



Photo by Sybil Boutilier
SV Trip to SF Botanical Gardens

Happy Friday, Villagers

And welcome to the our weekly Sausalito Village newsletter, a mix of local news, features, jokes, pictures, and information on events from around the village, virtually, and around the world. Please send your contributions by 10 am Thursdays to:

SausalitoVillageTips@gmail.com



Upcoming Events:

What's on the calendar?

Sausalito Village has a calendar full of events, most open to the entire community. Please take a moment and peruse the listings! [CLICK HERE](#)

Here are a few highlights:

Death Cafe - April 18

Poetry Night - April 21

In Person Sing Along at Campbell Hall - April 25

Supper Club at Sausalito Presbyterian Hall - April 27

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Sausalito Woman's Club Invite You To

**Sing Alone,
Sing Along, or
Just Enjoy the
Singing**

- **Solos & Duets encouraged**
- **Sing Alongs with words projected**
- **Andy Dudnick on piano**

Date:

Every 4th Monday

Time:

3:00-3:30 Socialize

3:30-4:30 Sing

Place:

Campbell Hall

70 Santa Rosa Ave.



Questions? Email SausalitoVillageRSVP@gmail.com

Rides available to all Sausalito seniors with CARSS

(Call A Ride for Sausalito Seniors) 415-944-5474

**JOIN US FOR OUR FIRST IN PERSON SING
ALONG SINCE COVID Monday, April 25th 3:00!!
WE'VE MADE SOME FUN CHANGES!
RSVP so we can plan food/drinks [HERE](#)**

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A harmonious hodgepodge of 61 melodies from 33 classical composers that... actually works.

What if [Mozart](#), Haydn, [Beethoven](#), Tchaikovsky and 29 other legendary composers were to come together, to create one work of ultimate genius?

They would probably never have been able to agree on anything – but thankfully, musician and YouTuber Grant Woolard has saved them the trouble.

Using tiny composer portrait heads as music notes on a staff, Woolard has created a stunningly precise medley of 61 different classical melodies, by 33 composers.

From Mozart and Haydn to Bach – both J.S. and C.P.E. – it's a wonderful mishmash of some of the classical music world's best-loved composers and their most hummable melodies.

Click [HERE](#) for the 6 minute Youtube Classical Composer mashup!

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AN EVENING OF POETRY

April 21. 2022 7 - 9:00 pm

Co-sponsored by the Sausalito Woman's Club and Sausalito Library.

Join us for a special virtual community gathering celebrating some of the best

poetry of our times. Explore where the particular and universal, the actual

and possible intersect. Hear readings from entrepreneurs, teachers, clergy,

parents, students, and award winning poets, as they share words that sear,

that soothe, that jostle our minds and mark our hearts.

For the Zoom link, click [HERE](#)



A species of fungi with electrodes recording spikes in activity. Andy Adamtzky found fungi communicate with a language similar to humans. Andy Adamatzky

Fungi Appear to Talk in a Language Similar to Humans

By Hannah Osborne

Fungi have been recorded having conversations, with a scientist finding they can communicate with a language similar to that of humans.

Over the last decade, researchers have found evidence that plants are able to communicate.

Research published in 2019 even suggested they "scream" when cut. Fungi are neither plant nor animal, instead belonging to their own kingdom. This includes yeasts, molds and mushrooms.

Andrew Adamatzky, from the Unconventional Computing Laboratory at the University of the West of England, Bristol, said he started looking for language in fungi out of curiosity.

He had previously found slime mold exhibited apparent cognitive abilities via spikes of electrical activity, so wanted to see if fungi did the same.

Read the rest of the story [HERE](#)



A JIFFY is an actual measurement of time

You've probably heard people say things like "I'll be there in a jiffy," using "jiffy" to mean a very short period of time — something like the blink of an eye. But it may surprise you to learn that for some scientists, the term has a more precise definition. That definition varies depending on who's doing the talking: The physical chemist [Gilbert Newton Lewis](#) (1875–1946) defined a jiffy as the length of time it takes for light to travel one centimeter in a vacuum. However, some physicists have defined a jiffy as the time it takes light to travel one femtometer — one millionth of a millionth of a millimeter. By this account, each second contains roughly three hundred thousand billion billion jiffys.

But a jiffy has also been defined outside of physics and chemistry. An electrical engineer, for example, might describe a jiffy as the time it takes for a single cycle of alternating current, which is 1/50 or 1/60 of a second depending on the electrical system. Whatever definition holds true, one thing is certain — no one in the history of the world has ever truly accomplished much "in a jiffy."



Oldest U.S. active park ranger retires at 100

Excerpted from AP, read full story [HERE](#)

Betty Soskin led tours at the park and museum honoring the women who worked in factories during wartime and shared her own experience as a Black woman during the conflict. She worked for the U.S. Air Force in 1942 but quit after learning that “she was employed only because her superiors believed she was white,” according to a Park Service [biography](#).

“Being a primary source in the sharing of that history – my history – and giving shape to a new national park has been exciting and fulfilling,” Soskin said in the Park Service statement. “It has proven to bring meaning to my final years.”

Soskin won a temporary Park Service position at the age of 84 and became a permanent Park Service employee in 2011. She celebrated her 100th birthday last September.

Soskin was born Betty Charbonnet in Detroit in 1921 but recalled surviving the devastating Great Mississippi Flood of 1927 while living

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Her family then moved to Oakland, California, and Soskin remained in the San Francisco Bay Area, where in 1945 she and her first husband founded one of the first Black-owned record stores in the area, the biography said.

She also was a civil rights activist and took part in meetings to develop a general management plan for the Home Front park. She has received several honors.

She was named California Woman of the Year in 1995.

In 2015, Soskin received a presidential coin from President Barack Obama after she lit the National Christmas tree at the White House.

In June 2016, she was awakened in her home by a robber who punched her repeatedly in the face, dragged her out of her bedroom and beat her before making off with the coin and other items. Soskin, then 94, recovered and returned to work just weeks after the attack. The coin was replaced.

Soskin also was honored with entry into the Congressional Record. Glamour Magazine named her woman of the year in 2018.

Have you read her book? "Sign My Name to Freedom: A Memoir of a Pioneering Life" published in 2018

The image shows the Medicare.gov logo in a green serif font, centered within a white rectangular box that has a thin green border at the top.A dark blue rectangular button with the text "Get over-the-counter COVID-19 tests" in white, bold, sans-serif font.

Good news! Starting this week, you can get up to 8 over-the-counter COVID-19 tests per month for free. You'll be able to pick up tests from eligible pharmacies and other participating healthcare providers.

Contact your local pharmacy to see if they are participating and to make sure they have tests available.

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Remember to bring your red, white, and blue Medicare card with you when you get your COVID-19 tests.

Over-the-counter at-home tests give rapid results and you can take them anywhere, regardless of your vaccination status or whether or not you have symptoms. [Visit CDC.gov](https://www.cdc.gov) to learn when to test yourself, how to use an over-the-counter test, and what your test results mean.



Rare Sumatran Rhino Born!

A huge triumph for conservation has been delivered in an adorable, furry little package. An extremely rare Sumatran rhino was born at the Sumatran Rhino Sanctuary in Way Kambas National Park in Indonesia, marking a new hope for the critically endangered animal.

Sumatran rhinos are the world's smallest rhino species, and only about 80 remain in pockets of South Asia. The International Rhino Foundation says without breeding programs like one at the Sumatran Rhino Sanctuary, the animal would already be extinct. Instead, their numbers are holding steady, and every time a new one is born, like this baby girl here, the species gets one step closer to thriving in the wild once again.

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HANG UP on Medicare! IT IS A SCAM!!

If you receive a phone call from Medicare telling you they are sending you a new card and need your information **HANG UP!!!** MEDICARE IS NOT SENDING NEW CARDS. Don't fall for this scam!!



Take a one week tour of Canada in 9 minutes and 12 seconds!



Calling all Sausalito Village Artists!

Our Annual Art Show and Reception is coming back!!
The last in person show was in 2019 due to covid. We had a virtual show in 2020 and now we have our new show on the schedule!

Whether or not you participated in any of our art shows before, we are hoping you will join us. All types of art are encouraged. We plan to have the show 'live in the library' from August 6 through September 24 with an opening reception Saturday August 6 at 5pm.

Teddie Hathaway is again organizing the exhibit, so please let her know of your interest. Her email is teddie@teddiehathaway.com.

This has been a very popular event that our entire Sausalito community came out to enjoy and support and we don't want to disappoint them this year - we all need something to look forward to!!

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Toddler and Pro Dance Off!

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CARSS Program

(Call A Ride for Sausalito Seniors)

CARSS (Call a Ride Sausalito Seniors) is a City of Sausalito Age Friendly Program for residents of Sausalito and the floating homes community, who are 60 and older. CARSS is managed by Sausalito Village with one goal in mind – to keep older residents connected to the community and safe as they age.

CARSS provides:

- **Free Rides around Sausalito and Marin City.**
Volunteers can also do errands.
- **Service available Monday, Wednesday and Friday between 10am–2pm.**
- **Schedule a Ride/Errand a day ahead or the same day. Need a ride at other times or days just call 48 hours before.**
- **Rides/Errands provided by vetted volunteers with their cars.**
- **Masks and proof of vaccination are required.**

RIDE FOR FREE WITH CARSS!

For more information go to www.carss4you.org or call **(415)944-5474** or infocarss4you@gmail.com



SV Death Cafe is BACK!!

Never been? Curious? Give it a try!!

MONDAY, APRIL 18, 4:00 PM

VENUE: ZOOM. Link will be sent shortly before the event.

Facilitated by Jim van Buskirk

With a little help from Annie Dorsey of Sausalito Village

As most of you will know, Death Cafés have become an international phenomenon, with literally thousands of them spontaneously occurring all across the globe and sparking interest among all age groups. The cafés involve tea, cake and a safe, respectful space where you can feel comfortable sharing questions, curiosity, fears, beliefs and stories about any and all aspects of death: grief, mourning and bereavement, end-of-life planning, metaphysical issues, exploration of new

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Common to humor and laughter are a hallmark of these gatherings. They are anything but depressing! Register online and the ZoomRoom link will be provided by email shortly before the event.

More info and to Register [HERE](#)



A 1956 Ford Edsel is displayed at the Museum of Failure in Los Angeles on Dec. 7, 2017. The Edsel is often considered the poster child for commercial flops.

The Museum of Failure Celebrates Flops and Fiascoes

Some of the biggest, richest and smartest companies in the world have a long track record of spectacular fails.

Remember [Google Glass](#)? Time named the augmented-reality eyewear one of the "[best inventions](#)" of 2012, but the public strongly disagreed and decried its weirdo wearers as "glasssholes." Apple, arguably the most successful technology company in the world, was also the creator of the doomed [Newton](#), a clunky touchscreen PDA

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It's easy (and fun) to laugh at the misfortunes of billionaires, but it's also instructive, says Samuel West, Ph.D., an organizational psychologist and the founder/curator of the [Museum of Failure](#), a touring collection of product flops and fiascos.

"We need to accept failure if we want progress and innovation," says West. "You can't have innovation or progress without taking meaningful risks, and as soon as you try to be innovative, there's going to be failure. There's no way around it."

Read entire story about more failures [HERE](#)



Simple to learn Tai Chi Form for Marin's Older Adults of all Abilities –conveniently taught in-person via Zoom - requires internet computer or tablet with webcam.

Enrollment is Limited – for Registration click [HERE](#)

Click on Fitness - Full Series or Call (415) 289-4152

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Beginning & continuing
Meeting 2 X per week for 8 Weeks:
Tues. & Thurs. 12:30 pm–1:30 pm

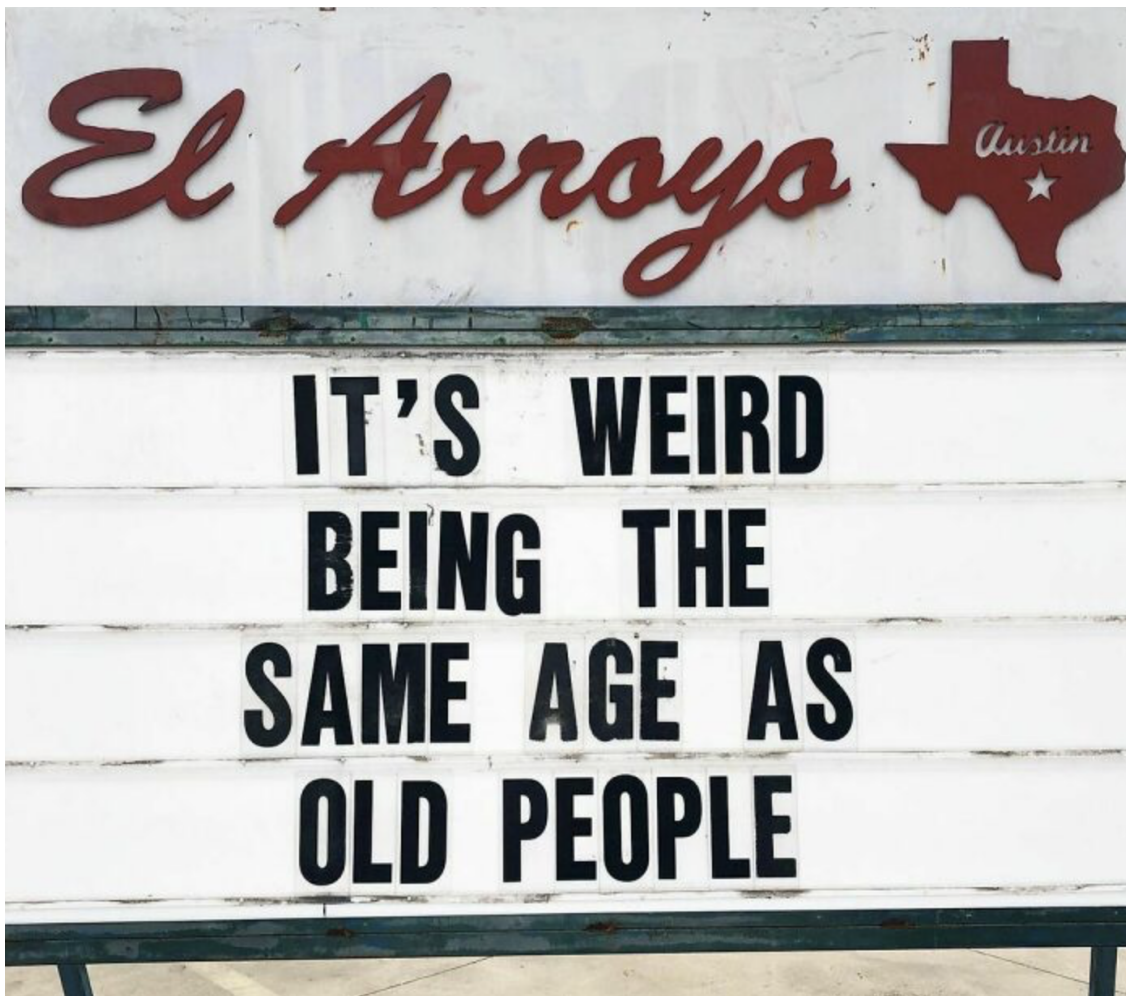
Part 2 –Intermediate
Meeting 2 X per week for 8 Weeks:
Tues. & Thurs. 2:00 pm – 3:00 pm

All Classes are Led by Tai Chi for Health Institute Board Certified Community Instructors from Age Friendly Sausalito and Dominican University of California.

**For Questions Contact: agefriendlysausalito@gmail.com
or call (415) 331-1393**

Funding for this program, in part, is made available by the Older Americans Act, administered locally by the Marin Department of Health and Human Services, Aging and Adult Services* and by Marin County Parks

**(voluntary contributions are welcome, but there is no obligation to contribute and service will not be denied based on ability to make any contribution).*



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Join Rayner every Monday live (on zoom) at 11am. See Sausalito Village website calendar

Stretch & Strengthen with Rayner



Joana Alegre Concert at IDESST Portuguese Hall

The Consulate General of Portugal in San Francisco and the Sausalito Portuguese Cultural Center are honored to invite you to an intimate concert by Joana Alegre, accompanied by pianist Vicente Palma.

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and vocal coach. From her Portuguese roots, classical musical training and dreamy voice comes a captivating sound that is bound to leave you asking for more.

WHEN: April 30, 2022. Doors open at 5:30 PM for no-host bar and light snacks. Concert starts at 7:00 PM.

RSVP: Click [HERE](#) to purchase tickets (\$20 donation suggested to defray costs of technical equipment rentals).

We hope you're able to join in the fun!

**Want to sit with other Sausalito Village members who will attend?
Email SausalitoVillageRSVP@gmail.com**

Need a ride? Reserve a ride with Sausalito Village! Call 415-332-3325 by April 28th.



Isn't it time to let someone else do the laundry???

If the bending and twisting of doing your laundry is putting you at risk of injury, it is time to let someone else do it for you!

Wendy of Sunshine Laundry is offering a discount for Wash and Fold Laundry for seniors in town combined with CARSS (Call A Ride for Sausalito Seniors) pick up and delivery!

Interested in more information? Email

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Do you have your own favorite laundry service in town? You can still call CARSS for pick up and delivery any Monday/Wednesday/Friday.



24 Classic Folk Songs



For information about our programs, events, emergency preparedness, COVID resources, archived copies of our weekly newsletters, visit the continuously updated Sausalito Village [website](#).

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