



"Mental note, the yellow tank is helium."

Happy Monday, Villagers

Please [send along](#) your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our [website](#) for more information about our organization and programs.

Note: The Tips now has its own [email address](#) to forward ideas for content. Please correct your email.

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Monday: [Online Chair Yoga](#). 11-12

Wednesday: [VILLAGE MOVIE GROUP WATCH - "JEFF WHO LIVES AT HOME"](#). 2-3:45

Wednesday: [VILLAGE MOVIE GROUP DISCUSSION](#). 4-5

Wednesday: [CANCELLED!! CHAMBER COUCH SHOPPING EVENT!](#) 6-8

Thursday: [SEX, SENIORS AND INTIMACY: FOR EVERYONE](#). 4-5:15

The [SausalitoVillage Website](#) has up-to-date information on COVID vaccinations and tests.

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ADULT LEARNING
AND LIVING



Still Traveling:

Bewitching Broadway

Four Mon, Feb 8-22: 11am-12:30pm (PT)

Let James Sokol zoom you to NYC to meet and "tour" with our terrific, local guide, a Broadway history expert who shares interesting stories, rarely seen

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- Act II: The Shuberts & Beyond (Feb 8)
- Act III: "Hamilton": The Real NYC Sites (Feb 15)
- Act IV: Hippies, Discos & Dogs, Oh My! (Feb 22)

Cost: \$37.50

[Register](#)



Cocktails & Cabalettas:

Operatic Happy Hours

Four Wednesdays, Feb 10-24: 3-4pm (PT)

Stir, shake, pour a cocktail, wine or other libation and join James Sokol for a happy hour of beautiful music, interesting tidbits, and lively banter; Come for the music; stay for the fun!

Cost: \$20

[Register](#)



[How Solar Sails Are Remaking Space Exploration](#)

Using the pressure of the sun's rays to propel spacecraft, solar sails will allow future unmanned missions to be longer and cheaper while reaching the outer solar system—and possibly beyond.

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[Steel Sculptures by Regardt van Der Meulen](#)

[Regardt Van Der Meulen](#) is concerned with the ephemerality of human life, a fascination that manifests in his sweeping steel sculptures. Fragmented and oversized, the works juxtapose the unyielding material with the movement inherent in the figures' poses and the shapes of their garments. Each of their bodies is incomplete, whether through a bisected limb or torso gaping with negative space.



[Singing Voice Performs 'I've Gotta Walk That Lonesome Road'](#)

Vocalist [Tim Storms](#), who set the [Guinness World Record](#) for the “[lowest vocal note produced by a male](#)” in 2012, performed a beautiful, low-pitched cover of the classic Gospel song “I’ve Gotta Walk That Lonesome Road” in a promotion for [Alpha Stream](#) audio technology, which improves the sound experience, even on an inexpensive pair of headphones.



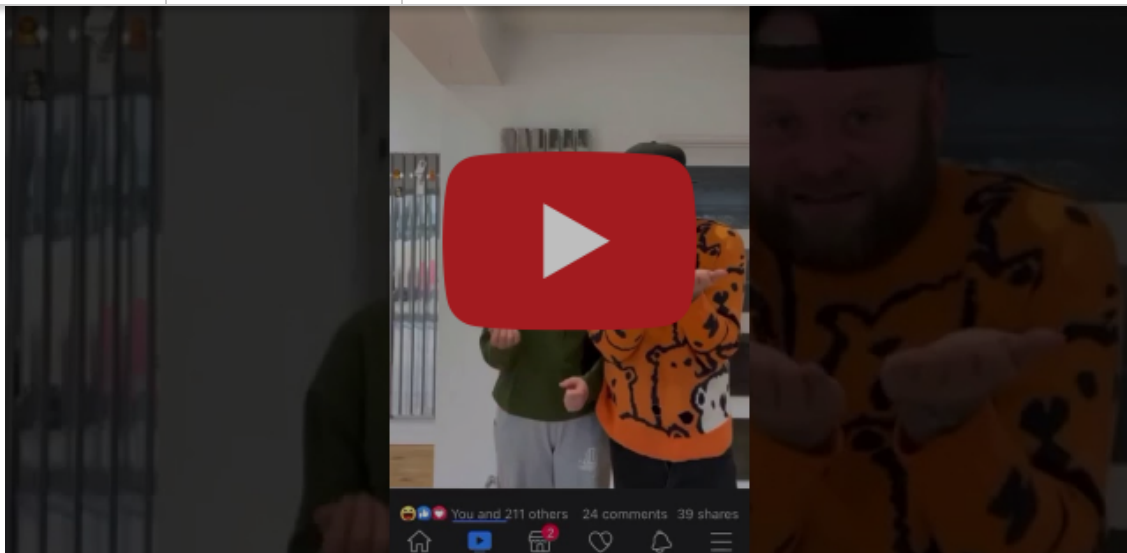
[What Happens To Your Body When You Walk Every Day](#)

Can you really lose weight while walking?



[Broken Air Conditioner Plays a Decent Jazz Drum Solo](#)

[Jonny Shire](#) captured footage of a malfunctioning air conditioner that accidentally performed a rather decent jazz drum solo. Unlike a real solo, which usually ends in rhythm with the rest of the band, the errant cooler just keeps going and going.

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**we are A
Community**

***For information about emergency
preparedness and COVID resources, visit the
continuously updated Sausalito Village
[website](#).***

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