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Date: 10/1/2016
Subject: Sausalito Village October Newsletter
From: Sausalito Village

**SAUSALITO VILLAGE**

October 2016 NEWSLETTER

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City Council Candidate Meet and Greet Happened This Morning!

Moderated by Jackie Kudler, SV Board Member



There are four candidates this year for three open seats on the Sausalito City Council. The candidates are (in alphabetical order) Joe Burns, Joan Cox, Sam Ruben and Ray Withy. Two current Council Members have chosen not to run again - Linda Pfeifer and Sausalito Village member, Tom Theodores.

The Chamarita Room at Rotary Village Housing provided the perfect venue for attendees to ask questions and get to know the candidates better. Missed it? Don't forget to attend the formal candidate debate to be held Tuesday, October 4th at the Spinnaker. This debate is sponsored by the Sausalito Woman's Club and moderated by the League of Women Voters. Doors open at 6:30pm. Rides are available through CARSS. Call 415-944-5474 to reserve a ride. Please reserve by 5pm on Monday.



4th Annual SV Art Show and Opening

Art, Authors, Music

Bigger and Better Than EVER!



Reaffirming Sausalito's stature as a center and fount of creativity, Sausalito Village hosts an annual art show, featuring the works of Sausalito's graphic artists, writers and a full range of the talent that has made our town unique since its earliest beginnings and continues to vitalize the creative spirit of Sausalito.

The 4th Annual Art Show, sponsored by Sausalito Village will be bigger and better than ever. Held in the past in the City Hall Council Chambers, this year's show will be mounted in the Sausalito Library, a much larger and more accessible space, starting on October 23 and running through December 4.

Recognizing that the show has outgrown its original Council Chambers space and in order to accommodate visitors with a more accessible time line, Chief Librarian Abbot Chambers has generously allocated the library space for the span of the exhibit.

Thanks to Abbot's generosity, the show will be available for viewing whenever the library is open. Besides the regular hours, Abbot will keep the library open for the Art Show's grand opening.

The opening celebration of the Sausalito Village Art Show will take place at the Library from 6 to 8 p.m. on Sunday, October 30th. Co-chaired by Joyce Alexander, Tricia Smith and Karen Moeller, the event will include food, wine, art, books and music provided by John Imholz, all free. All are welcome to attend. The Art Show is co-chaired by acclaimed Sausalito artists Hillair Bell and Michael Sheets. Betsy Stroman, author of a book on the Sausalito Library's genesis and history, *A Place of Innocent Recreations*, as well as a biography of Jean Varda, is chairing the authors' event at the opening. Local authors will be asked to participate in the opening celebration and will be responsible for displaying and selling their own books.

Although many fine artists have already committed works to the exhibition, there is still room, so artists who are interested in participating are asked to contact Hillair or Michael at hillair.michael@gmail.com and authors who are interested in participating and selling their works the night of the opening show should contact Betsy at betsystroman@gmail.com.

JOIN IN THE FUN *THIS* SUNDAY....NOT TOO LATE TO RSVP!

**The Lions Club is Heating Up the BBQ
To Celebrate CARSS and SV and YOU**

RSVP TODAY!! To triciasmith58@yahoo.com



Volunteers, Members and Friends are invited to the 2nd Annual Lions Club BBQ. The Lions Members will be cooking up a storm - hotdogs, chicken/apple sausage and all of the sides will be there -
salad, chips, fruit and dessert.
WINE, BEER, SODA
RAFFLE PRIZES!!

Join the the FUN to celebrate CARSS and SV

Money Matters Addressing Your Financial Future in Marin County



The following is excerpted from the Money Matters web site

Money Matters is a community service that aims to empower you to make the right financial decisions for you and your loved ones. We give you free access to the information you need, help and advice from local and county experts, and the support of community members who want to be able to live long and live well in Marin Country – just like you.

Part of the the Marin Aging Action Initiative, and launched in partnership with the Marin Women's Commission, the County of Marin Commission on Aging and local community resources, Money Matters is your friend in the community – not a sales pitch. There are no follow-up calls, no pressure to make fast decisions, just the information you need from people who want to help you age comfortably in Marin.

You want to afford Marin life. Just like we do. Join us. Get educated. Make choices. Live and age where you choose.

Upcoming FREE MONEY MATTERS Events

Thursday, 10/06/2016, 10:00 am - 11:00 am **Retirement Risks For Women**, Marguerita C. Johnson Senior Center, Marin City

Saturday, 10/29/2016, 10:00 am - 2:00 pm **Financial Planning Day**, Marin Civic Center Exhibit Hall, San Rafael

Saturday, 11/12/2016, 9:00 am - 12:00 pm **A Place Called Home -- Making the Most of the One You Have; Finding One You Can Afford**, Dominican University, Guzman Hall, San Rafael

Saturday, 12/03/2016, 9:00 am - 12:00 pm **50+ Employment: Yes, Virginia, You Can Still Find Meaningful Work**, Dominican University, Guzman Hall, San Rafael

CLICK HERE FOR: [Money Matters Website](#)



Speak up about public transportation in Marin!



TAM invites you and members of the community to have a conversation about Marin's transportation future. Your input is important to plan for a transportation future in Marin that keeps everyone moving. Together we can make a difference in how we move around the county.

People in Marin are busy, and travel all around the county to commute to jobs, go to school, shop, socialize and enjoy our parks and coastline. How can we get where we need to go with convenient transportation options, and at the same time protect human health and the environment?

TAM has developed this website with helpful information about transportation opportunities and challenges in [Getting Around Marin Today](#) and has launched a survey to get your input!

CLICK HERE to complete the TAM Survey



Photos and article from TAM Website

Could you benefit from Memory Cafe? Here is the answer from Director, Patricia Ris



Join us at Memory Care Café!

Getting out of the house and spending time with friends and family often becomes difficult when caring for someone with memory loss. And yet, staying socially active and engaged in life helps to make life better for both partners!

Memory Care Café's social gatherings offer a chance to get out and have some fun with a welcoming circle of friends. We invite care partners—people with memory loss and their family or formal caregiver—to come together. It's an opportunity to experience some relief from the normal routine through socializing, activities, and a little independence.

Sometimes our meetings take the form of a luncheon. Other times we meet at a museum, go for a scenic walk, or spend the morning playing bocce ball together. We always get together on Tuesdays in the late morning for a couple of hours, and we alternate locations between San Francisco, Marin and the East Bay.

On our memorycarecafe.org website, there's a handy calendar of events and links to RSVP if you'd like to drop in and try it out. Once you sign up for an event, you'll receive a detailed reminder email about the event, with location, directions, and what to bring along. Please feel free to call or email with any questions or concerns:

Patricia Ris (415) 309-7963; patricia@memorycarecafe.org. Please join us!



FOLLOW Sausalito Village on Facebook



Even if you are not on Facebook, you can view postings and photos.
Here is the link: [Sausalito Village Facebook Page](#)

31st Annual

*Sausalito Village
Health Care Advocacy
Corner*

Marin County Senior Information Fair

Wednesday, October 26th

Marin Exhibit Hall, San Rafael

Rides available by SV

The annual Senior Information Fair is a unique opportunity for people to learn about the County's resources for older adults. This year's event theme "Stepping Through The Looking Glass" encourages you to be curiouser and curiouser!

Held at the Marin Exhibit Hall in San Rafael, this years event will host over 135 tables chock full of information ranging from government programs about housing to caregiving resources, healthy eating, fitness coaching and more. Look for Age Friendly Sausalito who will be there supporting the Age Friendly Marin table.

This event is free and runs from 9:00am - 3:00pm.

Sausalito Village will be providing rides this year - check the calendar for more information.

Click here to review the flyer: [County Info Fair](#)



Sausalito Village Adventures in the Works....interested in helping them get off the ground or have some ideas? Let us know!

- 10/? Trip to the Sake Factory in Berkeley and sushi box lunch
- 10/? Ferry and City hike to Coit Tower, lunch in North Beach
- 10/20 Golden Gate Fields
- 11/1 Asian Art Museum, San Francisco
- 11/17 Pier 24 Photography, San Francisco
- 12/? Met Opera at the Lark Theater, Larkspur
- AND MORE!

Contact Tricia at triciasmith58@yahoo.com

Member Share Area

Email triciasmith58@yahoo.com if you have something to add next month

Nina Meister, Sausalito Village Member had this to share about the September 21st SV Trip: Field Trip today! With the Sausalito Village People...Double 8 Dairy west of Petaluma where they raise water buffalo and make fabulous gelato di bufalo which we sampled - salted caramel...so yummy! 10% milk fat. Then on to Nick's Cove for lunch. I enjoyed a platter of 12 raw oysters and I could have eaten twice that.

Sausalito Village Member **Sonia F.** has a unique request. Sonia has several health issues that are being exacerbated by the construction on Caledonia Street near her apartment. If you know Sonia and are willing to allow her to rest at your home during the day once or twice a week in October, it would be greatly appreciated. Call Sonia directly at 415-331-3359.

Don't Miss The Calendar of Events, Click Here:



SPECIAL THANKS TO FIRST CALIFORNIA REALTY AND STATE FARM



Every month, Sherrie Faber of First California Realty and Jon Lam of State Farm print and mail this newsletter to Sausalito Village members who do not have computers. This helps to keep all of our members connected to our community. Don't forget to say a special THANK YOU to them when you see them in town.

Sausalito Village is a 501(c)(3)
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[415-332-3325](tel:415-332-3325)

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