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Wishing you all of the joys of the season

Happy Friday, Villagers

And welcome to the our weekly Sausalito Village newsletter, a mix of local news, features, jokes, pictures, and information on events from around the village, virtually, and around the world. Please send your contributions by 10 am Thursdays to: <u>SausalitoVillageTips@gmail.com</u>

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In a recent New York Times column, entitled "How we're holding it together," Melissa Kirsch writes that "these past few weeks, we've been reminded (again) ... that there's no straight path from not-normal to normal. It's twisty, pocked with potholes, drawn out by detours, roadwork ahead."

For Kirsch the arrival of the new Covid variant Omicron has meant shelving a long-anticipated trip, postponing a holiday family gathering, and "un-laying" other well-laid plans. She writes that reading these lines by the ancient Roman poet Horace is one activity that has helped her to "hold it together" in the face of these disruptions.

Always expect reversals; be hopeful in trouble, Be worried when things go well. That's how it is For the man whose heart is ready for anything. It's true that Jupiter brings on the hard winters; It's also true that Jupiter takes them away. Subscribe Past Issues

Apollo isn't always drawing his bow;

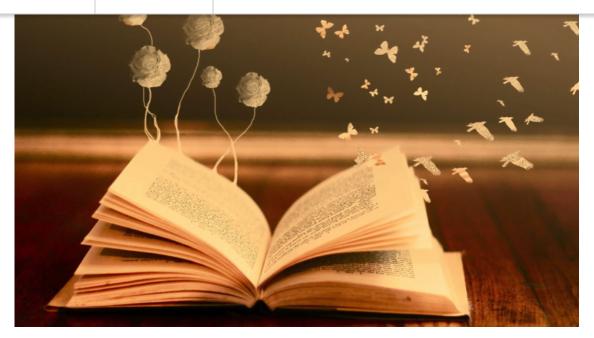
There are times when he takes up his lyre and plays,

And awakens the music sleeping upon the strings.



This young man is a relative of one of our readers. He plays all of the instruments and created the animation too!

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The best books of 2021: These 17 titles received fourstar reviews from USA TODAY critics

A convent full of <u>witchy, medieval nuns</u>. A haunted Minneapolis bookstore. A romance between two enslaved Black men. A cult preparing for the apocalypse. They've little in common, except they're all subjects of some of this year's best books.

While we've got plenty of gripes with 2021, one thing the past year got indisputably right is books. The year delivered an embarrassment of literary riches: Jonathan Franzen returned to form with a Midwestern opus for the ages; Irish phenom Sally Rooney continued her hot streak with her best novel yet; Humorist Jenny Lawson mined her mental health for much-needed laughs and insight; and master of the form Joan Didion even released a freshly gathered collection of wordperfect essays.

They are among the 17 books USA TODAY critics gave perfect $\star \star \star \star$ (out of four) reviews. Here's the complete list of this year's best reads. <u>CLICK HERE</u> to read the article 1/6/22, 4:47 PM

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BOBBY DEFENSION AND THE POWER OF THE PENTATONIC SCALE



The 100 greatest innovations of 2021

From Popular Science Magazine online

Never in recent history has the world been so engrossed by the most mundane stages of the scientific process. But for the last two years, each incremental step in science—from lab research to understand the evolution of COVID-19 and develop a vaccine

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one thing: Hope.

Popular Science chose the top innovations in 10 categories of science: Health, Gadgets, Auto, Personal Care, Aerospace, Engineering, Entertainment, Home, Security and Sports/Outdoors. Read the entire article and lists <u>CLICK HERE</u>



15 Best Chocolatiers in the World: Where to Find Amazing Chocolates

Luxury Columnist

The best chocolates in the world come from chocolatiers who have been making chocolates for generations. The wonderful thing about chocolates is that they can be made anywhere and still taste amazing.

There are chocolatiers all over the world, but some of them specialize in certain flavors or make interesting shapes. In this article we will talk about where to find these premium chocolate makers and what makes their chocolates so special!

The best chocolatiers in the world are able to create their chocolates from scratch, which results in a high quality product that is unparalleled. When you buy chocolate online or at your local grocery

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product that doesn't really taste like chocolate at all.

Read more about the 15 Best CLICK HERE



New Years Eve Dinner Delivered - RSVP Now!

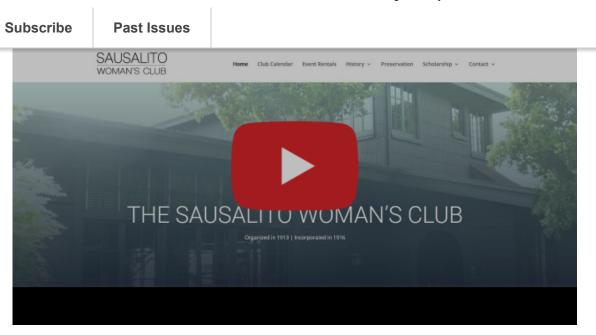
Thanks to a positive response for the holiday meals, we will be offering a New Years Eve meal, delivered between 11am and noon on Friday, December 31st. RSVP by December 28th.

The complete meal choices include Tri-tip, Ham, Salmon and Vegetarian Lasagne with the trimmings and dessert. Price per meal is \$20, open to ALL seniors in Sausalito and the floating homes.

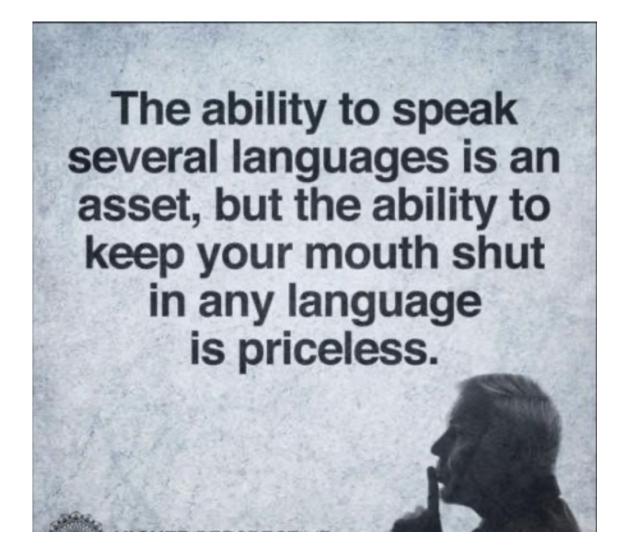
Here is the link for more information and payment: <u>CLICK HERE</u>

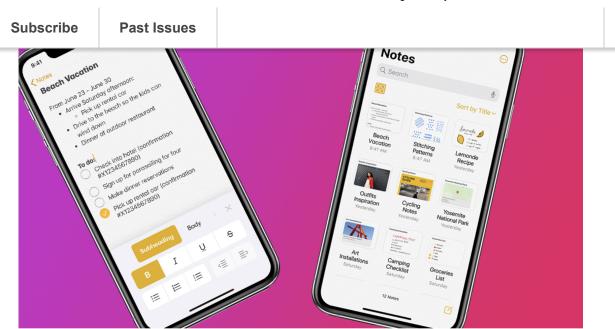
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Translate -



Sausalito Woman's Club Holiday Talent Show 2021 - START AT 45 minutes





13 Things You Didn't Know Apple's Notes App Could Do

PC Magazine

The Notes app built into Apple devices has long offered people a quick and convenient way to save lists, thoughts, and other random items. And while Apple initially shunned the bells and whistles found in the top <u>note-taking apps</u>, it has slowly beefed up Notes each year.

A 2019 update added a gallery view, checklist options, subfolders, and shared folders. In 2020, Notes got a better search tool, widget support, and Apple Pencil compatibility. This year's upgrade to \underline{iOS} <u>15</u> or \underline{iPadOS} <u>15</u> adds tabs and smart folders.

Once you've installed the latest update (**Settings > General > Software Update**), here are 20 things you can accomplish with the Notes app.

Read article <u>CLICK HERE</u>





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Class is CANCELLED on 12/27, enjoy this Youtube in the meantime. Join Rayner every Monday live (on zoom) at 11am. See Sausalito Village website calendar

Stretch & Strengthen with Rayner



Have you enjoyed a Stretch and Strengthen Class with Rayner on Zoom or Youtube?

If you have enjoyed one of the classes posted every week in this newsletter or taken the class 'live' on zoom on Monday mornings, please take a moment to give thanks to the two people who make it possible.

Rayner Needleman has been teaching for Sausalito Village for 10 years, as a volunteer dedicated to keeping us moving and fit. During the pandemic, Sharon Seymour volunteered to get the class going on Zoom and keep it going. We have set up Kudoboard for you to provide your thanks. If you have trouble, email your comments to SausalitoVillageRSVP@gmai.com

Rayner: <u>CLICK HERE</u> Sharon: <u>CLICK HERE</u>

Thank you!!



RIDERS (AND DRIVERS) ALWAYS NEEDED!

Sign up today for free door to door rides around town and Gateway Shopping Center - for ANY reason! Get your hair done, go to the dentist, go down to the waterfront for a flat walk....whatever! As long as it is within the hours of 10am and 2pm.

Rides are provided by vetted volunteers in their own cars.

All riders and drivers must be fully vaccinated and wear masks in the car.

More information and to download an application, go to <u>www.CARSS4you.org</u> OR phone 415-944-5474

CARSS is a City of Sausalito Age Friendly Program managed by Sausalito Village. Always looking for volunteer drivers too!



3 hours of relaxing holiday music

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For information about our programs, events, emergency preparedness, COVID resources, archived copies of our weekly newsletters, visit the continuously updated Sausalito Village <u>website</u>.

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