

# October 2017 Newsletter



Photos from Smitty's Lunch About Town!  
Special thanks to Carol and Chuck Keller

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**REMINDER: SV Hosted City Council Candidate Forum TODAY!**  
**4:00pm, Chamarita Room, 501 Olima Street**

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## **Christ Church 'Flower of the Year'**

### **Our own Tricia Smith**

**By Rick Seymour**



Each year at this time, Christ Episcopal Church's FRIENDS OF THE GARDEN gather at the Campbell Hall Memorial Garden at 70 Santa Rosa Avenue for cocktails and celebration, hors d'oeuvres, music, art and prizes. This celebration, from 3 p.m. to 5:30 p.m. on Sunday, October 22, 2017 raises funds for the beautiful gardens on the church campus that have become a peaceful respite for neighbors, friends and church members. Each year a resident who has exhibited a civic and volunteer spirit exemplifying the best of Sausalito is honored as the "Flower of the Year." In their selection of this year's honoree, the Friends have made an exemplary choice - our very own Tricia Smith.

Tricia represents the heart and soul of "doing for others" as a way of life. Her friend Stella Shao has noted that it is almost impossible to separate the person from her community volunteer activities. A mini-dynamo at five feet and 100 pounds, Tricia is a bundle of energy that exudes love and enthusiasm toward everyone she touches and in everything she manages.

Tricia not only volunteers as President of the Village but also works directly with members providing transportation, health care advocacy and more. At the city level, she chaired the City's Age Friendly Sausalito Task Force that created a Plan of Action to guide the City's General Plan. The Task Force also helped Sausalito to attain the World Health Organization's designation as an Age Friendly City, first in Marin County. Additionally she has held the position of Commissioner for the County's Commission on Aging, appointed by Kate Sears to represent District 3.

Along with the members of the Age Friendly Task Force and City staff, she helped design CARSS (Call a Ride for Sausalito Seniors), a City of Sausalito program managed by Sausalito Village that provides free rides for all seniors in town. Tricia now directs the program.

As President of Sausalito Village, she has continued to be a human dynamo, making connections and working at every level of government and community. She is capable of total focus on tasks at hand and taking action with a “can do” attitude. Her most precious characteristic, however, is her spontaneous love and concern for people. Tricia Smith is undoubtedly one of the finest flowers to grow in this garden we call Sausalito and it is truly fitting that she be honored as “Flower of the Year.”

If you would like to honor Tricia at the Christ Church event, the donation is \$40.00 per person and reservations can be made by phoning 415-332-1539. Late arrivals may pay at the door.

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## New Medicare ID Cards Prompt Fear of Fraud

By Claudia Boyd-Barrett



A federal effort to clamp down on Medicare fraud has inadvertently opened up new possibilities for fraudsters who prey on the elderly, prompting a California-wide education campaign.

Starting in April 2018, the Centers for Medicare and Medicaid Services (CMS) will begin mailing out new Medicare cards to seniors and disabled people enrolled in the federal health insurance program. The new cards will display a randomly assigned identification code instead of the Social Security numbers displayed on the current cards. Federal officials hope the change will make it harder for criminals to steal Social Security numbers and benefit fraudulently from the Medicare system.

There's just one problem: Criminals are apparently seizing on news about the change to take advantage of unsuspecting seniors. Medicare counselors working in California said they've already heard reports of seniors receiving calls from fraudsters pretending to be CMS representatives requesting information for the new cards. These con artists

attempt to obtain social security numbers, bank account numbers and other personal information over the phone, said Micki Nozaki, director of a federally funded Medicare fraud prevention and education program in California called Senior Medicare Patrol.

“The criminals are always at least one step ahead of us,” she said. “People are very leery about losing their benefits. Criminals can tell people whatever they want, like ‘it’s urgent that you send me \$100 or that you give me access to your banking account because we don’t want your benefits to be disrupted.’ The criminals will tell seniors anything in order to get some money or their personal information. It’s horrible.”

(To report suspected Medicare fraud call the SMP toll-free helpline at 1-855-613-7080).

This is an edited version, Read article in its entirety in the CA Health Report: [September 19, 2017 article](#)

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## Don't Miss the Annual Lions Club BBQ



This is the third year that the Lions Club of Sausalito has offered to celebrate CARSS and Sausalito Village members and volunteers with a BBQ. Join in the fun on Sunday, October 14th at noon. Meet at the Edgewater Patio which is just outside the Edgewater Room at City Hall, above Robin Sweeny Park. Need a ride? Let us know by calling the Concierge at 332-3325 by October 12th.

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## Check out the SV Calendar



Sausalito Village has a full schedule of events, programs and classes on the calendar. Most of these are open to the general public, but some are open to members and volunteers only(MVO), usually because of lack of space. Recurring monthly events include a Speaker Series, Birthday Toast, Lunch About Town, Singalong, Trips, Memoir Group(MVO), Book Group, Shopping Trips(MVO) and more. There are also weekly events of Chair Yoga (MVO), Bocce, BreathExperience, Interpreting Shakespeare, SV Walks, and more.

There is also the opportunity for members and volunteers to create their own classes, programs or trips - a cooperative effort!

Take a moment and look at this month's calendar by clicking below:

[Sausalito Village Calendar](#)

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## Digital Corner



**Sign up for some laughs!**  
**AARP's Dinner with Don videos**

If you are a fan of Don Rickel's, you will enjoy the AARP series that Don filmed just before he passed this year at 90. Click below to view a trailer of his dinners with celebrities where the comedian gives no-nonsense life advice to some of Hollywood's biggest stars and if you like what you see....subscribe for AARP's Youtube channel.

[CLICK HERE](#)



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## **SWC invites you to learn more about Financial Abuse Marin's Financial Abuse Specialist Team (FAST)**



Older Adults, can find themselves the victims of abuse. Our speakers, Carrie Moulton and Roberta Robinson of FAST (Marin Financial Abuse Specialist Team) will enlighten and educate us on how to protect ourselves against the daily barrage of financial scams we must be aware and alert to. A 2015 study asserts that financial elder abuse costs \$36.5 billion annually. In Marin County alone, financial abuse cases make up 35% of all referrals to Adult Protective Services. Nationwide it's estimated that only 1 in 10 cases is ever reported.

Carrie Moulton is a former elder law attorney and current director of fiduciary services at the Institute on Aging.

Roberta Robinson is a retired Banker and former Treasurer of San Anselmo.

**When:** Thursday, November 9th, 2017, 11:30 A.M.

**Where:** Sausalito Woman's Club, 120 Central Avenue, Sausalito, Ca. 94965

CARSS is available to provide rides! Call by 5pm November 8th to reserve your door to door ride.

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## **Member Share Area**

If you have something to share - a poem, an idea, a request....send it to [triciasmith58@yahoo.com](mailto:triciasmith58@yahoo.com) for submission in next month's newsletter.

**Member Dorothy Weiss** has moved and is offering a high end hospital bed and stair lift. If you are interested or know someone who could use these items, contact Tricia at [triciasmith58@yahoo.com](mailto:triciasmith58@yahoo.com)

## **Community Event**

If you have an event to share, send it to [triciasmith58@yahoo.com](mailto:triciasmith58@yahoo.com) to be published in next month's newsletter

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### ***SPECIAL THANKS TO FIRST CALIFORNIA REALTY AND STATE FARM***

*Every month, **Sherrie Faber of First California Realty (415-339-9200)** and **Jon Lam of State Farm (415-331-1002)** print and mail this newsletter to Sausalito Village members who do not have computers. This helps to keep all of our members connected to our community. Don't forget to say a special THANK YOU to them when you see them in town.*





