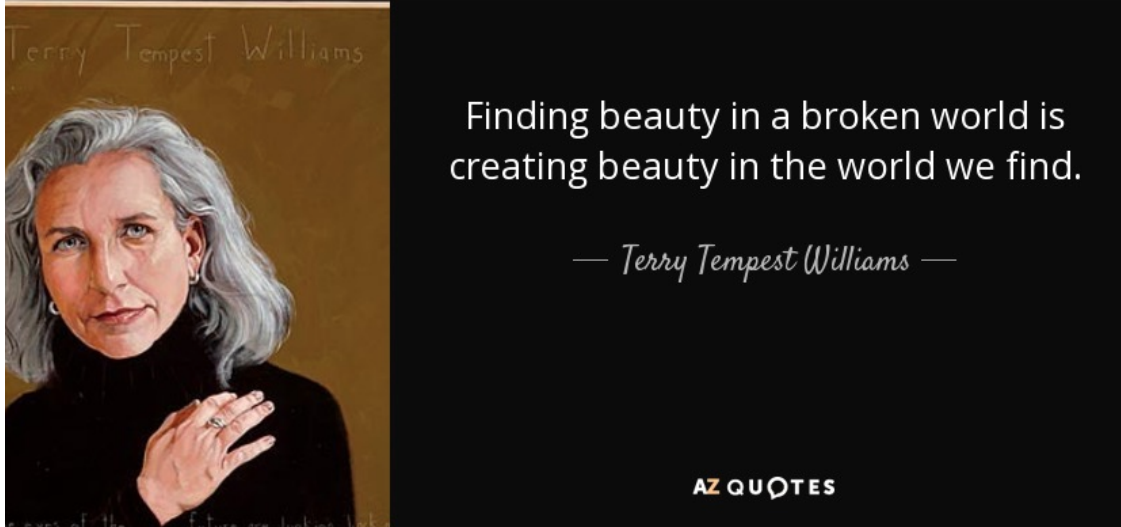
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[Aviation museums you can visit online right now](#)

We can't – and shouldn't – fly many places right now. And opportunities to participate in the social distancing-safe sport of [plane spotting](#) are becoming rare as airlines have cut back service around the world.

But AvGeeks can still fuel their passion by visiting some of our countries shuttered [aviation-themed museums](#) via their online virtual offerings and by taking a scroll through treasures in online databases.



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[Finding Beauty in a Broken World](#)

Our kinship with Earth must be maintained; otherwise, we will find ourselves trapped in the center of our own paved-over souls with no way out. --Terry Tempest Williams

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Safe at Home During COVID-19



Include pets in your emergency plan

Find someone to take care of your pets if you get sick. Have your pet's toys, food, medicine, carrier/crate, and more ready to go at a moment's notice. Have a back-up for your back-up.

Pets and COVID-19

According to the CDC, the Public Health Agency of Canada, the WHO, and the OIE, there is no evidence that companion animals, including pets, can spread COVID-19.

Responsibly stock up on pet supplies

Make sure to have at least a 30-day supply of pet food, treats, cat litter, and your pet's medications on hand.

Protect your pets if you get sick

If you aren't feeling well but can care for your pet, keep them at home with you.

If you are sick with COVID-19, restrict contact with pets, just like you would with people. Have another member of your household take care of your pet. If you have a service animal, or must care for your pet, wear a face mask, and wash your hands before and after any contact with them.

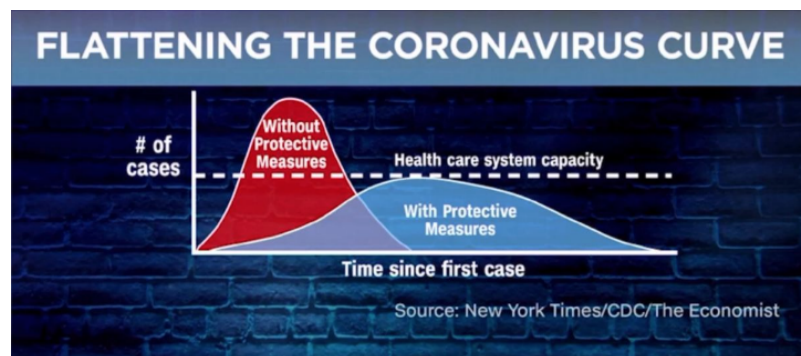
Enjoy your new coworkers

If you are not ill, you can interact with your pet as you normally would, including walking, feeding, cuddling, and playing. Soak it up.

From Marin Humane Society.

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MASH and the Corona Virus



A really well done and easy-to-understand [video](#) showing the science behind how the virus causes symptoms, testing, and flattening the curve.



Tips on Food, Shopping, Other Assistance

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email sausalitovillageconcierge@gmail.com. All of our volunteers have been vetted.

Interested in volunteering to help out with errands? Please contact sausalitovillageconcierge@gmail.com or call 415-332-3325.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).

- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior

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12. Call 415-729-9582 with phone number, list of items and credit card or local check.

- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as www.grubhub.com, www.doordash.com, or www.trycaviar.com . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.**



[Bounty Box](#)

Fresh from the farmer's market to curbside

CVS is offering [free delivery](#) of prescriptions and everyday essentials.

In Sausalito, "Grab and Go" bags of groceries are available at Marinship Park between 8:00 and 11:00 a.m. on Tuesdays and Fridays. The service is provided by Marin Mobile Care in conjunction with the mobile shower service sponsored by the Sausalito Police Department. The School District and Willow Creek

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[Marin](#) is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service [here](#).



FOR YOUR BODY

Note: On many of the videos we choose, continue watching for a series of additional videos from the same link.

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