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Send in a photo to SausalitoVillageTips@gmail.com

Happy Friday, Villagers

And welcome to the our weekly Sausalito Village newsletter, a mix of local news, features, jokes, pictures, and information on events from around the village, virtually, and around the world. Please send your contributions by 10 am Thursdays to:

SausalitoVillageTips@gmail.com

UPCOMING
EVENTS

What's on the calendar?

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Sausalito Village has a calendar full of events, most open to the entire community. Please take a moment and peruse the listings! [CLICK HERE](#)

Here are a few highlights:

Movie Group and Discussion of 2021 West Side Story - March 16

St. Pat's Dinner Delivered to your door March 17 - deadline March 12

Academy Award Group Watch Party - March 27

Lunch About Town - March 30

Trip to SF Botanical Garden + Happy Hour - April 6

Death Cafe - April 11

Supper Club - April 27



SV/CARSS Lunch About Town is BACK!!

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is a group lunch at a local restaurant. The restaurants provide separate checks so that each individual can order as much or little as they want. We change it up - some are fancier and more expensive than others. We try to provide a price point for everyone.

LAT is open to all Sausalito Village and CARSS (Call A Ride for Sausalito Seniors)

Members and Volunteers.

Door to door rides are provided by CARSS.

Here is info about our first one:

Have you been to the iconic Trident recently? Take this opportunity to enjoy

the impressive woodwork (done by Druid Heights carpenters) and beautiful view. Click

[HERE](#) for the website and menu.

WHEN: Wednesday, March 30th, 11:30am - 1:00pm

WHERE: Trident Restaurant, 558 Bridgeway

RSVP: CLICK [HERE](#)

CARSS RIDE: Email InfoCARSS4You@gmail.com or call 415-944-5474 to reserve your ride by Monday, March 28th

Rather drive? Validated parking - 1st hour free, 2nd hour \$6.



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April 21, 2022 7 - 9:00 pm

Co-sponsored by the Sausalito Woman's Club and Sausalito Library.

Join us for a special virtual community gathering celebrating some of the best poetry of our times. Explore where the particular and universal, the actual and possible intersect. Hear readings from entrepreneurs, teachers, clergy, parents, students, and award winning poets, as they share words that sear, that soothe, that jostle our minds and mark our hearts.

Hyperlink to register: Click [HERE](#)



Feeling down?

**Call this hotline for some kid-created joy
707-998-8410**

**Peptoc provides callers with words of encouragement from
young students**

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Inundated with the harsh realities of the world right now? [Just call 707-998-8410](tel:707-998-8410) for words of wisdom, encouragement, and life advice from a group of eager elementary school children. It's a small, but needed, dose of joy.

"Hi, welcome to Peptoc, a public art project by West Side School," a child recites to you when you call the number. The kid-led menu then shares a few pick-me-up options: "If you're feeling mad, frustrated, or nervous, press 1. If you need words of encouragement and life advice, press 2. If you need a pep talk from kindergartners, press 3. If you need to hear kids laughing with delight, press 4. If you would like to make a donation to support this project, please press 6. For encouragement in Spanish, press 5." Each option takes you to a variety of children's voices, insights, and in one case, just laughter.

The free hotline, called Peptoc, is a public art project created by two teachers and students at West Side Elementary in Healdsburg, California. The educators and artists, Jessica Martin and Asherah Weiss, wanted to provide a positive respite for callers using the inspiring words of their students. The hotline was launched on Feb. 26 and quickly shot up to hundreds of callers every hour, NPR reported. Since then, the hotline has reached [thousands of people](#), and Martin explained to Mashable over email that Peptoc currently averages 3,000 callers each day.

Read entire Mashable article [HERE](#)



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Dinner!

St. Patrick's Day is just around the corner and we don't want you to miss out from having a good Irish meal to celebrate!

Volunteers will deliver meals to your door on March 17th, in the afternoon (more exact time will be given). Mollie's will be whipping up Corned Beef and all of the fixings. A complete salmon dinner will be offered as an alternate.

\$20 for the meal and dessert delivered to your door. No limit on the number of meals you would like to purchase as long as they are being delivered in Sausalito or the floating homes. Reserve and pay for your meals [HERE](#)



Academy Award Group Viewing Sunday, March 27th, 5pm

Hosted by Sausalito Village Movie Group. Held at Sausalito Presbyterian Church's Thompson Hall.

Proof of vaccination required. CARSS rides available. Limited space.

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Virtual Ancient Rome in 3D - Via Sacra at Constantine I time: Walking From Colosseum to the Forum

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CARSS Program

(Call A Ride for Sausalito Seniors)

CARSS (Call a Ride Sausalito Seniors) is a City of Sausalito Age Friendly Program for residents of Sausalito and the floating homes community, who are 60 and older. CARSS is managed by Sausalito Village with one goal in mind – to keep older residents connected to the community and safe as they age.

CARSS provides:

- **Free Rides around Sausalito and Marin City.**
Volunteers can also do errands.
- **Service available Monday, Wednesday and Friday between 10am–2pm.**
- **Schedule a Ride/Errand a day ahead or the same day. Need a ride at other times or days just call 48 hours before.**
- **Rides/Errands provided by vetted volunteers with their cars.**
- **Masks and proof of vaccination are required.**

RIDE FOR FREE WITH CARSS!

For more information go to www.carss4you.org or call **(415)944-5474** or infocarss4you@gmail.com

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A Gathering for Peace, 2022

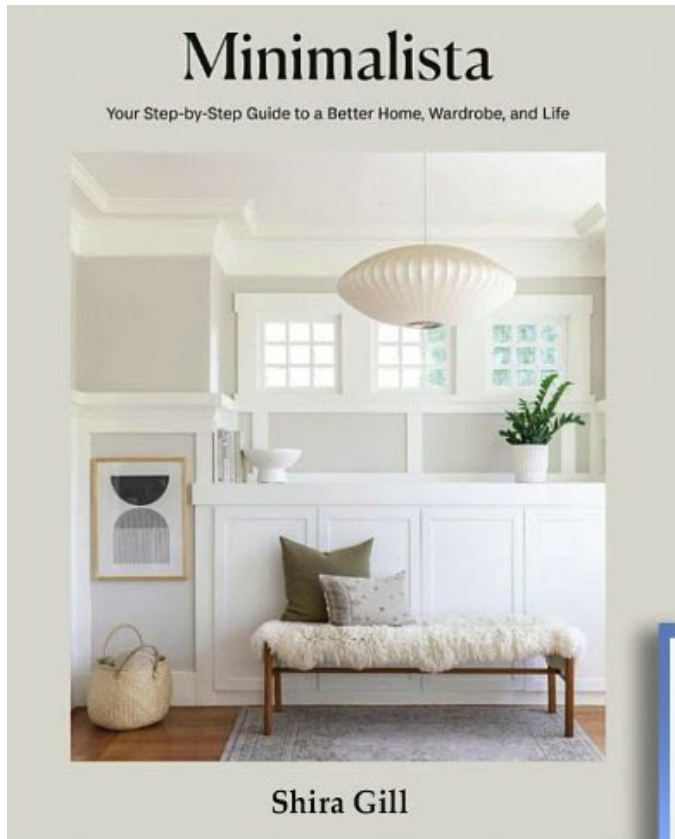
All are welcome to a gathering for peace Monday night, March 14, 6:30p-7:30p. With words, music, silence, reflection, prayer and the lighting of candles, we will join our hearts in solidarity with the Ukrainian people and all those suffering from war. We welcome neighbors near and far to join together in union with all peace-loving people, religious and secular, friend and stranger, in our collective yearning for peace.

Sausalito Presbyterian Church, 112 Bulkley Avenue, Sausalito

For Zoom instructions or other questions: Please call 415-332-3790 ext. 10, or email sausalitopres@gmail.com

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Masks are encouraged but not required. Vax not required by the Presbyterian Church.



Hosted by:


**BAY AREA
BOOK
FESTIVAL**



Join Women Lit and enjoy special events like this upcoming one in Sausalito

March 13th, 3–5pm

Bay Area Book Fest Women Lit Event

with Author Shira Gill

The Pines Mansion on Miller Street, Sausalito

book *Minimalista*— just in time for spring cleaning and sorting through all the COVID clutter as we emerge post-pandemic... even if you aren't a "minimalist"!

Membership in Women Lit entitles you to many more such salons with renowned authors AND helps elevate women's voices by presenting women writers from around the world at the annual Bay Area Book Fest. Support women writers and connect with like-minded ladies of literature.

This is a private event for Women Lit members, but sign-up now (only \$50 a year) and you'll get to join us for this intimate tea party (with wine!) at the historic Pines Mansion. Women Lit events offer inspiration, broaden horizons, and build bonds.

[Click here to JOIN & REGISTER for this event.](#)



A car drives on a road in Yellowstone National Park in 1927. Kirn Vintage Stock/Corbis via Getty Images

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National park — 20 incredible photos show its unmatched beauty

Click [HERE](#)



Join Rayner every Monday live (on zoom) at 11am. See Sausalito Village website calendar

Stretch & Strengthen with Rayner



What is the Difference Between a Road, Boulevard, Avenue....

The basic premise behind road-naming conventions, which are fairly consistent around the world, is that the name bestowed upon a road depends upon its size and function. A road, for example, is a path that connects two points. Generally, roads head out of town or away from the [heart of a city](#). A street, in contrast, is a public road with buildings on both sides. This means that a street is also a road, but a road isn't necessarily a street.

Avenues generally run perpendicular to streets but also have trees and buildings on both sides. And each municipality decides in which direction to place its streets and avenues. In Manhattan, for example, avenues run north and south, while streets run east and west. In Denver, it's the opposite. And in Tucson, they got innovative, calling the roads running diagonally to streets and avenues "stravenues" (postal abbreviation = STRA).

So streets, avenues and roads are the main names for our passages. But here are some other common road definitions.

- **Boulevard:** A wide street with trees and other vegetation on one or both sides and, often, a median to divide traffic.
- **Court:** A street ending in a loop or a circle, aka a cul-de-sac.
- **Crescent:** A winding, curved road that typically attaches to another road at each end.

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- **Lane:** A narrow road that typically leads to a residential zone. Lanes are often found in rural areas.
 - **Place:** A road or street with a dead end that's not a loop or circle.
 - **Terrace:** A street following the upper portion of a slope.
 - **Way:** A small street branching off a road. These passages are usually short and often feature a dead end.
-



The main function
of the little toe on your foot
is to make sure that
all the furniture in the house
is in place.



Why 'Wednesday' Isn't Pronounced the Way It's Spelled

What's in a name? Wednesday Addams may owe a debt to the Germanic god Wodan.

Most Americans don't pronounce the first "d" in Wednesday. But there it is, sitting pretty. So what gives?

Well, that's a question for the ages. The Middle Ages, to be exact.

The medieval period, also called the Middle Ages, is a period in European history that stretches from the fifth to the 15th century C.E. It's also a time that had great influence over the dialects that would eventually form our modern English language.

American English is rooted in ancient European languages. As far back as the fifth century, several related Germanic dialects were introduced to Anglo-Saxon realms in what is now Scotland. As people interacted, languages fused and a dialect known as Old English emerged. This "[borrowed](#)" language, which sprung from many roots, continued to transform over the centuries. It later took on the influence of Romance languages, which sprung from Latin, as well as a version of the French language spoken by Viking raiders who conquered areas of England. By the 11th century, this new variety of English became known as Middle English.

Even now, language continues to change and adapt because of the influences of a variety of cultures and developments. The Merriam-Webster Collegiate dictionary, for instance, recently upped its content count by more than 1000 words, adding specimens like binge-watch, photobomb and truther.

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Shopping Errands and Trips

RSVP to infocarss4you@gmail.com or (415) 944-5474

Trip to Safeway in Strawberry

Monday, March 14th

A volunteer will take you shopping



Shopping at TRADER JOE's in Greenbrae

Friday, March 29th

A volunteer will shop for you



Trip to Dollar Store in San Rafael

Wednesday, April 13th

A volunteer will take you shopping



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Click [HERE](#) for full list



Family Caregivers: Resources, Guidance and Support March 21, 3:30pm

The MCCOA Health and Nutrition Committee invites you to a presentation, "Family Caregivers: Resources, Guidance

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With the speakers, experts with professional and personal experiences, will present practices and tools that can be used by family caregivers in everyday situations.

Speakers:

- Amanda Hartrey, Licensed Marriage and Family Therapist with Family Caregiver Alliance, has worked in elder care and caregiving for 12 years.
- Amy Simpson, MSCCC-SLP, is the Senior Speech Language Pathologist at MarinHealth Medical Center and a caregiver for her father who suffers from dementia.

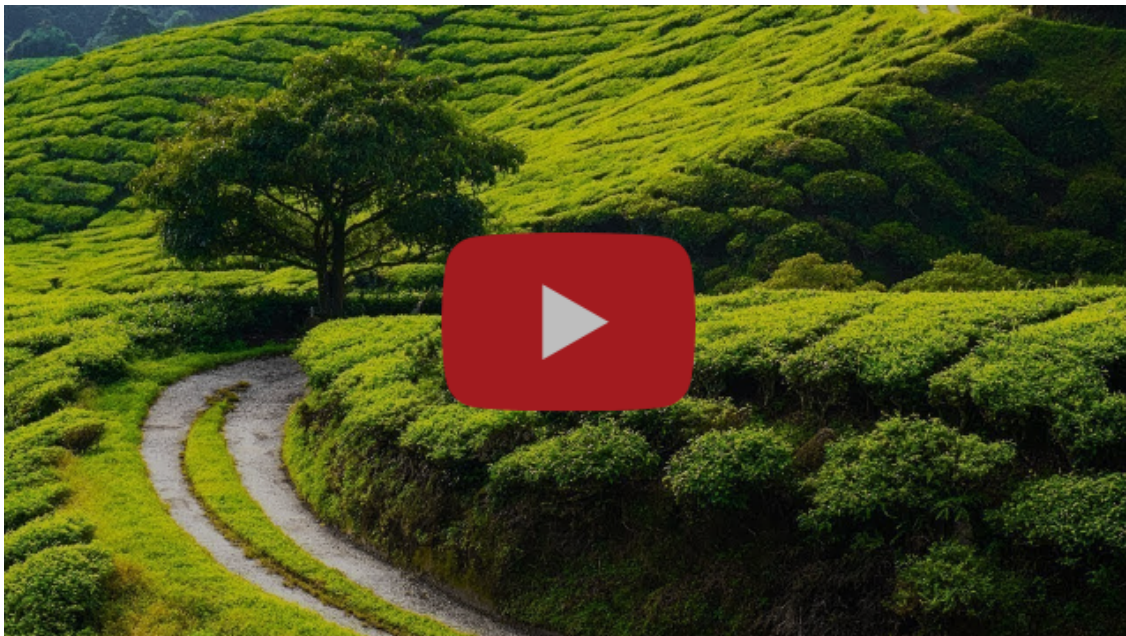
Zoom link to be used at the time of the meeting:

[https://us06web.zoom.us/j/85887379075?
pwd=clRwK3p1RkxkN0szQnJzSG1wUHl0dz09](https://us06web.zoom.us/j/85887379075?pwd=clRwK3p1RkxkN0szQnJzSG1wUHl0dz09)

Meeting ID: 858 8737 9075

Passcode: 369660

Call In: +1 669 219 2599



Relaxing music for nerves 🌿 healing music for the heart and

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