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Vina Del Mar Plaza Decorated for the holidays

Happy Friday, Villagers

And welcome to the our weekly Sausalito Village newsletter, a mix of local news, features, jokes, pictures, and information on events from around the village, virtually, and around the world. Please send your contributions by 10 am Thursdays to:

Sausalito Village Tips@gmail.com

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IMPORTANT: Stretch and Strengthen with Rayner is cancelled this week but check the hour long video from last week later in the newsletter!

The Full Calendar of Village Events can be found on the SV Website, <u>CLICK HERE</u>

Most events are open to the entire community. We look forward to seeing you!

DON'T MISS this weekend's City of Sausalito holiday happenings! Friday, December 10th 4pm Santa arrives on Caledonia Street and stores stay open late

Saturday, December 11th, 6pm Lighted Boat Parade starts followed by fireworks over the bay

All month - Gingerbread House Tour!

CLICK HERE for entire month of events

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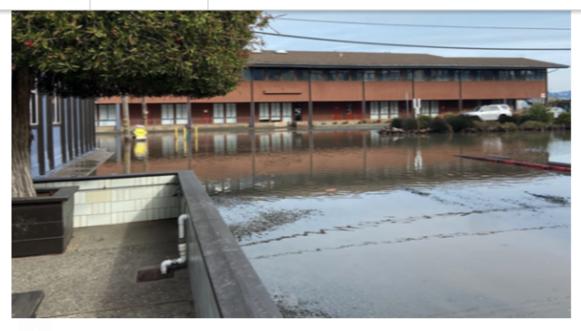
Request A Trader Joe's Be Built in Gateway Shopping Center

On December 22nd the CVS store in Gateway Shopping Center in Marin City will be closing and the large space will be vacant. Wouldn't it be great to have a Trader Joe's? TJ's has a link for people to request a store open in their area....let's give it a go, you never know!

Here is the link: CLICK HERE

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Tidal flooding at Heath Ceramics on Gate 5 Road

Take a Survey on Sea Level Rise in Sausalito

You can help Sausalito prepare for sea level rise by taking a brief <u>online survey</u> created by the City's <u>Sea Level Rise Task Force</u>. The survey includes 20 multiple choice questions and should take only 5-10 minutes to complete. Registration is not required.

Mayor Jill Hoffman formed the Sea Level Rise Task Force in March 2021 to jump start planning efforts in Sausalito, including conducting initial research around vulnerabilities and opportunities. Membership consists of two councilmembers, representatives from City commissions, and community members with subject matter expertise. An initial <u>report and recommendations</u> were <u>presented</u> to the City Council on November 16.

The task force has also created a new <u>Sea Level Rise</u> page and <u>FAQ</u>on the City website. When survey results are available, they will be published to the page. An interactive map showing various sea level rise scenarios for Sausalito and their impacts is also in development.

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Photo of Phoenix Zoo

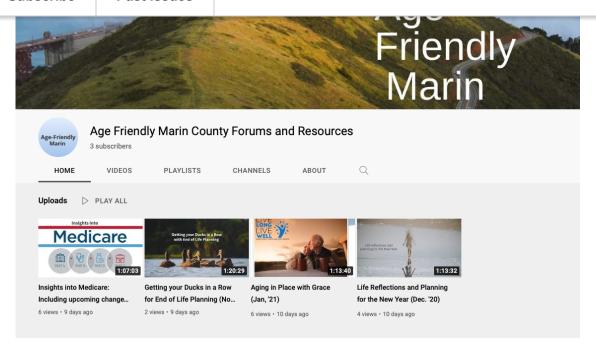
50 Best Places to See Holiday Lights - One in Every State

The holidays are lit at these renowned holiday light displays, drivethrus, and festivals around the U.S.

The holidays are here again and if you're feeling grinchy, there are literally hundreds of places around the country where you can see colorful lights and soak in the spirit of the season. We've rounded up the best of the best spots to visit this holiday season, so gather your crew, make some hot cocoa (don't forget the marshmallows!), and get in the car for these holly jolly holiday displays. READ MORE AND SEE PHOTOS on Fodor's

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Age-Friendly Marin Has Youtube Channel - Tune In!

Here is the link to the Age-Friendly Marin Youtube Channel <u>CLICK HERE</u>. New forums and resources will be added.

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Vanilla: the surprising history of the sweet spice

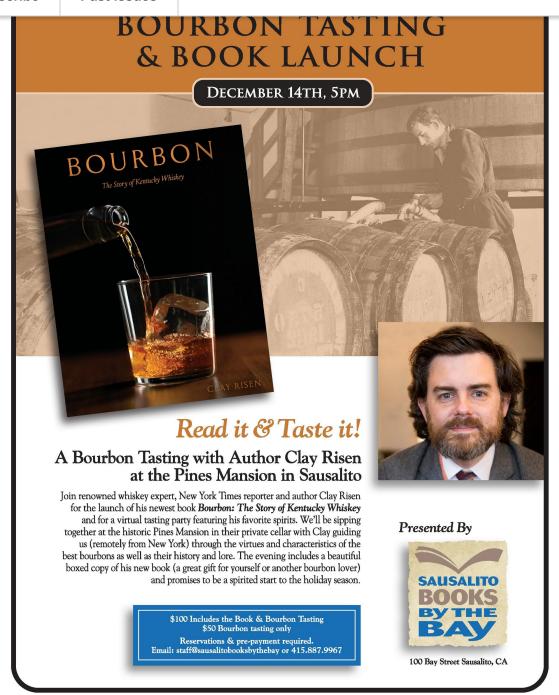
National Geographic Travel UK

Here, we dissect the bittersweet history of this omni-present spice and delve into why using real vanilla is more important than ever.

It's the most ubiquitous flavour of ice cream. It's used to add a sweet kick to lattes and it's the star ingredient in a wealth of baked treats. Yet it's an ingredient we take so much for granted that we use it — rather undeservedly — as a byword for the bland and the ordinary. But the story of vanilla — a spice derived from the fruit of an orchid plant — is more complex than its reputation would have you believe. CLICK HERE TO READ MORE

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\$100 Includes the Book & Bourbon Tasting \$50 Bourbon tasting only

Reservations & pre-payment required. Email: staff@sausalitobooksbythebay or 415.887.9967 Past Issues

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Adopt a Child's Gift List at the Chamber Store

The Chamber will be hosting a "Giving Tree" at the Visitor Center.

In partnership with Felicia Gaston of Performing Stars, the Chamber will be hosting a "Giving Tree" for approximately 50 children, ages 10 years old and under.

We hope our residents and businesses will adopt a child this Season. Stop by the Chamber Store to select a child to shop for.

You may also sponsor a child for \$50 and we will do the shopping for you.

The Children's Wish Lists are available at the Chamber Store at 22 El Portal Now!



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Free Items Being Given Away by Sausalito Village/CARSS Members and Volunteers

Interested in this large rubbermaid storage box? It is free to the first person who contacts its owner and has the means to move it. The owners cannot assist in moving. Here is the contact email for any and all questions you have: CLICK HERE



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Healthcare Worker Creates Beautiful Buttercream Cakes That Look Like Embroidery and Macramé

For some folks, food is a form of artistic expression. Cakes, in particular, offer an unconventional canvas from which creative bakers can craft edible sculptures. Lauren Wodnicki, aka <u>Lauren Loves Cake</u>, creates confections that are as beautiful as they are tasty. Inspired by handicrafts like macramé and weaving, she uses buttercream to fashion an array of amazing desserts. When complete, they look like tapestries that are complete with intricate knotting and even beading.

READ MORE AND PHOTOS

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Navy Band sings selections from Jersey Boys



Glasses Still Fogging When Wearing a Mask?

The science behind fogging is simple. It's caused by the difference in temperatures between our breath, our lenses and the environment.

The air we breathe out has water molecules that are forced up through poorly fitted masks onto the lenses of our glasses.

Since the air we exhale is usually warmer than the temperature of our glasses, it causes the air to condense onto our lenses and fog them up.

Ways to prevent your glasses from fogging up

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Twisting your mask straps

One of the hacks that have been seen around the internet to prevent foggy lenses is twisting your mask straps once before wearing them and tucking them behind the ears.

From the side, once you twist it, the elastics will look like figure eight.

This is great for stopping fogging because it redirects your breath by putting slight downward pressure on the top part of the mask. Though, it's worth noting that it does create a slight gap between the mask and your face that may leave you vulnerable.

Adjust your nose wires

A nose wire helps to seal the top of your mask and prevents warm air from seeping through.

While most surgical masks already have built-in nose wires, you can easily make one of your own for any mask with pipe cleaners, paper clips, or jewellery wires, all of which can be secured along with the mask with fabric glue.

If your mask doesn't have a nose wire and you can't make one, you can simply secure the top and sides of your mask with surgical tape for the same protection.

Washing your glasses with soap

If you wash your glasses with soap, this creates a thin film on your lenses which limits fogging.

Use fragrance-free soap and mix it with warm water. Soak your glasses in it and let it air dry. When you wear your glasses next, soap molecules on your lenses should block condensation.

It's best if you let your glasses soak in overnight, but if you want to wear your glasses right away then make sure to gently wipe them with microfibre cloths, which usually come with your glasses.

Use tissues

You can put a tissue under the top part of the mask which will help catch air and moisture, keeping your lenses free of fog.

To do this DIY trick properly, you should fold a tissue in half and place the straight edge along the bridge of your nose.

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INFO from North Wales Live



Rayner's class is cancelled this week but no excuses, you can still take class via this youtube! and join her the following Monday live at 11am. See Sausalito Village website calendar

Stretch & Strengthen with Rayner

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Sunday, December 12 - 3 - 5pm

Join us for a

Fun & Festive Afternoon of Shopping, Sipping & Sharing of Sustainable practices!

RSVP: Laurie Tandy

Buy from Eco-friendly Local Businesses:

Ambatalia Textiles, Cibo Bakery, Salty Soapworks, Black Mountain Beauty Cosmetics, Local Honey, Eyrie Olive Oil, Hanson Organic Vodka and more ...

Bring One - Take One

Bring a gently used item to pass along for someone else's gift list, and take something for yours

- Holiday Wrapping Demonstrations beautiful & sustainable
- Meet Zero Waste Chef
 Talk with Anne-Marie Bonneau and buy her cookbook
- Bay Cities Refuse
 Learn about new composting mandates and more
- Sustainability Commission
 Meet our local leaders and learn about their mission
- Opt-Up to MCE 100% clean electric energy
 Find out how easy and affordable it is
- Resilient Neighborhoods
 Sign-up to lower your carbon footprint
- Sausalito Farms Holiday Trees & Wreaths
 Purchase Wreaths, garland & local made gifts available.
 We will receive \$20 for each tree and \$10 for each wreath purchased (see reverse)

Bring your friends and come and enjoy a bit of Holiday Glug & Sweet Treats! Proof of vaccination required

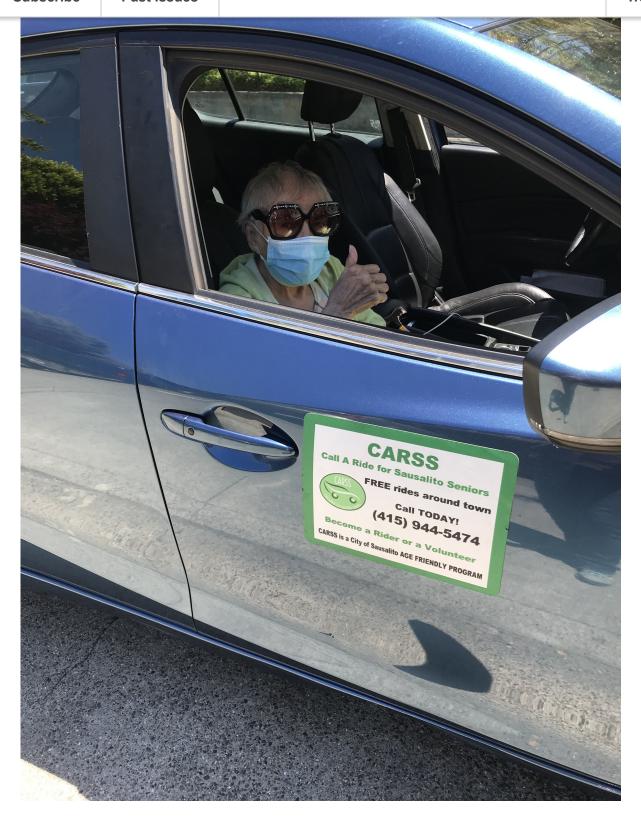
*Proceeds will go to Save The Redwoods League for planting new trees!

Coast redwood forests store more carbon per acre than any other forest
type and play an important part in combating climate change.

Thank you for supporting our effort!

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CARSS (Call A Ride for Sausalito Seniors)

RIDERS (AND DRIVERS) ALWAYS NEEDED!

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Shopping Center - for ANY reason! Get your hair done, go to the dentist, go down to the waterfront for a flat walk....whatever! As long as it is within the hours of 10am and 2pm.

Rides are provided by vetted volunteers in their own cars.

All riders and drivers must be fully vaccinated and wear masks in the car.

More information and to download an application, go to www.carssylvau.org OR phone 415-944-5474

CARSS is a City of Sausalito Age Friendly Program managed by Sausalito Village. Always looking for volunteer drivers too!



Ten hours of a crackling burning fireplace



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For information about our programs, events, emergency preparedness, COVID resources, archived copies of our weekly newsletters, visit the continuously updated Sausalito Village website.

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