

Happy Thursday, Villagers

Please <u>send along</u> your suggestions for materials to add to the daily tips. We're always looking for good content. And visit our <u>website</u> for more information about our organization and programs.

Note: The Tips now has its own <u>email address</u> to forward ideas for content.

Please correct your email.

Photo: Abbott's Lagoon, PRNS by Tricia Smith



Thursday: SAUSALITO TOWN HALL - MAKE YOUR VOICE HEARD.6-8

The <u>SausalitoVillage Website</u> has up-to-date information on COVID vaccinations and tests.

The New York Times just published this comprehensive <u>overview</u> on Covid vaccinations.

Marin wildfire agency invests in evacuation app



"At this particular juncture in time, there's a real sense of uncertainty about

School.

After 40 years of treating stress disorders with mindfulness-based techniques, he is a premier authority on this increasingly pressing subject.

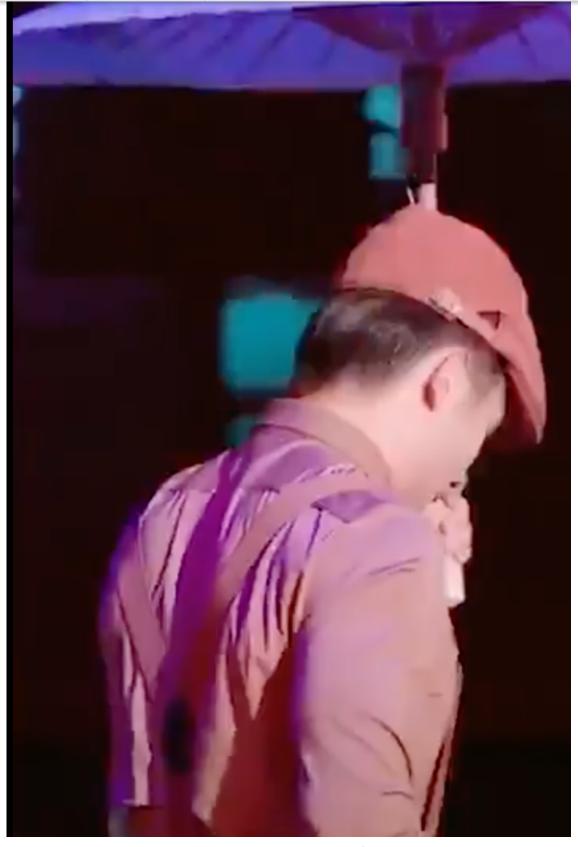
In the following FREE video, "Why Mindfulness Matters—and Why It Might Matter to You!" Jon explains his techniques and how they can help your clients deal more skillfully with a rapidly changing world:



Beautiful Snowy Owl Has Returned to Central Park After 130 Years

What has fluffy feet, amber eyes, and elegant plumage? The new queen of Central Park—a magnificent snowy owl who alighted in the North Meadow ball fields of Manhattan on the morning of January 27, 2021. Word spread quickly over the Twitter account Manhattan Bird Alert, which tracks avian sightings across the borough. Spectators flocked to the park to catch a glimpse. The adoration was not exclusive to avid birders, though. This palpable excitement





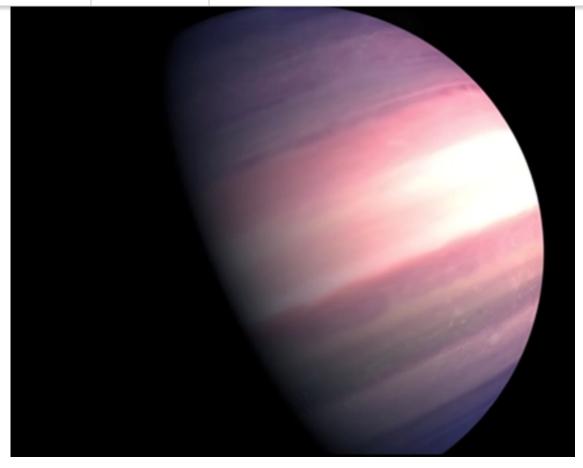
Amazing Acrobats Performance





A Verdant Botanical Animation Takes a Macro View of Nature's Cycles

Spanning from day to night and from sunshine to rain and wind, "<u>Story of Flowers</u>" shows the various stages of botanical growth and the help plants get along the way



Teen Interning at NASA Discovers New Planet on His Third Day on the Job



For information about emergency preparedness and COVID resources, visit the

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