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Date: 3/1/2017  
 Subject: Sausalito Village March Newsletter  
 From: Sausalito Village


**SAUSALITO VILLAGE**

## March 2017 NEWSLETTER

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### Pay It Forward!

#### ***SV has had an increase in the number of ride requests to medical appointments Additional VOLUNTEER DRIVERS are needed***

IF you have been thinking about becoming a volunteer driver to help some of our older Village members, now is the time! There has been a steady increase in the number of ride requests for medical appointments throughout Marin County for our members and we need your help. We have seen many of our drivers 'retire' this year after many years of service and we are now looking for a new group to lead the charge.



How does it work? It's easy. Contact Connie at 332-3325 and she will send you an application, set up the background check and provide you with a one to one training. Once you are vetted and trained, you will be on the list of volunteer drivers who receive emails about the current member requests. IF and only if you are able to help by driving, you inform Connie, that way you never have to say 'no', only yes!

### Report: 2017 Annual Meeting

There was quite a bit to report at the 2017 Annual Meeting of the Board of Sausalito Village on Tuesday, February 21st thanks to a very active membership of volunteers! BUT the first order of business for the meeting was to announce the unanimous election of our newest member to the Board of Directors, Ceci Brown. Ceci has been volunteering for Sausalito Village and CARSS for over a year as a driver, member of the Healthcare

Advocacy Committee and liaison to Rotary with our joint Chore Day. Ceci has already added to our meetings with her great sense of humor and willingness to work hard.

The newly forming Emeritus Group was also announced at the meeting. Members include past members of the original steering committee and retired SV Board members. Stella Shao and Betsy Stroman are leading this effort. The first task that the Group will engage in is the hosting of a party to celebrate all donors to our Village. If this includes YOU, your invitation will be in the mail later this spring.

Sausalito Village is in good financial shape - it doesn't hurt that nearly all of our work is done by volunteers. Our one paid staff is our Concierge, Connie, who receives a monthly stipend to answer the phones Monday through Friday 9:00am - 5:00pm, coordinate service requests, answer questions and provide some administrative reports. In addition, Rotary Housing provides free office space for Village meetings to take place. Other than that, everything else is done with volunteer hours which means we can spend money on programs, scholarships and subsidies such as the discount provided to all members who purchased the Grab And Go Emergency Backpacks.

Members of Sausalito Village pay \$200 for a one or two person household - this is one of the lowest membership fees in the country. In fact, in the recent national survey (see below) the average membership is \$431 for a single membership and \$601 for a 2-person membership. Some of the costliest memberships are in urban areas such as the Bay Area where they can be as high as \$1200 for a 2-person household. The difference in costs? Most Villages have paid full time Executive Directors and staff which requires a good deal of fundraising, and that, in turn, requires more staff time.

Many thanks to our hard working Board of Directors: Tricia Smith (President), Teddie Hathaway (Treasurer), Joyce Alexander (Secretary), Charlie Arenson, Hillair Bell, Ceci Brown, Annie Dorsey, Linda Jaeger, Charles Kaufman, Felicity Kirsch, Jackie Kudler, Andie Lautman, Lois Prentice, and Rick Seymour.

## Power of Partnerships - Rotary and Sausalito Village



Sausalito Village partnered with Rotary, Rotary Housing and Paradise Properties (the management company for Rotary properties) to provide Grab and Go Emergency Backpacks for all residents of Rotary Housing. Flo Hoylman and Annie Dorsey of the SV Be Prepared Committee designed the backpacks and negotiated a great group rate. In addition, Flo and Annie provided a workshop about the backpacks and other emergency preparedness issues.

In March we will once again be partnering with Rotary for the Senior Chore Day, a once a year program that brings volunteers from SV and Rotary to work together to do non-professional chores around the house (think muscle, not brains!). This is an expansion of the battery exchange program that the Rotary has run for many years to change the batteries in existing smoke detectors.

Last year we joined forces and expanded the program to provide help with tasks such as changing ceiling lightbulbs, flipping mattresses, moving a piece of furniture or potted plants, bringing things down from higher shelves, etc.

If you would like to sign up to volunteer on Chore Day or would like to sign up to have your smoke detector batteries changed and/or a chore or two done, contact Tricia at [triciasmith58@yahoo.com](mailto:triciasmith58@yahoo.com) by March 7th.

This years **Senior Chore Day is Saturday March 11th between the hours of 10am and 2pm.**

## SV Healthcare Advocacy Committee hosts a Presentation about DMV and Senior Driving



Do you know when and if you need to take the written driving test again? Do you know what happens if you have a moving violation after a certain age? Do you know your rights to receive help from an Ombudsman?

Mark your calendar to attend this informative presentation by Jerrod Sieberg from the Department of Motor Vehicles Ombudsman program and have the opportunity to ask these and other questions.

**The presentation will take place on Tuesday, March 14th  
beginning at 3pm in the Edgewater Room at City Hall.**

Rides are available through CARSS (Call A Ride for Sausalito Seniors)  
by phoning 415-944-5474 by 5pm March 12th.

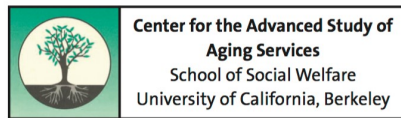
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## National Survey of Villages

The University of California at Berkeley and Mather Lifeways have published the initial findings of a 2016 survey of Villages in the United States. They have reviewed the types of villages, the costs, eligibility requirements, programs and services and more.

To read the entire publication, click here:

[2016 National Village Survey Results](#)



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## IN MEMORIAM

It is with great sadness that we report the death of our dearest friend of many years, Dick Seashore on February 12 at age 86. Dick generously donated his time volunteering for Sausalito Village and for the City of Sausalito. For his many friends he was the mainstay of hospitality, of camaraderie, with an unbounded sense of humor and readiness to help friends, neighbors and other members of the Sausalito community wherever he was needed. We will miss him dearly.

The obituary is forthcoming in the first week of March and will be included on Legacy.com along with the date and location of a Celebration of Dick's Life planned for late March in Sausalito.



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## THINK CARSS!

Leave your car at home for these events

## EXTRA CARSS Rides in March 2017



RESERVE by 5pm 2 days ahead to 415-944-5474 OR  
[infocarss4you@gmail.com](mailto:infocarss4you@gmail.com) SIGN UP NOW!!  
[www.carss4you.org](http://www.carss4you.org)

### Documentary Film Series - Friday, March 3, 7:00 p.m. inside the Library

#### Marinship - World's Most Amazing Shipyard (2017, 60 minutes)

Marinship - World's Most Amazing Shipyard is a new documentary created by local filmmaker Eric Torney to mark the 75th anniversary of Sausalito's Marinship shipyard.

### Met Opera Preview - Tuesday, March 7, 7:00 p.m. in the Edgewater Room

#### La Traviata by Verdi

Join Tom Wilhite for a preview of the upcoming Metropolitan Opera performance of Verdi's La Traviata, including background information about the composer and the opera and a selection of audio and video clips from past performances. Tom's preview takes place on the Tuesday before the Saturday morning Live in HD simulcast from the Met.

### Documentary Film Series - Friday, March 10, 7:00 p.m. inside the Library

#### Tanker (1945, 47 minutes)

Originally a 16mm film, Tanker was produced by the Marinship Corporation in 1945 to document Sausalito's WWII shipyard and recognize the thousands of workers who built cargo vessels and tankers for the war effort.

### Sausalito Village Speaker Series - Tuesday, March 14th, 3pm Edgewater Room

**DMV Ombudsman** Jerrod Seibert will help you to understand your rights and responsibilities as an older driver.

### Met Opera Preview - Tuesday, March 21, 7:00 p.m. in the Edgewater Room

#### Idomeneo by Mozart

Join Tom Wilhite for a preview of the upcoming Metropolitan Opera performance of Mozart's Idomeneo, including background information about the composer and the opera and a selection of audio and video clips from past performances. Tom's preview takes place on the Tuesday before the Saturday morning Live in HD simulcast from the Met.

## MEMBER SHARE AREA

If you have an idea, poem, recommendation you would like to share with membership in this share area, please send it to [triciasmith58@yahoo.com](mailto:triciasmith58@yahoo.com).

SV Member, Anne Baele, shared a poem that has been around, but never gets old...

"This reading (familiar to many) comes to my mind, as a metaphor of how we are strengthened in community if we work together.

### Lessons from Geese

Fact 1: As each goose flaps its wings, it creates an uplift for the birds that follow. By flying in a "V" formation, the whole flock adds 71% greater flying range than if each bird flew alone.

Lesson: People who share a common direction and sense of community can get where they are going quicker and easier because they are traveling on the thrust of one another.

Fact 2: When a goose falls out of formation, it feels the drag and resistance of flying alone. It quickly moves back into formation to take advantage of the lifting power of the bird immediately in front of it.

Lesson: If we have as much sense as a goose, we stay in formation with those headed where we want to go. We are willing to accept their help, and give our help to others.

Fact 3: When the lead goose tires, it moves back in the formation and another flies to the point position.

Lesson: It pays to take turns doing the hard tasks and sharing leadership. As with geese, people are interdependent on each other's skills and unique arrangements of gifts, talents and resources.

Fact 4: The geese flying in formation honk to encourage those in front to keep up their speed.

Lesson: We need to make sure our honking is encouraging. In groups where there is encouragement the production is greater...

Fact 5: When a goose gets sick, wounded or shot down, two geese drop out of formation and follow it down or help to protect it. They stay with it until it dies or is able to fly again....

Lesson: If we have as much sense as geese, we will stand by each other in difficult times as well as when we are strong.

by Dr Robert McNeish (abridged)

**SPECIAL THANKS TO FIRST CALIFORNIA REALTY AND STATE FARM**

Every month, **Sherrie Faber of First California Realty (415-339-9200)** and **Jon Lam of State Farm (415-331-1002)** print and mail this newsletter to Sausalito Village members who do not have computers. This helps to keep all of our members connected to our community. Don't forget to say a special THANK YOU to them when you see them in town.



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