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Happy Monday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Note: The Tips now has its own <u>email address</u> to forward ideas for content.

Please correct your email.

Photo: Reflecting Pink by Ingrid Kreis

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SOON!

SOON!

SOON!

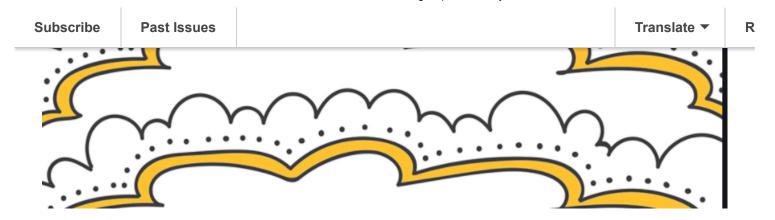
SOON!

Monday: <u>STRETCH AND STRENGTHEN WITH RAYNER</u>. 11-12

Wednesday: PICKLEBALL AT MLK COURTS - COME LEARN AND PLAY!

2:15-3:15

The <u>SausalitoVillage Website</u> has the most up-to-date information on COVID, including where to sign up for vaccinations.



Take in the Good

Do Positive Experiences "Stick to Your Ribs?"

Scientists believe that your brain has a built-in "<u>negativity bias</u>." In other words, as we evolved over millions of years, dodging sticks and chasing carrots, it was a lot more important to notice, react to, and remember sticks than it was for carrots.

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The next trontier in air travel: Digital passports as proof of vaccination or testing

Governments will likely require travelers to have some form of proof of vaccination in the near future, but critics say that could lead to inequity.



Sally Grossman, Immortalized on a Dylan Album Cover, Dies at 81

She picked out a red outfit and struck a relaxed pose on the cover of "Bringing It All Back Home," leaving much for fans to guess about.

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Space oddity Oumuamua probably shard of Pluto-like world, scientists say

Interstellar visitor likely made of frozen nitrogen, cookie-shaped rather than cigar, and not a comet or asteroid – while some stick to alien theory



How Well Do You Remember Literary Devices from High School English Class?

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For information about our programs, events, emergency preparedness, and COVID resources, visit the continuously updated Sausalito Village <u>website</u>.

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