



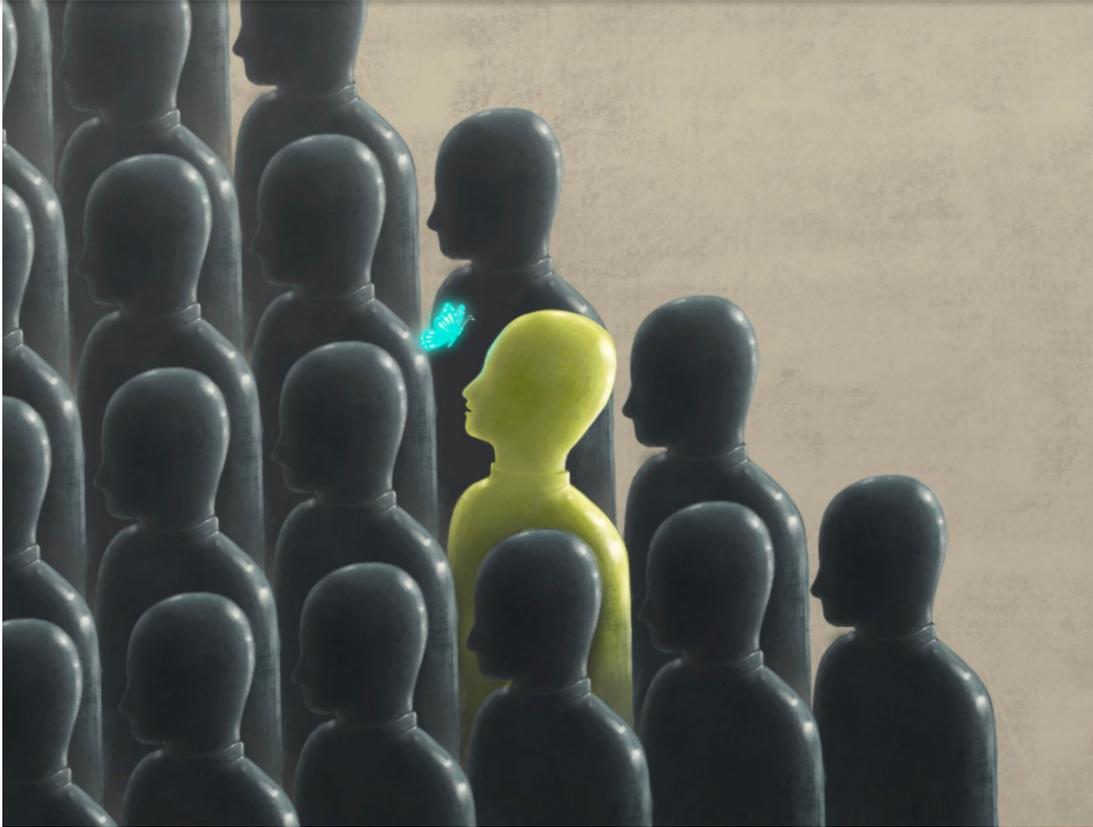
Happy Friday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Note: The Tips now has its own [email address](#) to forward ideas for content. Please correct your email.

Photo: A Good Read by Ingrid Kreis

The [SausalitoVillage Website](#) has the most up-to-date information on COVID, including where to sign up for vaccinations.



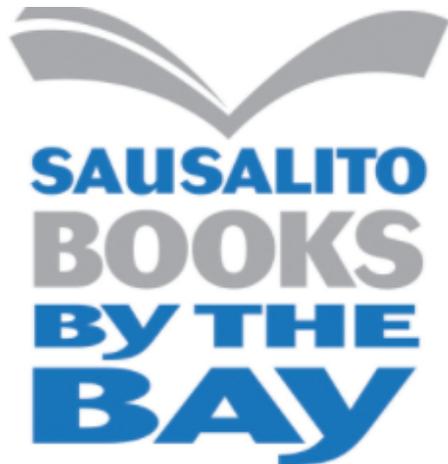
[A Neuroscientist Explains How to Quiet Your Mind and Find Some Peace](#)

Stuck in a loop of negative thinking? The solution is simpler than you probably think



[Classic Portraits Wearing a Mask](#)

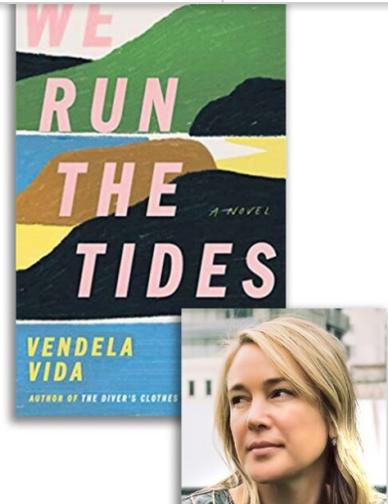
For the past fifteen years, German artist [Volker Hermes](#) has been revisiting famous portraits paintings by hiding their mouth, their eyes or their entire face through photomontages. His “Hidden Portraits” project allows us to focus on something other than the people’s faces and emotions, to pay more attention to clothes and fabrics which also include many details. Suffice to say that since the global pandemic and the obligation to cover half of our faces with a mask, his artworks have been taking on a new dimension.



March 24th, 5:30pm

Vendela Vida *We Run The Tides*

A gripping coming of age drama cast in the foggy oceanside mist of San Francisco's Sea Cliff neighborhood in the 1980's. An homage to teenage friendship in all its splendor, horror and innocence. A poignant and suspenseful, wonderfully written portrait of a former time and place that resonates long after the last page.



[Register for this event](#)

Check out the March newsletter [Turning The Page](#)



[Scientists may have solved ancient mystery of 'first computer'](#)

Researchers claim breakthrough in study of 2,000-year-old Antikythera mechanism, an astronomical calculator found in sea

2. **Donate** instead of selling—it is easier to let go of something knowing that your items will go to someone in need.



5 Simple Strategies to Make Letting Go of Clutter Easier

Because decluttering can get difficult.



Between Anger And Sadness: How The Climate

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[Surveys](#) have found that 47% of Americans aged 18 to 34 feel that stress related to climate change impacts their daily lives. That number is even higher for teens, at 57%. Climate anxiety is [increasingly being seen as a public health issue](#), especially for young people and children.



For information about our programs, events, emergency preparedness, and COVID resources, visit the continuously updated Sausalito Village [website](#).

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