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Happy Friday, Villagers

And welcome to the our weekly Sausalito Village newsletter, a mix of local news, features, jokes, pictures, and information on events from around the village, virtually, and around the world. Please send your contributions by 10 am Thursdays.

email address

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# IMPORTANT ANNOUNCEMENT FROM DEBORAH PHELAN, NEWSLETTER CURATOR

# Dear Villagers,

Last week marked the end of my stint choreographing the weekly newsletter and, before that, the Tips of the Day. I wanted to thank all of you for the wonderful content you sent my way, I couldn't have done it without you.

Doing the 'tips' was a true pleasure and helped me navigate my way through the pandemic, as I hope they did for you.

Stay well. Deborah

NOTE FROM SV BOARD of DIRECTORS: We can't thank Deborah enough for all that she has given of her time and energy! As the Tips Curator EXTRAORDINAIRE, she helped us all through a difficult period by creating a fun newsletter daily for over one year and weekly since May.

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comment of thanks to a Kudoboard we have created in her honor. It is easy to do, just <a href="CLICK HERE">CLICK HERE</a>



Saturday: <u>CITYWIDE YARD SAL</u>E. 9-2

Saturday: QUEEN CALIFA ARRIVES, CAL BAND PLAYS. 3:00

Sunday: TALES OF THE TRAIL. 7-8

Monday: STRETCH AND STRENGTHEN WITH RAYNER 11-12

Tuesday: <u>BOOK REVIEW GROUP 10-11</u> Wednesday: <u>WEDNESDAY NIGHT LIVE 5-7</u>

Wednesday: <u>BUILDING BRIDGES BEYOND BIAS - 4 PT WEEKLY SERIES</u>

MARIN LIBRARY. 6:30-8

Thursday: <u>COA MEETING:LESSONS LEARNED IN 2020 10:00am</u> Thursday: <u>AVOID SCAMS, FRAUD AND IDENTITY THEFT</u>. 11:00am

Thursday: TRADER JOE'S - A VOLUNTEER WILL SHOP FOR YOU! 11:30-

12:30

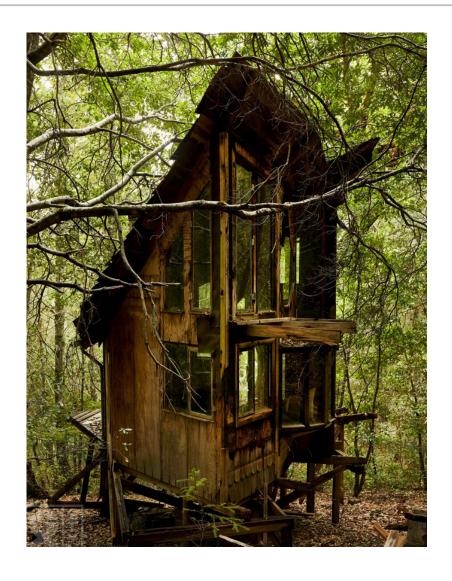
Friday: PICKLEBALL AT MLK COURTS. 9:30-11

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Errol Freidberg - Helene Warwick - Theodora Yee Lewis Shireman - Victoria Bour - Fred Juul - Jian Johnson Alex Rynecki - Lois Prentice - Joyce Alexander Charles Browne - Bill Patterson



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# The Last Glimpses of California's Vanishing Hippie Utopias

Half a century ago, a legion of idealists dropped out of society and went back to the land, creating a patchwork of utopian communes across Northern California. Here, the last of those rogue souls offer a glimpse of their otherworldly residences—and the tail end of a grand social experiment.

Read the entire article in GC Style Click Here

### **NEXT THURSDAY:**

"Avoid Scams, Fraud and Identity Theft"

More info and RSVP HERE

Open to ALL!



PRESENTER: Oak Dowling, JD

Oak Dowling, JD, is a retired attorney with 43 years of practice, including 31 years in San Rafael. He's a graduate of the University of Wisconsin – Madison Law School and a native of Chicago. He has lived in Marin County for over 45 years and for over 25 years he was a part-time Instructor of Law at College of Marin.

Oak has been a member of the Marin County Financial Abuse Specialist Team (FAST) team since its inception in 2011 and was selected as Outstanding Marin County Volunteer of the Year for 2012-2013. He has been a member of Marin Forum for over 20 years and was its President in 2002.

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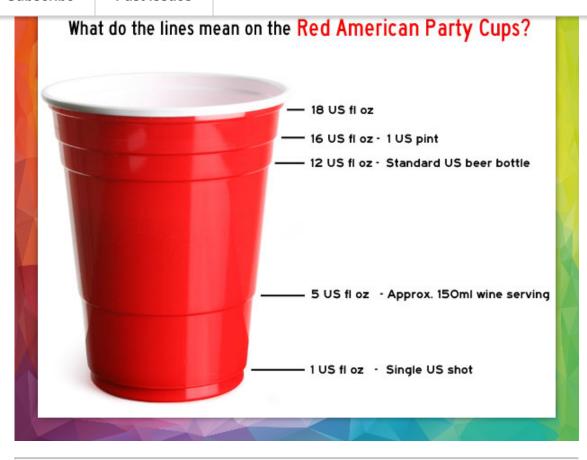
classes, he uses courtroom drama to demonstrate legal principles. As an avocation, he performed in theatre in Marin and San Francisco for 15 years. Oak has been a member of the Rotary Club of San Rafael for over 41 years and has served the Club as Director and Speaker's Chairman.



Watch the Arc de Triomphe wrapped in fabric by
Christo
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# International Walk to School Day

Wednesday October 6, 2021



VOLUNTEERS NEEDED!
International walk and Bike to School Day!

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start at 8am sharp to allow enough time to get to school by the morning bell. They'll be greeted at the School yard by Volunteers at a table giving out favors and high fives.

- 1. Welcome Table at Nevada Street Campus (Belle, Felicity (?) and 2 more)
- 2. Walking Bus Location at Drake & Donahue (ideally 2 or more volunteers)
- 3. Walking Bus Location at Fire Station in Sausalito (ideally 2 or more) volunteers)

Volunteers will Walk with the kids either from the Sausalito fire station to Nevada St. Campus (formerly Willow Creek) or from Marin City SkatePark to Nevada St. Campus. Greeters also needed: table set up in the school yard to Congratulate the Walkers and Bikers and give out pencils, stickers etc.(tables,chairs, supplies provided) Please RSVP and then show up for the fun. see flyer attached

RSVP Email : Vicki at <a href="mailto:subvw1@gmail.com">subvw1@gmail.com</a>

(if no access to email call 415-331-1393) www.AgeFriendlySausalito.org

# Tai Chi for Arthritis and Fall Prevention



## Free Online Classes for Adults Age 60 and Older

Simple to learn Tai Chi Form for Marin's Older Adults of all Abilities —conveniently taught in-person via **Zoom** - requires internet computer or tablet with webcam.

#### Fall Tai Chi For Arthritis and Fall Prevention for Older Adults on ZOOM

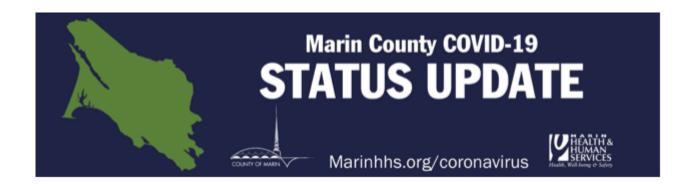
This easy-to-learn form of Tai Chi for Arthritis and Fall Prevention will improve

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program will take place over 16 sessions, meeting once weekly, for one hour per session. Classes are led by Tai Chi for Health Institute Board certified community instructors from Age Friendly Sausalito, and Dominican University.

Starts on October 9 Saturday mornings at 8:00 am for 16 weeks All Classes are FREE Beginners and Repeats are Welcome!

CALL: 415-289-4152 Parks and Rec to sign up



## 75+ Booster Vaccine Clinic Launch at Northgate Shopping Center

A special booster dose clinic will begin on **Wednesday**, **September 29** at the Northgate Shopping Center. This announcement comes after the U.S. Centers for Disease Control and Prevention (CDC) and the Western States Scientific Safety Review Workgroup (WSSSRW) recently gave their nod of approval for federal and state authorization for Pfizer-BioNTech booster shots to be made available for specific high-risk populations. The clinic will be for older adults, **age 75 & older**, who completed the Pfizer Covid-19 vaccine series at least 6 months ago. The clinic is intended to ensure booster dose access based on evidence of waning immunity and higher risk of mortality in this age group. Eligibility will expand to 65 & older once booster demand subsides.

If you are eligible for a COVID-19 booster dose you can <u>make an appointment</u> <u>here</u>.

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vaccine card and proof of age (e.g., ID Card).

Please visit our <u>Booster and Third Dose webpage</u> for more information about booster eligibility and a list of additional locations in Marin County offering COVID-19 vaccine booster shots.

Read the full News Release

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# Wednesday Night Live — October 6







# Wednesday Night Live

FIRST WEDNESDAY OF THE MONTH OCTOBER - DECEMBER 5:00 - 7:00 PM

#### October 6th - Entertainment & Artists Line-up

Caledonia Street – Near Restaurant Row
The James Moseley Duo – jazz, rhythm and blues and hip sounds

#### Bank of America Building - Bridgeway

West Coast Cool – jazz band with the music made famous by Dave Brubeck, Stan Getz, Chet Baker and Dave Pell.

#### Sausalito Visitor Center - El Portal

Featuring Artists, along with demonstrations by Sausalito Pottery and LOVEMARIN

#### Praca de Cascais Plaza or Vina Del Mar Park

Plein Air Artists Gallery Sausalito: Sue Averell & Eva Belishova

#### WEDNESDAY NIGHT LIVE!

Our New Series of Music & Art The 1st Wednesday of every month October 6, 2021 — March 2, 2022

Watch for Updates in the City's Currents.

Sponsored by EDAC, Sausalito Chamber of Commerce, and Sausalito Parks & Rec.

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CARSS (Call A Ride for Sausalito Seniors)

**VOLUNTEER DRIVERS NEEDED!** 

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Do you enjoy driving?

Do you have 4 hours a month to volunteer?

If you answered YES to these questions, please join our team of volunteers.

You will be asked to sign up for one 4 hour shift of 10am-2pm on any Monday through Friday of the month. You will be an 'on call' driver in your own car, driving seniors to destinations around Sausalito, the Floating Homes and Gateway Shopping Center.

All riders and drivers must be fully vaccinated. Drivers must complete an online criminal and DMV background check.

More information and to download an application, go to www.CARSS4you.org



Thank you SV Member, Nina M. for sending in this tip about Heygo.com, a free livestream of tours from all over the world.

This is the epitome of armchair travel!

Click here to start your tour: <a href="https://www.heygo.com">https://www.heygo.com</a>

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Join class live on Mondays 11am. See Sausalito Village website calendar

Stretch & Strengthen with Rayner



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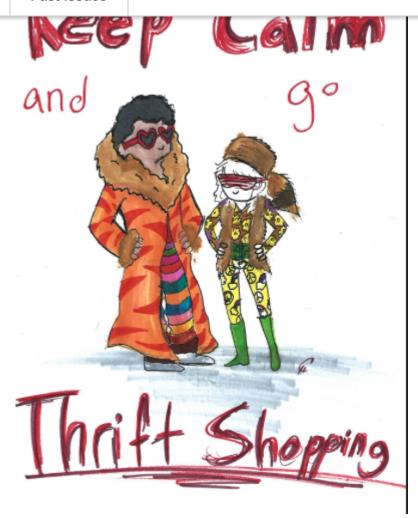
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The most important trip you may take in life is Meeting people halfway. ~Henry Boyle~

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Don't Miss these two thrifting opportunities this weekend!

Marin Village Pop Up Thrift Shop Today and Tomorrow 11am - 4pm. Northgate Shopping Center - follow the signs! All proceeds benefit Marin Village.

Sausalito's Citywide Yard Sale at MLK Park Tomorrow 9am-2pm.

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For information about our programs, events, emergency preparedness, COVID resources, archived copies of Daily Tips, and weekly newsletters, visit the continuously updated Sausalito Village website.

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