



Happy Monday, Villagers

Please send along your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our website for more information about our organization and programs.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

Note: The Tips now has its own [email address](#) to forward ideas for content.



Monday: [Stretch & Strengthen with Rayner](#). 11-12

Tuesday: [FIRE SMART LANDSCAPING - FIRESAFE MARIN](#). 6-7

Wednesday: [AGE FRIENDLY MARIN FORUM "EMERGENCY PREPAREDNESS FOR OLDER ADULTS"](#). 10:30-11:45

Wednesday: [PICKLEBALL AT MLK COURTS - COME LEARN AND PLAY!](#). 2:15-3:15

Saturday: [E-WASTE DROP OFF EVENT IN SAUSALITO](#). 10-4

Sunday: [TALES OF THE TRAIL](#). 7-8

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

“The secret to finding
the deeper level in the other
is finding the deeper level in yourself.
Without finding it in yourself,
you cannot see it in the other.”

—Eckhart Tolle



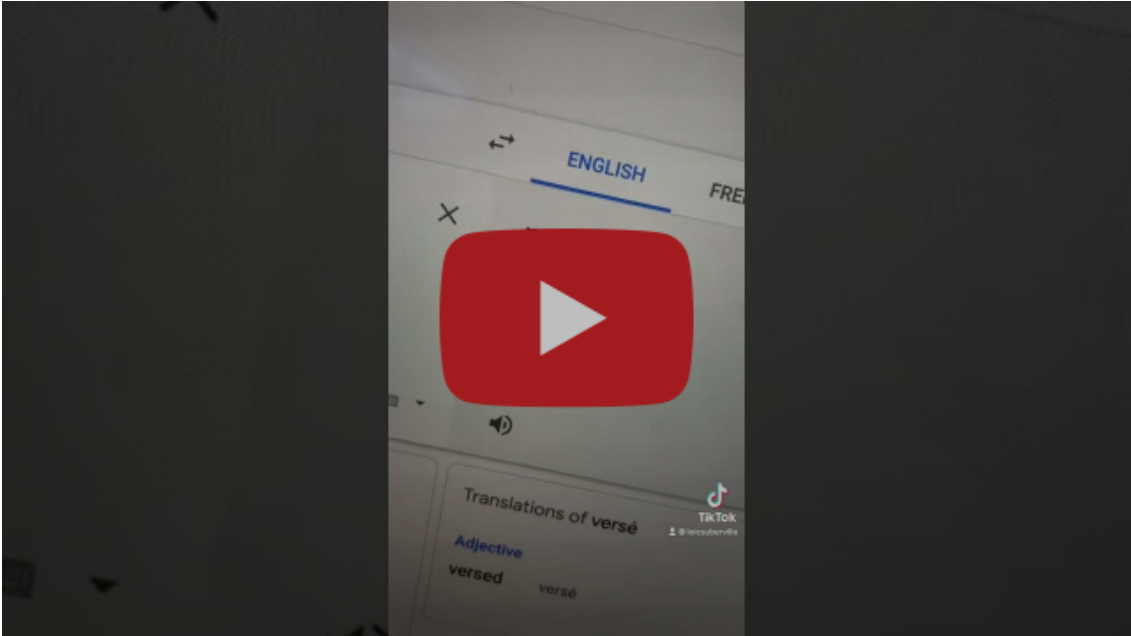
The Griot Theater Company is more than a theater company. We are a collective of artists, educators, and entrepreneurs committed to exploring, embracing, and amplifying brown and black culture through the arts. We are the Griots of our time, responsible for salvaging our culture, which has fought to exist.

We are working with Sausalito Marin City School District and Conservatory Theater Ensemble (Tamalpais Theater Department) to birth a culture of theater within our community. We will nurture our middle and high school students' creativity by offering artistic training, mentorships, and performance opportunities. We welcome all young storytellers from diverse backgrounds who wish to tell their story more clearly, so the world might be healed and transformed.

Subscribe

Past Issues

Translate ▼







[41 Surprising Rules First Ladies Have to Follow](#)

The First Lady of the United States may not be a politician herself, but she's certainly got her work cut out for her. Throughout American history, the role of the first lady has evolved with each new administration.



[THIS SUSTAINABLE HOME MADE FROM “AIR CONCRETE” IS FIREPROOF, WATERPROOF & DIY-FRIENDLY!](#)

If you don't know, [concrete is really bad for the planet – it is responsible for 8% of the global carbon emissions!](#) In the quest to find the perfect substitute many alternatives like foamcrete, papercrete, and hempcrete were created. Now we've got aircrete – a foamy mixture of air bubbles and cement which is cost-effective to produce, DIY-friendly, and has the essential safeguarding properties needed for construction.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

[Are our pets gobbling up the planet?](#)

From the meat-based meals to kitty litter to plastic poop bags, pet care is unarguably bad for the environment. What can we do about it?



Why Fire-smart Landscaping is Critical NOW

Many parts of Marin County are at risk for wildfire. This is especially true in the wildland-urban interface (WUI), where urban and suburban development meets undeveloped areas.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

California wildfires have become more frequent, intense, and destructive. This is due to more wildland vegetation, more development in the WUI, and the pervasive effects of [climate change](#).

Embers are the most significant cause of home ignition in wildfires. Embers are small pieces of burning material that can travel more than a mile from a wildfire. They can create spot fires when they land on combustible materials such as dry leaves in roof gutters.



For information about our programs, events, emergency preparedness, and COVID resources, visit the continuously updated Sausalito Village [website](#).

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

[Subscribe](#)

[Past Issues](#)

[Translate ▼](#)