



Angel Island Sunrise

Happy Friday, Villagers

And welcome to the our weekly Sausalito Village newsletter, a mix of local news, features, jokes, pictures, and information on events from around the village, virtually, and around the world. Please send your contributions by 10 am Thursdays to:

SausalitoVillageTips@gmail.com



Don't miss signing up for Thanksgiving Dinner Delivered to your door. Reservations must be in by TODAY.

The Full Calendar of Events can be found on the SV Website, [CLICK HERE](#)

Most events are open to the entire community. We look forward to seeing you!



Thanksgiving Dinner Delivered!
LAST DAY TO RSVP IS TODAY

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Sausalito Village and CARSS Volunteers will deliver meals between 11am - 1pm on Thanksgiving Day. Deliveries available only in Sausalito and the Floating Homes.

Meals will be prepared by Mollie Stones and include Turkey, Stuffing, Mashed Potatoes, Cranberry, Gravy and Pie. Each meal is \$20.

Yes, you can order extra! [CLICK HERE TO RSVP](#)

We are having issues with the credit card system, RSVP and mail a check per the instructions when you Click to RSVP.



The Most Magnificent Trees In The World

Trees all around the world have been visited, worshipped, celebrated, and even driven through. We found some of the world's most amazing species of trees to show you just how surprisingly awesome they can be. Oftentimes there is some extraordinary quality that draws people to connect with certain trees, such as their beauty, longevity, medicinal qualities, or even mythical legend passed down through generations. These were picked for their fascinating qualities, beauty and overall uniqueness. [CLICK HERE](#)



Pickleball: How a Bored Teen Inspired His Dad to Invent Today's Fastest Growing Sport —In 1965

The latest [sports](#) craze that has neighborhood associations from [Brooklyn](#) to [Great Britain](#) reaching for a paddle isn't a fresh take on fantasy football or some innovative P90X trend. Nor is it a "new" trend at all. It's [pickleball](#), a hybrid sport that borrows certain elements from tennis, badminton, and ping-pong. While it was originally created in 1965, it has seen amazing growth over the past decade.

The simple paddle game is played with what looks like a Wiffle ball the size of a baseball on a pint-sized badminton court over a tennis-like net. Only the serving team can score points. All serves must be made with an underhand stroke. And like most paddle sports, the object of the game is to score more points than your opponent. Read the full story [CLICK HERE](#)

Play Pickleball in Sausalito

Want to play? Did you know we have courts right here in Sausalito at MLK Park? Sausalito Village members and friends get together weekly to play...plus, through an email chain, choose to gather short



The Assembling of the Eiffel Tower in Paris

There are more than a few enchanting places to see in Paris that do not include the city's iconic Eiffel Tower. However, her omnipresence in peoples imagination is inevitable.

A cultural icon of France, the Eiffel Tower is locally dubbed "La dame de fer" (French for "Iron Lady") and was constructed at the end of the 19th-century. It was purposed as the entrance to the 1889 World Fair.

At the time of its construction, French intellectuals and artists criticized the design of the tower. And perhaps to their disbelief, the Eiffel Tower became the most recognizable structure in France and maybe all of Europe. With almost 7 million people ascending it in 2015, the tower eventually became the most visited cultural monument globally, which requires an entrance fee to enter. [READ MORE](#)



Photo by Michael Lewis

Calling all Sausalito Village Artists!

Late last month we asked Sausalito Village artists interested in participating in a virtual art show again this year to get in touch with Teddie Hathaway, who has agreed to be our organizer once more. But it seems there is not enough interest in another online show ... so we are on a search for space.

It will likely be early next year before something will be available, so you have time to get your creative juices flowing. Whether or not you participated in any of our art shows before, we would love it if you will join us. The opening reception has always been a big hit so we will plan for another one. Location and specific dates to follow. Open to all Sausalito Village Members and Volunteers.

[Teddie's email is teddie@teddiehathaway.com](mailto:teddie@teddiehathaway.com). She is maintaining a record of everyone that has indicated interest. Don't hesitate to let her know you



Being Thankful Is Good For Your Mental Health

By Dr. Weil

When you thank your friends and family this holiday season, the reasons to do so may extend beyond good wishes, and actually benefit you and your health. Study after study has shown that social connections – through family, friends or with companion animals – seem to pay off in terms of good health, longevity and even prolonged survival among patients with very serious diseases. Some evidence linking good health from strong ties to family and friends includes:

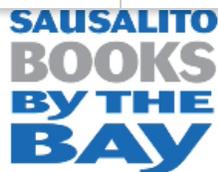
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BEST BOOKS FOR THE HOLIDAYS!



Books & Gifts for Everyone on Your List!

Wednesday
December 1st
4 PM

Cheryl Popp Presents
The Best Books
for Holiday Reading &
Gift Giving

Curated exclusively for Sausalito Village
Lite bites & libations!

Must be vaccinated to attend
10% discount for all Sausalito Village Members

415.887.9967 staff@sausalitobooksbythebay.com
Our expert booksellers & personal shoppers are on call to help you!

PERFORMING STARS™ is launching the second annual Thanksgiving Food Drive for 300 low income families in Southern Marin.

We invite you to join us in giving during our 2021 Thanksgiving Food Basket Drive



Thanksgiving is a time of sharing with families and friends, get together, and especially for a traditional hot dinner. It is a time to reflect and to give thanks for our families, our health, our homes and our jobs. However, it is still easy to take what we have for granted. There are families who are impacted by various financial circumstances and they can use our support. This is a time to show our gratefulness for the many things we have in our lives and also show what we can do for others.

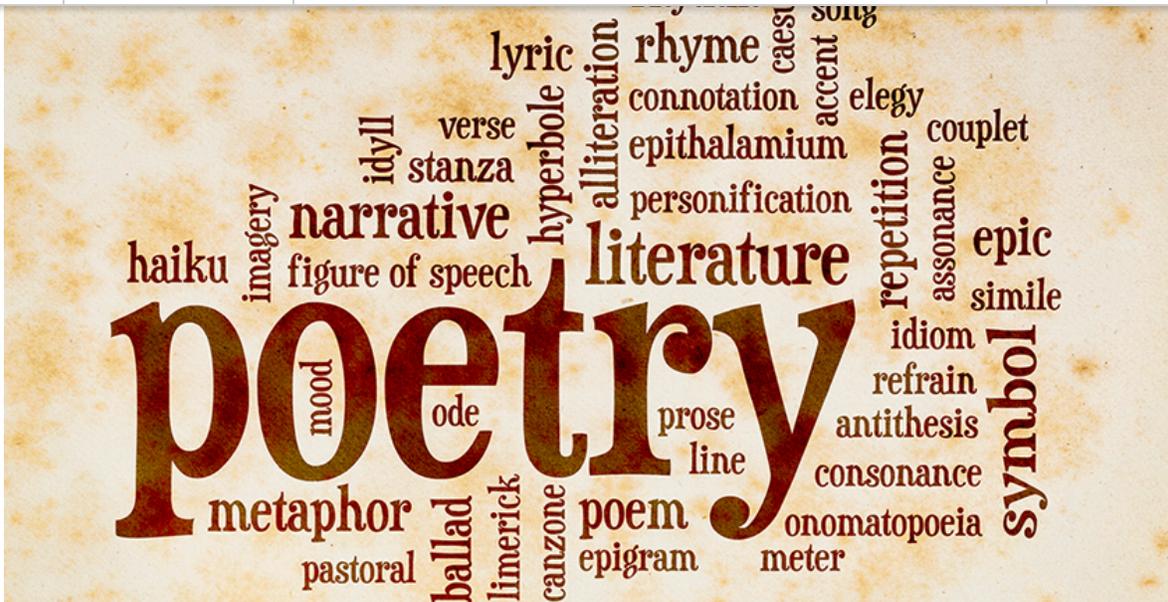
ITEMS WE ARE INCLUDING IN EACH OF THE FOOD BASKETS (*Baskets will be prepared according to family size*)

Turkey • Disposable turkey roasting pan • Roll of aluminum foil • Boxes of stuffing mix
 Cans or packets of brown gravy • Cans of chicken broth • Potatoes, beans or rice • Onions, celery, carrots
 Cans of green beans • Cans of corn • Cans of cranberry sauce • Boxes of jiffy cornbread mix • Dinner rolls
 Butter • Seasonings • Dessert • Fruit • Sparkling apple cider

*A \$50 donation will feed a family of four.
 We are respectfully requesting a financial donation of any amount.*

Checks or credit cards via website: performingstars.org.
 Please note: Thanksgiving Holiday Baskets 2021
 Cash App or PayPal - contact 415.332.8316 for more information





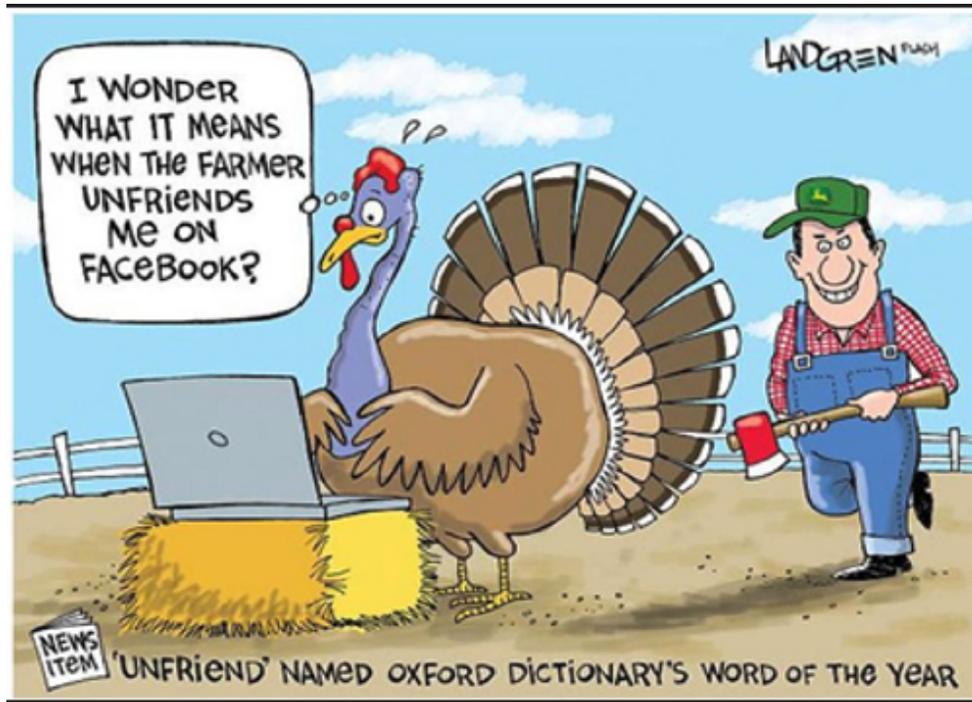
When I Am Among The Trees. By Mary Oliver

When I am among the trees,
especially the willows and the honey locust,
equally the beech, the oaks and the pines,
they give off such hints of gladness.
I would almost say that they save me, and daily.

I am so distant from the hope of myself,
in which I have goodness, and discernment,
and never hurry through the world
but walk slowly, and bow often.

Around me the trees stir in their leaves
and call out, "Stay awhile."
The light flows from their branches.

And they call again, "It's simple," they say,
"and you too have come
into the world to do this, to go easy, to be filled
with light, and to shine."



Join Rayner's class live on Mondays 11am. See Sausalito Village website calendar

Stretch & Strengthen with Rayner



CARSS (Call A Ride for Sausalito Seniors)

RIDERS (AND DRIVERS) ALWAYS NEEDED!

Sign up today for free door to door rides around town and Gateway Shopping Center -

Rides are provided by vetted volunteers in their own cars.

All riders and drivers must be fully vaccinated and wear masks in the car.

More information and to download an application, go to www.CARSS4you.org OR phone 415-944-5474

CARSS is a City of Sausalito Age Friendly Program managed by Sausalito Village. Always looking for volunteer drivers too!



Music for Brain Power



For information about our programs, events, emergency preparedness, COVID resources,

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