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Happy Wednesday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Photo by Rayner Needleman

Note: The Tips now has its own [email address](#) to forward ideas for content.

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WHAT'S HAPPENING

Wednesday: [PICKLEBALL AT MLK COURTS - COME LEARN AND PLAY!](#)

2:15-3:15

Wednesday: [THE PAST, PRESENT AND FUTURE OF MARIN CITY GOVERNANCE](#). 7-8:30

Thursday: [ASHBY VILLAGE HOSTS: UNDERSTANDING PAIN THROUGH THE MIND BODY CONNECTION](#). 10:30-11:30

Thursday: [WORKSHOP: APPLE MUSIC AND ITUNES](#). 11:30-1

Thursday: [EVENING OF POETRY HOSTED BY THE SWC](#). 7-9



The Sausalito Vaccination Event will be held:

Thursday, April 22 from 12:30 pm - 2:00 PM

Location : Martin Luther King Park Gymnasium, Coloma Street, Sausalito

Priority will be given to Older Adults and any Caretakers living or working in Sausalito, but we will also accommodate other Sausalito residents and local workers. 16 and 17 year olds are also eligible, and must be accompanied by a parent or guardian.

No reservation is necessary, but please let us know you plan to be there, We will offer the Pfizer Vaccine. The 2nd Dose will be provided May 13 at the same location.

Only 50 people can be accommodated. So we need to keep a count, as best we can.

If you plan to come to be vaccinated, please send an email to:

agefriendlysausalito@gmail.com with the word "VACCINATION" in the subject line.



[Travel the historic Chesapeake and Ohio Canal on this virtual tour](#)

The Chesapeake and Ohio Canal extends for 184.5 miles from Washington, DC to Cumberland, Maryland. For nearly a century, the canal served as a lifeline for settlements along the Potomac River, and today, it's a place of immense beauty, rich history and abundant recreational opportunities. Come

Brain cells, hair cells
and skin cells - they
all die constantly, but
freaking fat cells seem
to have eternal life...



7 Ways You Can Always Spot Someone Is From New Jersey, No Matter Where They Are

Is anyone prouder of their home state than those from New Jersey? Wherever a New Jerseyan goes, they carry their state pride with them. (Can you blame them? It's a great place to live!) This makes it very easy to tell when someone comes from New Jersey, though. Here are the telltale signs.



[How to Create a Fire-smart Landscape](#)

Defensible space are areas intentionally planned and maintained to reduce fire danger and to allow firefighters ample room to address embers and spot fires before they grow. **The two key factors in creating a fire-smart landscape are planning and maintenance.**

Planning takes into account the distance combustible materials like plants, decks, and other common landscape items are located from your home and other built structures.

Maintenance is all about keeping your landscape well-groomed, hydrated, trimmed, and correctly mulched. The goal is to grow an [Earth-friendly garden](#) while increasing the odds that your garden will survive a nearby wildfire.

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[When the Indiana Bell Building Was Rotated 90° While Everyone Worked Inside in 1930 \(by Kurt Vonnegut's Architect Dad\)](#)

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[Europe's oldest person, 117-year-old French nun, survives COVID-19](#)

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MANY HANDS MAKE LIGHT WORK

For information about our programs, events, emergency preparedness, and COVID resources, visit the continuously updated Sausalito Village [website](#).

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