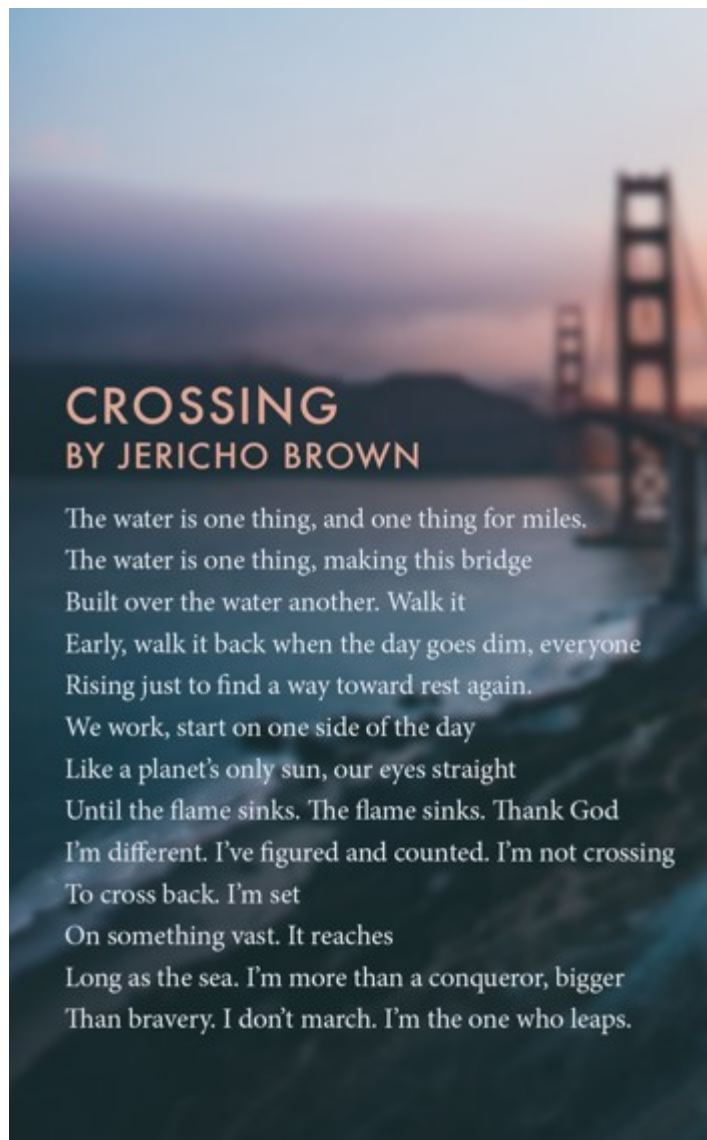




**Happy Sunday, Villagers**





## Easter at Christ Church

1. **Easter Sunday** Worship will be live-streamed from Grace Cathedral tomorrow morning (Sunday). To join the virtual service at 11 AM, click [HERE](#).
  2. **Easter Sunday Brunch** is a hallowed tradition at Christ Church. Before attending the virtual service at Grace Cathedral, join us for Zoom Easter Brunch from Campbell Hall. Make yourself a cup of coffee and your favorite Easter Sunday breakfast and join us at 10 AM by clicking [HERE](#).
-



### Searching for a Jesus Who Looks More Like Me

*A writer's Easter pilgrimage, from Jordan to Jamaica, to find a multiethnic image of Christ.*

*Close your eyes and imagine that Jesus is in front of you.*

*Is the man kneeling in prayer in the Garden at Gethsemane Chinese? Is the man sitting at the table of the Last Supper Navajo? Is the man dragging his cross toward Golgotha Nigerian? Or is the crucified figure a woman?*

*Likely as not, the image that presents itself to most Americans is of a lithe, bearded man with shoulder-length, chestnut-colored hair. And whether he is a dashboard Jesus or the*



*nearly 100-foot tall Cristo Redentor, arms outstretched atop a mountain rising over Rio de Janeiro, he is likely to be male — and white.*

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[The Best of Farm Aid 2019 on AXS TV](#). Relive performances recorded live last September at Alpine Valley Music Theatre in East Troy, WI. This will be an epic evening packed with incredible performances from Willie Nelson, Neil Young, John Mellencamp, Dave Matthews and Tim Reynolds, Bonnie Raitt, Luke Combs, Nathaniel Rateliff & The Night Sweats, Margo Price, Jamey Johnson, Lukas Nelson & Promise Of The Real, Yola and Tanya Tucker.

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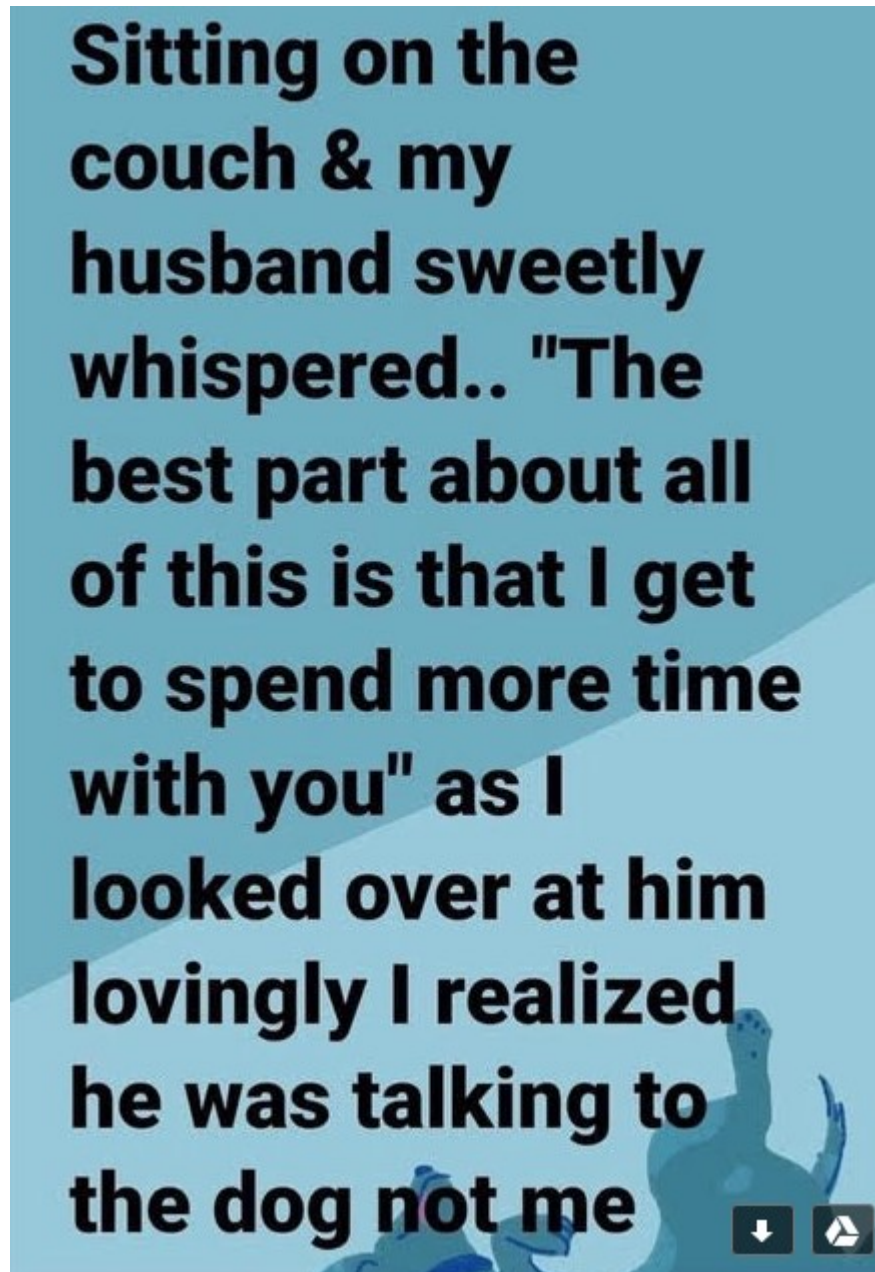


[More to enjoy from the California Film Institute \(CFI\) — at the movies at home!](#)

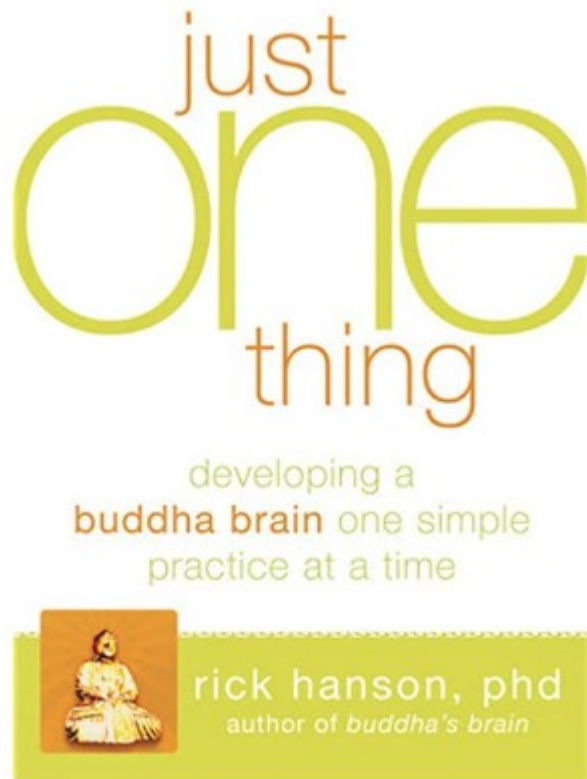
As we continue to shelter in place, CFI programmers have been contemplating how people engage with situations outside the ordinary, our relationship with the environment, and how we connect in disconnected circumstances. With that in mind, we continue our screening series with Mill Valley Film Festival Programming Manager Sterling Hedgpeth's selections, *For All Mankind* and *God's Own Country*, and Mill Valley Film Festival Programming Associate Celeste Wong's

selection, *Leave No Trace*. These are films about people in unusual situations, who find a new way to connect via the natural world.

[CLICK HERE](#) to read Zoë Elton's 2018 interview with Debra Granik, director/writer of *Leave No Trace*.



Corona Quips



## Just One Thing - Rick Hanson

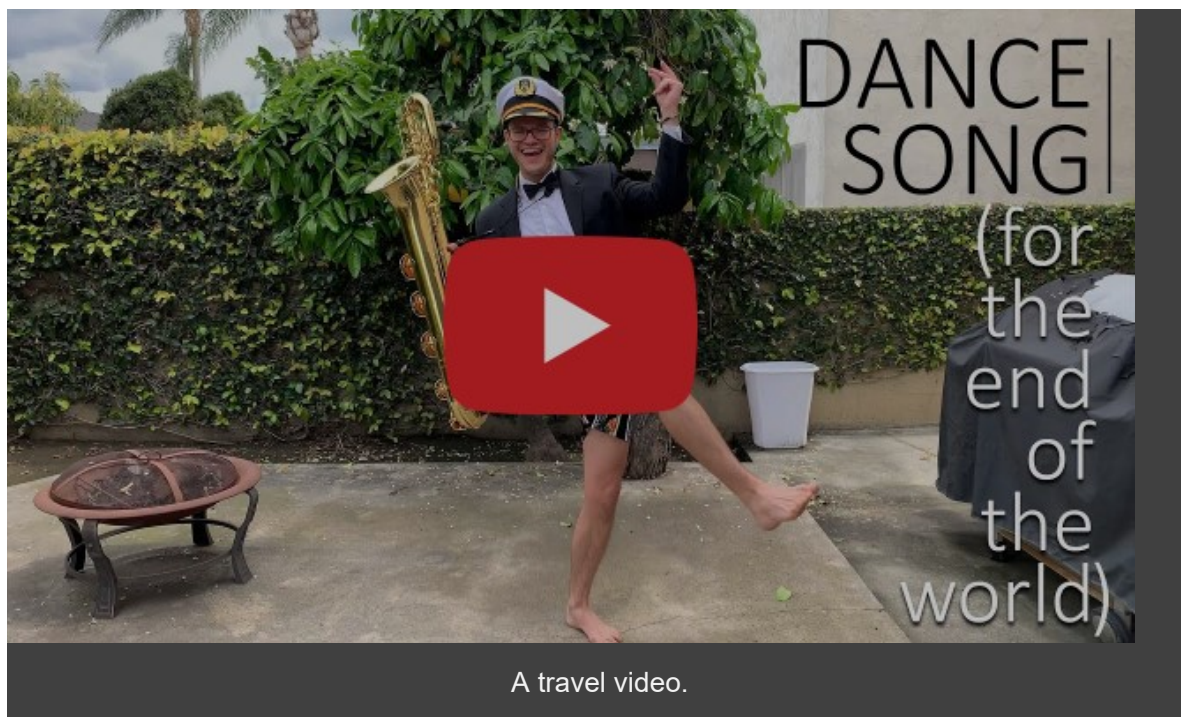
### [Is your mind wandering?](#)

#### ***The Practice:***

**Pay attention.**

#### ***Why?***

*Moment to moment, the flows of thoughts and feelings, sensations and desires, and conscious and unconscious processes sculpt your nervous system like water gradually carving furrows and eventually gullies on a hillside. Your brain is continually changing its structure. The only question is: Is it for better or worse?*



[12 of the most inspiring Fred Rogers quotes to get you through any crisis](#)

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## Tips on Food, Shopping, Other Assistance

Remember you can contact Sausalito Village/CARSS if you are in need of essentials - food, medication, and pet supplies. Call 415-332-3325 or email [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com). All of our volunteers have been vetted.

Interested in volunteering to help out with errands? Please contact [sausalitovillageconcierge@gmail.com](mailto:sausalitovillageconcierge@gmail.com) or call 415-332-3325.

More and more villagers are having their groceries delivered using online shopping such as [Mollie Stone's Instacart](#). All of the local stores using this service can be accessed via this link. If you need help setting this up, call 415-332-3325. The Chamber of Commerce has [information on all the local restaurants providing take out and delivery](#).



- **DRIVER'S MARKET:** Driver's is opening at 11 am on Tuesdays and Fridays as these are delivery days. Senior Shopping on those days will be 11 am – 12 pm. Regular Monday through Sunday hours are 9 am until 8 pm with the 9 to 10 am hours reserved for senior shopping. Curbside pickup is every day but Sunday for curbside pick up and orders must be in by 8 pm the night before and pick up between 11-12. Call 415-729-9582 with phone number, list of items and credit card or local check.
- **GOLDEN GATE MARKET: Senior Shopping 8-9 with 15% discount.** Curbside Pick Up - Order by phone at 415-332-3040. They will shop for you and have it ready for pick up. Credit card payment over the phone; prefer not to take checks.
- **Mollie Stone's:** Senior shopping **Tuesday/Thursday/Saturday 7-8** All cashiers have glass shields and there are blue lines to keep distance between customers.
- **Trader Joe's (Cost Plus): Senior Shopping 8-9.**
- **Whole Foods: 8-9**
- **Target Wednesdays 9-10**
- **Good Earth: 9-10**

**if you are ordering food to go, support our [local restaurants](#)! Many of them are registered with delivery services such as [www.grubhub.com](http://www.grubhub.com), [www.doordash.com](http://www.doordash.com), or [www.trycaviar.com](http://www.trycaviar.com) . You can also order delivery from [BevMo's Instacart](#). **Wash your hands after removing food from delivery containers.****

CVS is offering [free delivery](#) of prescriptions and everyday essentials. In Sausalito, "Grab and Go" bags of groceries are available at Marinship Park between 8:00 and 11:00 a.m. on Tuesdays and Fridays. The service is provided by Marin Mobile Care in conjunction with the mobile shower service sponsored by the Sausalito Police Department. The School District and Willow Creek Academy are offering free breakfast/lunch provided daily at BMLK campus 10:30 - 12:00 and hot lunches served on Tuesdays and Thursdays. [Play Marin](#) is also providing meals to those in need. And Port and Provisions delivers and has a special "no neighbor left behind" service [here](#).



## FOR YOUR BODY

Note: On many of the videos we choose, continue watching for a series of additional videos from the same link.



### [Here's How to Safely Exercise Outside During the Coronavirus Pandemic](#)

*Yes, it's still perfectly safe to step outside and get moving in most places, provided that you're healthy and aren't part of a [high-risk population](#). In fact, the CDC recommends physical activity as part of [its guidance](#) on staying well. "Create a menu of personal self-care activities that you enjoy," they write, including advice to "exercise regularly."*

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