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## Sausalito Village December 2019 Newsletter

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**Sausalito Village** <triciasmith58.yahoo.com@send.mailchimpapp.com>  
Reply-To: triciasmith58@yahoo.com  
To: triciasmith58@gmail.com

Sun, Dec 1, 2019 at 1:32 PM

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**December 2019 Newsletter**

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***Mark Your Holiday Calendars!***  
***You're Invited to the December Holiday Village Events***

Click on the Calendar for each event and let us know you will be coming!

Need a ride? Call CARSS 415-944-5474

**Sausalito Books by the Bay SV Event, 100 Bay St,**

**Wednesday, December 4th, 4pm-5:30pm**

**RSVP requested but not required for this event: [Click Here](#)**

*Come enjoy hot cider, wine, nibbles and hear more about our new independent community bookstore as the staff provides a presentation about their favorite holiday 'picks'.*

**Annual Holiday Party and Singalong, Chamarita Room, 501 Olima St**

**Monday, December 16th, 3pm-4:30pm**

**RSVP requested but not required for this event: [Click Here](#)**

*Members and Volunteers of SV and CARSS are invited to enjoy some holiday cheer! Andy*

*Dudnick will be at the piano and we will listen and sing along to some holiday favorites. Plenty of nibbles and libations.*

### **Spinnaker Lunch About Town, on the waterfront**

Wednesday, December 18th, 11:30am-1:15pm

**RSVP required:** [Click Here](#)

*Enjoy lunch with a view at our annual Spinnaker December LAT. Separate checks will be provided, just pay for what you eat. Valet parking is free but please tip.*

### **Christmas Dinner at Aurora Restaurant**

**December 25th, 2:00pm**

**RSVP required:** [Click Here](#)

*Enjoy a meal in the community of other members and volunteers on Christmas Day. Separate checks will be given.*



## **NEW MONTHLY COLUMN Are You Ready for the Next Emergency?**

The recent PG&E Public Safety Power Shutoffs (PSPS) revealed that it does take a village to pull through an emergency, as businesses, agencies and individuals throughout our community rose to the challenge of living without electricity for three days. The Sausalito Library was the town's official 9-9 hub for powering up devices, connecting to the internet or making phone calls. Molly Stone's and Driver's Market remained open and neighbors flocked there for food and company; both places also provided power strips.

It's safe to say that we're all at least a little bit more prepared for the next PSPS.

Preparing for an emergency can feel like an overwhelming project, so associations like Ready Marin <https://readymarin.org/plan-prepare/> suggest dividing the project into small chunks. With that in mind, beginning this month the Village newsletter will provide emergency preparedness tips and ideas to help ensure you are safe and ready.

Here is a bare bones list of what you should have on hand for the next PSPS:

- Minimum of three days non-perishable food and manual can opener (protein bars, canned fish/meats, dried fruits/nuts, peanut or almond butter, crackers)
- Pet Food
- Flashlight with extra batteries
- First aid kit
- Prescription Medicines
- Non prescription medicines (pain relievers, anti-diarrhea medicine, antacids, laxatives)
- Glasses and contact lens solution
- Cash in small bills
- N95 Smoke filter masks ??????
- Sleeping bag or warm blanket
- Portable charger for cell phone
- Toilet paper
- Other???

NOTE: Since last month we have learned that dry ice off-gasses toxic carbon dioxide. Avoid purchasing/using.

Tips:

1. Talk with your neighbors about checking in on each other immediately following an emergency.
2. Make an extra set of keys for someone you trust.
3. Inform neighbors when you will be out of town and about your pets.
4. Remember it is sometimes possible to connect via phone with a contact outside the impacted area.
5. Original landlines not dependent on electricity often work.
6. Practice texting. This service often works even when phone is not operational.

Next Month: Your "Grab and Go" bag

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## It's time to care for yourself, too

**Are you a Caregiver that dreams of taking a trip?**

**Check out Road Scholar Travel and grants for caregivers**

Road Scholar started in 1975 with the name 'Elderhostel'. Its original concept was as a budget educational travel program for older adults. The first trips were based at universities in New England where attendees were housed in dormitories and college professors taught non-credit courses in different areas of study. By 1980 the program grew to all 50 states.

The name eventually changed to Road Scholar and the dormitories were replaced with comfortable lodgings. Road Scholar now offers 5,500 learning adventures, serving more than 100,000 participants annually. The programs still combine travel and education to provide experiential learning opportunities in every state in the U.S., 150 countries and aboard ships on rivers and oceans worldwide. To learn more about traveling with Road Scholar, [CLICK HERE](#)

Thanks to donations received, Road Scholar has begun a program of financial aid for caregivers to offset the cost of a trip. Click here to read more about these caregiving grants: [CLICK HERE](#)

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## Member Suggested Holiday Events

Members who are involved with the following events asked that we share their membership.



Mercati  
di Natale 2  
Italian Christmas

**Saturday,**  
from 10 AM to

**Sunday, D**  
from 10:30 A

**Free adm**  
For info: **info**

Follow us on F  
**@ItalianChri**  
**@Museoitalo**

**MUSEO**  
ITALO AMERICANO



Fort Mason Center  
2 Marina Blvd, Building C  
San Francisco, CA 94123

[WEBSITE LINK TO THE MUSEO EVENT](#)

**Gate Five Clay Stu**

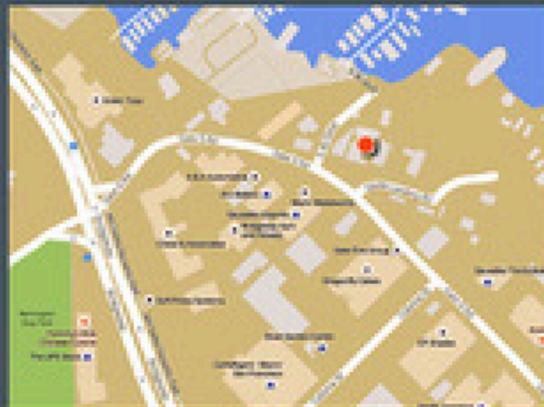
**Holiday Party and**

**Saturday, Decem**  
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Sunday, Decem

12 n  
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247 Gate Five Road in Sausalito  
Link to a larger map online:  
[shorturl.at/dwy1O](http://shorturl.at/dwy1O)

Please join the festivities at  
Clay's annual holiday party a  
fun, food, and unique handmade

Gate Five Clay Studio Artists:

Hillair Bell	Julianne Havel	J
Barbara Binns	Byrdie Keeler	S
Donna Bragg-Tate	Tami Kelly	S
Larry Gilmour	Sheri Liebscher	M
Philippe Haas	Gordon Morris	D
	Cheri Nielsen	

In addition to our own pottery and scu  
will be painting, jewelry, clothing, and  
from other talented Beyond The Wave e

# MARIN CENTER Pop-Up Holiday Boutique!

Dec 12 - Dec 22

11am-7pm daily  
FREE admission



**S**ave the dates and get all your holiday shopping done at Marin Center's Pop-Up Holiday Boutique! Shop for one-of-a-kind locally produced gifts and meet some of Marin County's top artisans.

**Artisan vendors will be selling:**

- \* jewelry
- \* ceramics
- \* fashion & accessories
- \* ornaments
- \* cards
- \* home goods
- \* woodwork
- \* gifts for little ones



**Marin Center Bartolini Gallery**

10 Avenue of the Flags • San Rafael • [www.marincenter.com](http://www.marincenter.com)

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## Member Reading Recommendations



### Here's a Story about Ukraine that's actually fun to read!

Advisory Board Member, Betsy Stroman says "this caption in the Daily Beast caught my eye Sara Davidson, a writer in her late 70's. But when I actually read the story, I found that it was in a blog written by Sara Davidson, a writer in her late 70s.

Davidson tells the story of a recent group tour she took in Ukraine and Moldavia. While the s best borscht in Kiev and a master class in Easter egg design, for example -- were entertaining observations about the pluses and minuses of group tours and her ruminations on

[Read the entire article](#)

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### **A Beginner's Guide to the End**

by BJ Miller and Shoshana Berger

"'There is nothing wrong with you for dying,' hospice physician

"This is a book that every family should have, the equivalent of Dr. Spock but for this other phase of life."—ABRAHAM VERGHESE, author of *Caring for Stone*

## A Beginner's Guide to the End



Practical  
Advice  
for Living  
Life  
and Facing  
Death

BJ Miller, MD and Shoshana Berger

and caregiver Shoshana Berger write in *A Beginner's Guide to the End* that the purpose here isn't so much to help you die as it is to free up a person until you do.'

There is a clear-eyed and big-hearted action plan for approaching death to help readers feel more in control of an experience that so often feels uncontrollable. Their book offers everything from step-by-step instructions on how to handle your paperwork and navigate the healthcare system to answers on when to be afraid to ask your doctor. Get advice for how to break the news, whether to share old secrets with your family, how to face grief, and how to be as empathetic as you'd hoped, and how to talk to your children and grandchildren. It also offers lessons for survivors, like how to shut down a loved one's accounts, how to clean out the house, and write a great eulogy."

Get the book [here](#), and check out BJ Miller's TED Talk [here](#).  
**Thanks to Aging Action Initiative for this recommendation!**

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## SAVE THE DATE

**Specially Open For Sausalito Village  
All Welcome**

**Sausalito Books By The Bay  
Holiday Reading for Long Winter Nights**



Isn't it wonderful that we still have a book store in Sausalito? After Book Passages close Cheryl Popp took over the lease and hired the same wonderful staff. She has put her own store and created a welcoming ambiance. And, now she has invited us for a special pre staff's Holiday Book Picks.

Cheryl and her staff will tell us more about the store and their favorite Holiday Book Pick Cider, wine and cheese and sweets will be served.

**DOOR TO DOOR RIDES:** Leave the driving to us. Call ahead to reserve a ride from you. Contact the Concierge at 415-332-3325 by December 2.

**DATE:** Wednesday, December 4th

**TIME:** 4:00pm - 5:30pm

**WHERE:** [100 Bay Street](#)

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## ***Celebrating 10 years of Community Sausalito Village***

The Sausalito Village Board of Directors unanimously agreed to commemorate our 10 year anniversary by investing in our larger community of Sausalito. We have done this with the purchase of a small grove of trees that have been planted in MLK Park. These trees will be dedicated to members who have left over the last ten years.

We hope that you can join us and raise a toast to the Village we have created, and to our members and volunteers we have celebrated and loved!

**WHEN:** Monday, December 9th, 3pm

**WHERE:** MLK Park, Coloma Street entrance

We will meet at the Northeast corner of the pedestrian path (table will be set up). Walking along the pedestrian path is involved and we will have one wheelchair and attendant to take people back and forth to the parking spaces on Coloma. Let us know if you will need this service.

**RIDES:** Need a ride? Call the Concierge at 332-3325 by December 8th.

**Monday, December 9th, 3pm**

**WHERE: MLK Park, Coloma Street**

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## Annual Holiday Party for Members and Volunteers CARSS and Sausalito Village



You are invited! Come join us for a festive Holiday Party and enjoy food, drinks, and a holiday Dudnick at the piano.

Open to Sausalito Village and CARSS members, volunteers and Rotary Housing residents from Chamarita Room at [501 Olima Street](#).

If you need a ride, contact the Concierge at 332-3325 and we'll make sure you get one. If you the street.

**WHEN:** Monday, December 16th, 4:00pm-5:30pm

**WHERE:** Chamarita Room, [501 Olima Street](#)

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**December Lunch About Town  
Spinnaker Restaurant**



We hope you will join us at our annual December Lunch About Town at Spinnaker. All Members and Volunteers of both Sausalito Village and CARSS are invited. Separate checks will be provided so you only pay for what you order. Please RSVP ASAP so we know how many will be attending.

WHEN: Wednesday, December 18th, 11:30am-1:15pm

WHERE: Spinnaker Restaurant on the waterfront

RSVP: By clicking on the link above

VALET PARKING (no charge but please tip)

Questions or Request Free door to door rides with CARSS: Call 415-9

**WHEN: Wednesday, December 18th, 11:30am - 1:00pm**

**WHERE: Spinnaker on the waterfront**

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*Join in the fun!*  
*Sausalito Village and CARSS Holiday Dinner*



Come together on December 25th for a special festive Holiday Dinner for Sausalito Village and CARSS Members at the Aurora Italian Restaurant. Separate checks will be given.

**WHEN: December 25th, 2:00pm-4:00pm**

**WHERE: Aurora Restaurant, Valley and 2nd Street**

Need a ride? Let Jennie know when you RSVP  
Reserve a space early by calling Jennie at 415 331 6737 or  
emailing at [j.wasser@att.net](mailto:j.wasser@att.net)

**WHEN: Christmas Day, 2pm**

**WHERE: Aurora Restaurant**

**PRICE: Separate checks, pay your own**

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## **DECEMBER BIRTHDAYS**

**Here are the Village members who are celebrating December birthdays!  
We will be celebrating them at the Holiday Party!**

**Lucy Alderman - Lu Arenson - Larry Dark - Bill Finn  
Sandra Gary - Joann Goldshmidt - Bob Haslam - Irene Hutchins  
Kayla Kahn - Susan Moeller - Barbara Rycerski - Margo Senter  
Bill Sharpe - Liz Small - Betsy Stroman  
Elizabeth Terplan - Lori Villars - Patricia Wood**

**Photos Around the Village**



Maria Paterno, Jeanne Fidler and Ciji Ware sang together at the Monthly Sing-along



Anne B and Judy H enjoy catching up at the Thanksgiving Supper Club



Charlotte M gets a CARSS Ride



Ann H toasts her birthday with a cupcake

We love pictures of our members at events and around town. Have pictures to share? [Email Us!](#)



Special Thanks to Sherrie Faber and First California Realty for printing and mailing this newsletter to Sausalito Village members who cannot receive email. If you would like to discuss your real estate needs, Sherrie can be reached at 415.331.6100

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