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**Fwd: July 2019 Sausalito Village Newsletter**

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**Tricia Smith** <triciasmith58@gmail.com>  
To: Tricia Smith <triciasmith58@gmail.com>

Tue, Jul 9, 2019 at 10:59 AM

----- Forwarded message -----

From: **Sausalito Village** <[sausalitovillagenews@gmail.com](mailto:sausalitovillagenews@gmail.com)>

Date: Mon, Jul 1, 2019 at 8:47 PM

Subject: July 2019 Sausalito Village Newsletter

To: <[triciasmith58@gmail.com](mailto:triciasmith58@gmail.com)>

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## SPECIAL THANKS

**Thanks to the Sausalito Chamber of Commerce**

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## **July Lunch About Town - a gift from the Chamber!**

Thanks to the generosity of the Sausalito Chamber of Commerce, the June Mixer raffle prize money was donated to Sausalito Village and CARSS specifically for this month's Lunch About Town. What will it be? A picnic in Gabrielson Park. The City of Sausalito's Park and Recreation department will reserve tables and chairs for us under the trees on the north end of the park. Lunch will be provided by Chris of Venice Gourmet and will include a selection of sandwiches, salad and chips. RSVP so we know you are coming! FREE to Members and Volunteers, guests will be \$10.

[CLICK HERE](#) TO RSVP

**July 26, 2019, Noon-1:30pm  
North end of Gabrielson Park**

**Call CARSS for a ride by July 24th: 415-944-5474**

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# Here to Stay: Home Upkeep for All™



## **PLAN TO AGE IN YOUR HOME?** **Check out this new publication from AARP**

Click on the link below to download the full guide entitled: "Here To Stay: Home Upkeep For All published by the AARP Foundation. In it you will find practical tips on what to do, when to bring a professional in, how to find a professional and budgeting.

NOTE: This is a 75 page publication you will be downloading. It is meant to review online and NOT print.

[CLICK HERE TO DOWNLOAD PUBLICATION](#)

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## Volunteer for the Floating Homes Tour ....and you will help Sausalito Village

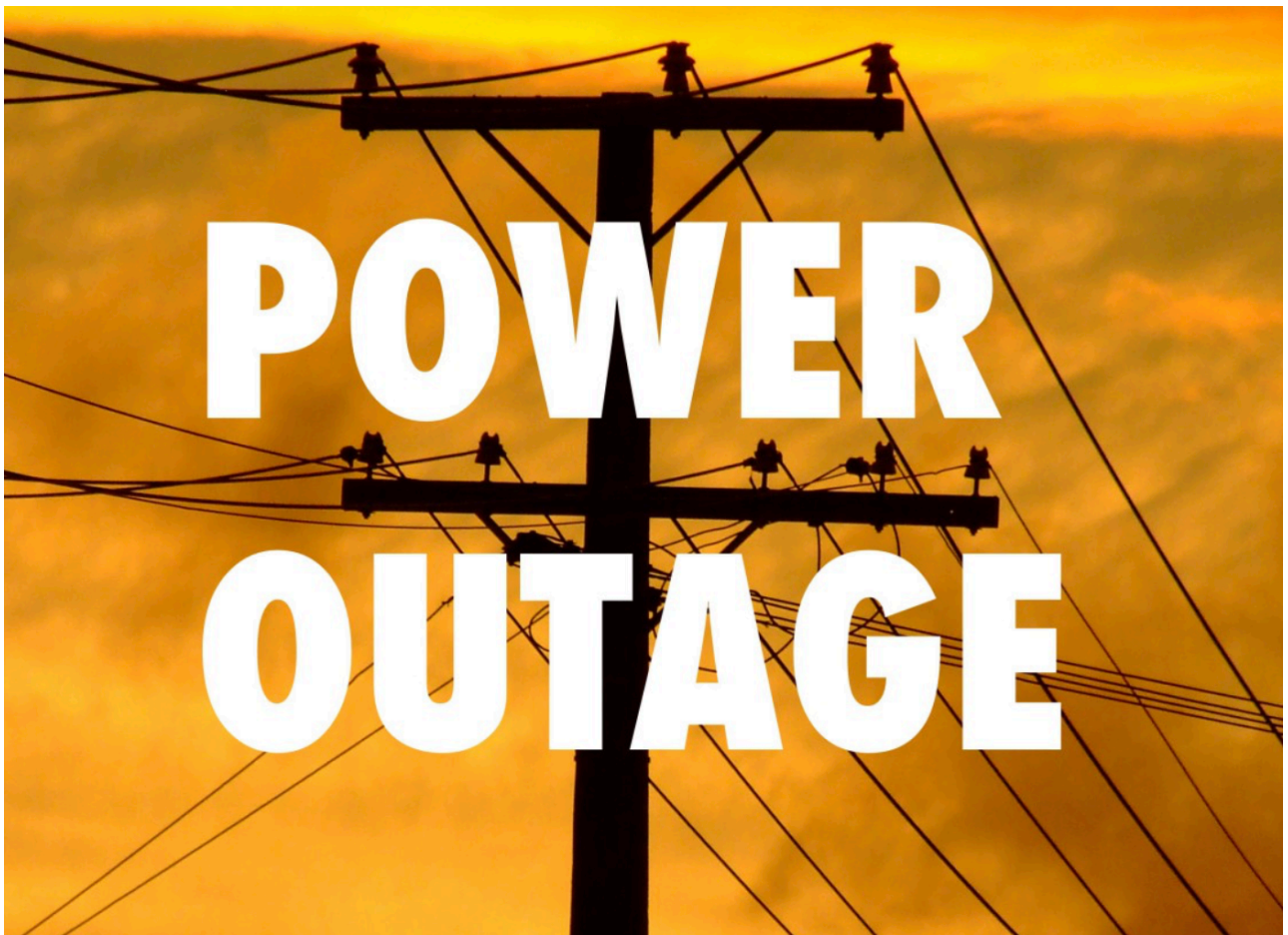
Please plan to volunteer for a shift at this years Floating Homes Tour on September 14, 2019. By doing so, you not only help the Floating Homes Association, but you also help Sausalito Village. How? SV is one of two beneficiaries of the funds the Floating Homes Association raises and donates! They do this because Sausalito Village provides many of the volunteers like YOU! But, it is also FUN!

When you sign up, please put an 'SV' next to your name so they know you are a Village member, volunteer or friend! Thanks so much. To sign up for a volunteer shift and job, click here: [Sign up here](#)

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## EMERGENCY PREPAREDNESS

PG & E Outages - How Can Sausalito Village Prepare?



Did you know PG&E might be turning off the power to prevent Fires?  
Are you prepared to live for 5 days without power? Lights? Refrigeration?

PG&E has a new outage program to help prevent fires that could turn off your power for hours to days if weather conditions are ripe for fire.

**Sausalito Village wants to develop a plan to educate and support our members**

**Would you like to help?**

**The Board is forming a small group to support our community. If you are interested**

**Please contact Flo Hoylman [flohoy@gmail.com](mailto:flohoy@gmail.com)**

**or 415 332 1043.**

Whether you want to be part of the planning or not one thing that is very important to do is call PG&E and get on their notification alert system 1-877-660-6789

If you have special needs for power please make sure you tell them when you call.

You can sign up by going online to [PGE.org](http://PGE.org)  
Go to power outage notification and sign up.  
You will need your Account number to sign in.

Stay tuned: You will be hearing more from the Village on how to prepare.



## INTERESTING ARTICLES

Below are some articles that our volunteers and members thought you'd find interesting. Click through to read the entire article. Read something that other Sausalito Village members might like to read? Email us and your submission may be included in a future Newsletter.



The Rise of 'Cool' Senior Living Communities, submitted by Flo Hoylman. Read more about how developers are trying to differentiate themselves, and meet the growing demand for seniors that don't want the same old same old. [CLICK HERE TO READ FULL ARTICLE](#)



Chronic insomnia is linked to an increased risk of developing hypertension, Type 2 diabetes, heart attack, depression, anxiety and premature death. [CLICK HERE TO READ NYT ARTICLE:](#)

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**SAVE THE DATE**





## **Come join in the fun in the 4th of July Parade!**

Walk, bike, or ride with other Sausalito Village members and volunteers. [CLICK HERE FOR MORE INFORMATION](#)

**July 4, 2019, 8:30am - 12:00 noon**  
**Meet at 105 Third Street, Sausalito**



## **OYSTERS! Trip to Hog Island Oyster Company**

This will be a wonderful afternoon picnic on beautiful Tomales Bay, at a glorious warm time of year, with abundant oysters for those who love them. Better than Hog Island Sweetwaters it does not come! Those are the variety mostly farmed in Marshall. We will have a picnic table by the

Bay. We can each bring picnic things we love: cheese, bread, veggies, wine, beer, whatever! But all of that is also available at Hog Island's Boat Oyster Bar. You needn't bring anything if you don't want to. The food at the Boat Bar is wonderful! And all this in the glow of late afternoon sun on a beautiful Bay!

We will each have to pay for our own items from Hog Island. This is not an inexpensive caper – oysters don't come cheap, much as we might wish. Bring ample cash or credit cards for oysters and what you want to order from the Boat Bar.

Bring LAYERS, HATS, DARK GLASSES. You are guaranteed a memorable experience and an excellent good time! Hope you'll join us! Priority is to Members, if there is space closer to the event, it will be opened to non-members.

Please register online or via the Sausalito Village concierge. Payment of \$15 for transportation is required at registration. Maximum attendance 15. A waitlist will be created.

**Monday, September 16, 2019 - Noon to approximately 5:00pm**  
**Meet at City Hall Parking Lot**  
**RSVP and pay online: [CLICK HERE](#)**

# JULY 2019



## BIRTHDAY TOAST AND SINGALONG



Raise a toast and sing happy birthday to our members celebrating July birthdays. Andy Dudnick will be playing the piano and hopes to be accompanied by...you! Here who is celebrating!

**Jola Anderson - Holly Bacuzzi - Don Beers - Mimi Ting - Gale Brewer  
Robert Clark - Holland Gray - Brad Hathaway - Judy Holmes - Flo Hoylman  
Roy Johnson - Linda Ojeda - Bill Ring - Linda Sempliner - Ted Sempliner  
Jim Ward - Wilford Welch - Marcia Williamson - Dave Yancey**

**July 15, 2019, 3:00pm-4:30pm  
Chamarita Room, 501 Olima Street**

## LAST MONTH AROUND THE VILLAGE



Bill R.



Courtney, Mary, David



We love pictures of our members at events and around town. Have pictures to share? [Email Us!](#)



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Sausalito Village and CARSS  
[www.sausalitovillage.org](http://www.sausalitovillage.org), [carss4you.org](http://carss4you.org)