



## Happy Tuesday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

*Note: The Tips now has its own [email address](#) to forward ideas for content. Please correct your email.*

**Photo: Evening at Cavallo Point by Harrie Schwartz**



**Wednesday:** PICKLEBALL AT MLK COURTS - COME LEARN AND PLAY!  
2:15-3:15

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**The [SausalitoVillage Website](#) has the most up-to-date information on COVID, including where to sign up for vaccinations.**

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Stretch & Strengthen with Rayner.

**Praktikos**  
*Deep Meditation*



**Chanting > Singing Bowls >> Inner Silence**  
**Tonight at 5:00 and 7:00 Pacific**  
*For more information Email: [Praktikos@outlook.com](mailto:Praktikos@outlook.com)*

Richard Pavek invites you to join one of these Praktikos Sessions.

[https://us02web.zoom.us/j/81955765433?  
 pwd=NVNyRkZJRkZ3aUFwQkpRYjZmdU5Ddz09](https://us02web.zoom.us/j/81955765433?pwd=NVNyRkZJRkZ3aUFwQkpRYjZmdU5Ddz09)

Meeting ID: 819 5576 5433

**8,684,380 Million Pounds**  
*of Annual CO2*  
*Pollution Reduced!*

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## JOIN A SPRING CLIMATE ACTION TEAM

Make Positive Changes with Resilient Neighborhoods

Spring is a time for renewal. And now is a good time to get the help you need to tidy up your carbon footprint through the 5-session **Resilient Neighborhoods Climate Action Workshop** series. During the program, you will choose from over 100 actions to reduce your carbon footprint- many are easy, low-cost and impactful. If you are ready to make the bigger changes to electrify your home or transportation, you will receive the support and resources you need. And, you will take the steps needed to prepare for emergencies like wildfires and power outages.

*Call out to **Fairfax Residents**: sign up for the Wednesday series to connect with others in [your local climate action groups](#).*

### Online Climate Action Workshop Online Climate Action Workshop

**Wednesdays: 6:30-8:30pm**

**Thursdays: 4:00-6:00pm**

[CLICK HERE TO REGISTER](#)

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Meeting 1: Wednesday, March 31

Meeting 1: Thursday, March 25

Meeting 2: Wednesday, April 14

Meeting 2: Thursday, April 8

Meeting 3: Wednesday, April 28

Meeting 3: Thursday, April 22

Meeting 4: Wednesday, May 12

Meeting 4: Thursday, May 6

Meeting 5: Wednesday, May 26

Meeting 5: Thursday, May 20

[Click here for more details](#)



## [20 Food Splurges Restaurant Chefs Say Are Totally Worth It](#)

Because boxed noodles don't compare to handmade pasta.



## Nobody Warns You About

To save us all some time, I'm going to start this by being blunt. A lot of my friends are dead. Romantic partners, roommates, high school friends, college friends, music scene friends, co-workers—too many to mention by name here. I can tell you that the youngest was 15 and the oldest was 47. And that there have been cancers, vehicular collisions, strokes, suicides, freak accidents, substance abuse, mental health problems, and one random act of violence.



## Can airports meet the challenge of a surge in summer travelers?

"It doesn't matter how clean the plane is if the airport isn't clean and healthy," said one airport director.

**We all know  
mirrors don't lie...**

**I'm just grateful  
that they don't  
laugh.**



## Conversations at Sausalito's Books By The Bay

Cheryl Popp will be in conversation with local author Vendela Vida this Wednesday, March 24<sup>th</sup>. This installment of Sausalito Books by the Bay Virtual Happy Hour Author Series starts at 5:30 PM. Vendela's new book *WE RUN THE TIDES* is a captivating coming of age novel set in San Francisco's Sea Clift neighborhood in the 1980's. Think precocious teenage girls and all the wonder and wickedness they bring. Beautifully composed and written with such a true voice. To register and/or purchase a copy of the book: <https://www.sausalitobooksbythebay.com/.../vendela-vida...>

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## ***SAVE THE DATE***

**Thursday, May 27, 2021  
10am – 12:30pm**

### ***IS THERE A DOCTOR IN THE HOUSE?*** **Telehealth & Bridging the Digital Health Divide**

The Marin County Commission on Aging presents this special webinar designed to promote an understanding of Telehealth - the new normal - and what the County is doing to provide wider access throughout Marin. Participant fee has been waived. Event and registration details will be available next month.

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381 (voice), (415) 473-3232 (TTY) or 711 for the California Relay Service or emailing [disabilityaccess@marincounty.org](mailto:disabilityaccess@marincounty.org) at least five [work days](#) in advance of the event.



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***For information about our programs, events, emergency preparedness, and COVID resources, visit the continuously updated Sausalito Village [website](#).***

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