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**Photo by Tom Theodores** 

# Happy Friday, Villagers

And welcome to the our weekly Sausalito Village newsletter, a mix of local news, features, jokes, pictures, and information on events from around the village, virtually, and around the world. Please send your contributions by 10 am Thursdays to:

Sausalito Village Tips@gmail.com



Connie with her daughter Alexis and husband Ted

# We will miss you Connie!

On October 1, 2021 we celebrated Connie Captanian, our devoted Concierge and CARSS Manager who is retiring after 8 years with us. If you were unable to attend the party and would like to send a note to Connie, please mail it to her at the SV Post Box: PO Box 208, Sausalito CA 94966 and we will make sure to pass on your good wishes!



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Photos from October 1 event in celebration of Connie



The Full Calendar of Events can be found on the SV Website, <u>CLICK HERE</u> Most events are open to the entire community. We look forward to seeing you!

Don't miss Monday's Concert/Singalong and Wednesday's Afternoon Tea at the Crown and Crumpet in Ross....go to the calendar to view all events, get more information and RSVP.



Join us at the Crown and Crumpet for Afternoon Tea in Ross on Wednesday, October 20th, 11:30am.

More info and RSVP: CLICK HERE

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# Order You Emergency Go Bag By Monday, October 18th!

Sausalito Village is preparing to order Emergency Backpacks for Members and Volunteers as well as community members who are interested in making the purchase.

We will be ordering through the same company as last year, called Earthshakes located in Burlingame. Bags will be delivered to your door as long as your residence is in Sausalito or the Floating Homes. Otherwise pick up instructions will be provided.

Click here for a full list of Survival Kit Contents and more information about ordering: CLICK HERE

#### Prices of Kit Options:

One person Survival Kit in Backpack GoBag \$78.32 - (\$55 for SV

Members/Volunteers)

Two person Survival Kit in Backpack GoBag \$91.81 - (\$70 for SV

Members/Volunteers)

Rolling duffel bag to put your backpack and other supplies in: \$33.00 (no subsidy for the rolling bag)

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# Idioms



Idioms are phrases which people use in everyday language which do not make sense literally, but we understand what they mean.

Wear your heart on your sleeve

To wear your heart on your sleeve is to be honest and open about your feelings. The phrase is <u>generally believed</u> to have originated in the Middle Ages. It was the custom then for jousting knights to wear some sort of insignia on their arm that indicated the ladies for whom they were hoping to triumph, thus proclaiming their love to the world.

#### Pardon my French

In England, in <u>the early 1800s</u>, people would "beg pardon" for using French words in conversation. Forgiveness was requested in these instances because most people did not speak French, and furthermore, the Napoleonic Wars had left a residue of animosity between the two countries. By the mid-1800s the phrase had evolved to refer to swear words specifically. It's worth noting that the <u>Cambridge dictionary</u> defines the idiom as something to be said when *pretending* to be sorry for offensive language.

#### The best thing since sliced bread

In 1928, when inventor Otto Frederick Rohwedder of Davenport Iowa first released his <u>bread loaf-slicing invention</u>, the advertisement claimed it was "the greatest forward step in the baking industry since bread was wrapped." Riffing

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#### With flying colors

This idiom dates back to the Age of Exploration, the period when European explorers first set off across the seas. If a captain had been successful in his venture, he would order the crew to <u>fly their country's flag</u> (or "colors") to announce their victory before arriving back at the home port. Originally, the phrase "with flying colors" simply meant that a mission had been completed without disaster, but over the centuries the idiom came to signify great success.

#### Click here for MORE



Sausalito Village Hosts City Manager Chris Zapata

Mr. Zapata will provide an overview of priorities in the City.

There will be plenty of time for questions.

WHEN: Thursday, November 4th, 9:30am-11:00am

WHERE: Zoom

RSVP for Zoom Link: CLICK HERE

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9,969,323 Million Pounds of Annual CO2 Pollution Reduced!



**October Newsletter** 

Resilient Neighborhoods
ONLINE CLIMATE ACTION WORKSHOPS
-WINTER SCHEDULE-

Warm up this winter with some hot tea and the **Resilient Neighborhoods Climate Action Workshop Series!** In just five meetings you will make your household healthier, more efficient, less wasteful, and better prepared for emergencies.

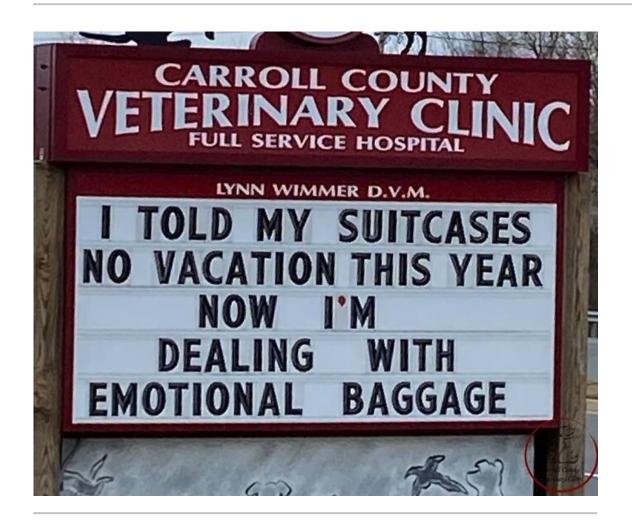
4:00-6:00pm

6:30-8:30pm

**SIGN-UP HERE** 

SIGN-UP HERE

This is a wonderful way to become aware of the carbon footprint your household is making and committing to reducing it, with the support of a group. SV and CARSS Members and Volunteers have participated and all reports have been very positive!



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## When did you last check your Fire Extinguisher?

Correct answer: every 4-5 years

Need yours refilled or need to purchase a new refillable one?

Sausalito Village will have a representative from Fire Master available to check the readiness of your fire extinguisher, refill those that are refillable and make available new refillable extinguishers for purchase.

Is your fire extinguisher refillable? They have metal handles and a gauge.

COST TO REFILL a refillable extinguisher \$20

COST FOR NEW SMALL REFILLABLE extinguisher \$30

COST FOR NEW LARGE REFILLABLE extinguisher \$50

COST TO RECYCLE your extinguishers

\$0

WHERE: First parking lot on RIGHT when you turn on to Gate 6 Road

WHEN: SUNDAY, October 24th, 10:00-2:00pm

WHAT?: Check your fire extinguishers, Refill your extinguishers that are

refillable, Purchase a new refillable extinguisher

Questions? Email <a href="mailto:sausalitovillagersvp@gmail.com">sausalitovillagersvp@gmail.com</a>

# Halloween Themed Concert/Singalong Monday, October 18th, 4pm-5pm For songlist and to RSVP: <u>CLICK HERE</u>



Many people ask, how do you have a singalong on Zoom? Well...it is not easy! If you have ever listened to a Zoom where everyone is singing from their own homes, it is awful due to the time lag. Instead, we ask everyone to put themselves on mute and sing their hearts out! For some, who are timid about singing in a crowd, it is a fabulous alternative. The words are shown on the screen so it is EZ-PZ. Please join us - Andy and Jan and their special guests always make it fun and the Halloween themed songs promise to make it even more so.





# Are left-handed people smarter?

#### By Randyn Bartholomew

Left-handed people comprise only around <u>10%</u> of the global population, but a quick glance reveals that many key movers and shakers are lefties.

For instance, three out of the last six American presidents were lefties: George H.W. Bush, Bill Clinton and Barack Obama. Plus, an eclectic slew of outliers who've rocked the world in one way or another had dominant left hands: Michelangelo, <u>Leonardo da Vinci</u>, Paul McCartney, David Bowie, Jimi Hendrix, James Baldwin, <u>Nikola Tesla</u>, Oprah Winfrey,

Read full article for the answer to the question on Live Science: CLICK HERE

### **October is Cybersecurity Awareness Month**

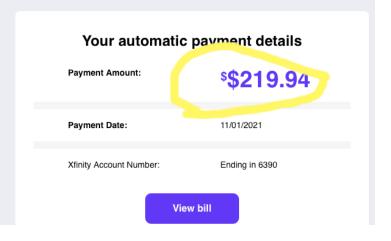


If you missed the F.A.S.T. (Financial Abuse Specialist Team) presentation last week, there are several coming up through AARP.

Just this week, SV's email address received two examples of online fraud. As we learned in the FAST presentation, you must look at the email addresses and any grammatical errors and erroneous account numbers. AND NEVER CLICK ON A LINK unless you are sure it is being sent from the company they say. What to do instead? Go to the company website through a Google search and check your account.

Here are your automatic payment details









Sorry we are unable to delivery your package.

Tracking: US910755536914720

#### Why?

- Missed zip code
- Receiver not at home
- Signature Required

If you want us to reschedule your shipment kindly click link down below

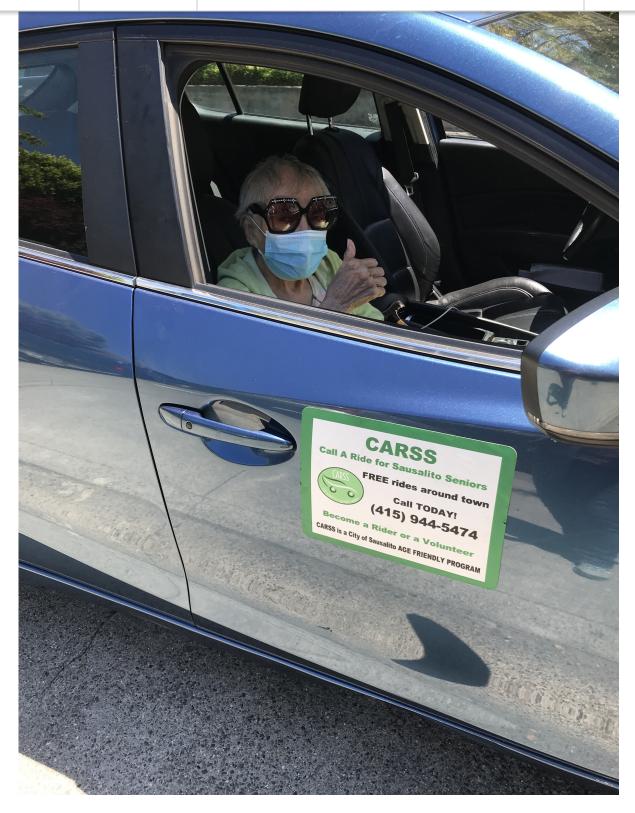
#### For more information on how to stay Cyber Safe:

Link to the FAST Presentation PDF: Contact <u>SausalitoVillageTips@gmail.com</u> Link to the AARP Upcoming events: <u>CLICK HERE</u>



Join class live on Mondays 11am. See Sausalito Village website calendar

Stretch & Strengthen with Rayner



CARSS (Call A Ride for Sausalito Seniors)

# **RIDERS NEEDED!**

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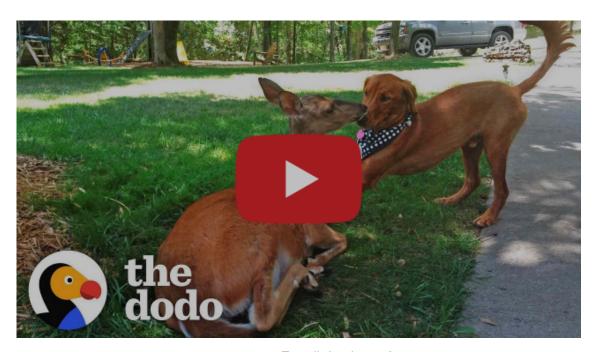
Center - for ANY reason! Get your hair done, go to the dentist, go down to the waterfront for a flat walk....whatever! As long as it is within the hours of 10am and 2pm.

Rides are provided by vetted volunteers in their own cars.

All riders and drivers must be fully vaccinated and wear masks in the car.

More information and to download an application, go to <a href="https://www.CARSS4you.org">www.CARSS4you.org</a>
OR phone 415-944-5474

CARSS is a City of Sausalito Age Friendly Program managed by Sausalito Village. Always looking for volunteer drivers too!



For all dog lovers!



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# emergency preparedness, COVID resources, archived copies of our weekly newsletters, visit the continuously updated Sausalito Village website.

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